SIGNED, SEALED AND DELIVERED

BLOCKBUSTER BLUE JAYS–MARLINS TRADE GETS OK FROM THE LEAGUE PAGE 39

Learn how modernizing OLG can benefit you. Visit ModernOLG.ca

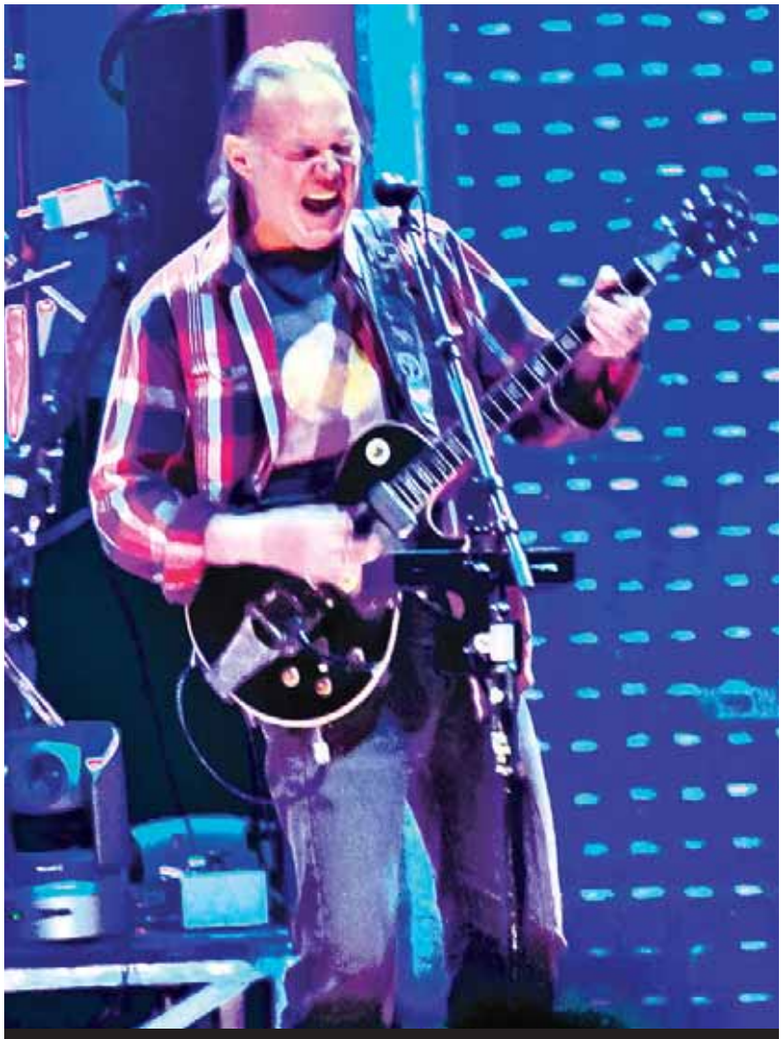
Lotto MAX Friday's Jackpot
$50 MILLION estimated
PLUS MAXMILLIONS
2 EXTRA estimated
$1 MILLION PRIZES

TORONTO metro®

Tuesday, November 20, 2012

News worth sharing.

metronews.ca | twitter.com/metrotoronto | facebook.com/metrotoronto



This Old Man still has a HEART OF GOLD

Neither burned out nor faded away, Neil Young rocks the Air Canada Centre on Monday night with his longtime backup band, Crazy Horse. Nostalgia buffs may have been a little disappointed as the set list drew heavily from Young's more recent work, including his just-released double disc, Psychedelic Pill. But the sound was pure Neil — raw, loud and uncompromising. TOM PANDI/FOR METRO

Couple suing realtor over house of murder

Dark history. Husband and wife say they weren't told about horrific crime in 1996 and now have anxiety, health problems

Eric and Sade-Lea Tekoniemi's Bowmanville home was the scene of a double murder a decade ago. They are suing the real-estate agent and firm for allegedly selling them the house without telling them about the deaths.
VINCE TALOTTA/TORSTAR NEWS SERVICE

Eric and Sade-Lea Tekoniemi thought they had bought their dream house in Bowmanville last fall.

But it turned into a house of nightmares when, soon afterward, they learned the home in the community east of Oshawa was the scene of a double murder 15 years before.

"I suffered panic attacks and am still on anxiety medication," Sade-Lea Tekoniemi said on Monday. Eric Tekoniemi noted he also feels stress at work and is uneasy at home. And the uncertainty about his wife's health bothers him.

Although the couple wanted to cancel the $253,000 sale immediately, their lawyer said it was too late because they were legally bound under the transaction's terms.

Now the Tekoniemis have sued the real-estate firm, an agent and former owners of the home for allegedly selling the split-level to them without revealing the stabbing murders.

Ron England, a paranoid schizophrenic, murdered his mother, Marian Johnston, 74, and stepdaughter, Jenny, 6, in the home on April 2, 1996. He stabbed his mother 34 times and his daughter 89 times. The girl lay on the floor with a knife embedded in her heart.

The Tekoniemis are seeking $450,000 in damages plus costs from Re/Max First Realty, agent Mary Roy and Arthur Hewer and Sharron Lindsay, the former homeowners. None of these parties would talk about the case, which must still be proven in court.

But the Real Estate Council of Ontario, which regulates the industry, issued a warning to Roy last month because she "deliberately withheld a material fact known to her" regarding the murders from the buyers, contrary to the Real Estate and Business Brokers Act. The decision followed a complaint by the Tekoniemis this year.

The couple say they want to sell the home but recover any depreciation in value from the defendants because they want proper disclosure to any future owners.

TORSTAR NEWS SERVICE

We're here, we're trans

Ontario is making great strides for transgender rights, activist says PAGE 4

Gaza death toll passes 100

Palestinian casualties are mounting as Israel hammers Gaza PAGE 8

Pi-losophy 101

Life of Pi actor Suraj Sharma talks about the life-changing role that turned him into a philosopher PAGE 21

SEPHORA.CA

NEW LOCATION.
NEW LOOK.
MORE BEAUTY.
TORONTO EATON CENTRE

11.20.12

SEPHORA

Board of health says no dice to increased gaming in city

Vote. OLG wants one new casino in the GTA and Caesars is among those vying for the right to build it

The city's board of health doesn't support expanded gambling in Toronto.

The board voted 9-1 in favour of Coun. Joe Mihevc's motion that the Ontario Lottery and Gaming Corporation "should not be invited to expand gambling in the City of Toronto," based on health risks associated with gambling described in a report drafted by medical officer of health Dr. David McKeown.

"This report leads to a very, very simple conclusion. And that is that we should not, as Torontonians, allow the expansion of gaming in our city. So we should say it. We should go on the record," Mihevc said at the board's meeting Monday.

A few hours before the vote, the chief executive of Caesars Entertainment urged Torontonians not to reject a casino because of social concerns, including addiction.

"In laissez-faire economies we tend not to restrict access to something that is consumed safely by the vast majority and restrict it because of its unsafe consumption by the very few," Gary Loveman told an Economic Club of Canada luncheon.

The argument that casinos prey on those least able to afford to gamble is a myth, Loveman said.

"Casinos are luxury goods, they are not something anyone has to have, they are something that's nice to have if you enjoy it," he said. "Not surprisingly, those who enjoy it the most are the most able to afford it."

Caesars has suggested that its casino be part of a proposed $3-billion Metro Toronto Convention Centre redevelopment on Front Street, but it is open to other downtown locations or a more modest casino elsewhere in the GTA.

Council is expected to vote in March on whether to welcome a casino.

TORSTAR NEWS SERVICE

Gary Loveman, chief executive officer of Caesars Entertainment, makes his pitch for a Toronto casino on Monday with a speech to the Economic Club of Canada titled: Integrated Resorts: Benefits, Myths and the Opportunity for Toronto.
VINCE TALOTTA/TORSTAR NEWS SERVICE

Quoted

"Most of you in this room who are not addicted to much of anything would never be likely to develop an addiction to gaming, whether or not a casino is in Toronto."

Gary Loveman, chief executive of Caesars Entertainment, contradicting the medical officer of health's conclusion that proximity to a casino can increase the rate of addiction.

Politics

Chow would oust Ford in mayoral race, survey finds

NDP MP Olivia Chow would narrowly defeat Mayor Rob Ford and leave Coun. Adam Vaughan in the dust if such a hypothetical three-way mayoral matchup were held now, according to a new poll.

The Forum Research survey of 848 Torontonians, taken Friday and Saturday, suggests the public is increasingly behind the undeclared Chow as Ford's primary rival, said Forum president Lorne Bozinoff.

Olivia Chow
TORSTAR NEWS SERVICE

Asked which of the three they would vote for "if the mayoral election were being held tomorrow," 40 per cent picked Chow, 35 per cent picked Ford, 13 per cent chose Vaughan and 12 per cent did not know. TORSTAR NEWS SERVICE

Libel trial

Did mayor go too far with 'fair comment'?

The judge presiding over Rob Ford's libel trial told court Monday that the key issue for him is whether the mayor went too far in his attacks on Tuggs Inc. and, by extension, its owner, George Foulidis.

Ford's defence attorney, Gavin Tighe, argued in his closing address that Ford had the right to raise serious questions about Tuggs' sole-sourced deal with the city. It's a matter of free speech and "fair comment," Tighe said.

The question, Judge John Macdonald said, is: "In the course of exercising those rights ... did (Ford) just go too far in relation to Mr. Foulidis?

The trial continues Wednesday. TORSTAR NEWS SERVICE

Study

Early to rise and early to die

A team of scientists, led by a University of Toronto neurology professor, say they have discovered a gene mutation that determines the time of day each person is most likely to die.

The study, published in the November edition of Annals of Neurology, emerged from research into seniors' sleep-wake cycles.

The study found that, barring accidental causes, early risers (before 7 a.m.) are more likely to die at around 11 a.m., where late risers are more likely to hold out until dinnertime, around 6 p.m.

TORSTAR NEWS SERVICE

Start Your Financial Recovery – Today
Without Bankruptcy - Without Loans
CALL THE Licensed Debt Professionals™ FREE CONSULTATION 310-9200
(NO AREA CODE NEEDED)

DAVID SKLAR & ASSOCIATES INC.
Licensed Credit Counsellors · Licensed Proposal Administrators · Trustee in Bankruptcy
www.DavidSklar.com
David Sklar
C.A., CIRP, Trustee

Forerunner. Performer says the arts can initiate change in attitudes

For Toronto-based trans artist and performer Nina Arsenault, establishing herself in the American Ivy League system is gratifying precisely because she's not subversive, but accepted.

"It's quite exciting for me as a trans woman to disrupt the Ivy League system, and even more exciting to not disrupt the Ivy League," she said.

As an artist and performer, Arsenault is best known for using her body and her life in her work. She has turned her body into her "ideal" by undergoing repeated surgeries over many years in many first- and third-world countries.

She recently returned from Cornell University, where she taught and performed. She will also be performing at the Art Gallery of Ontario next month.

Arsenault has opportunities that the generation before her never had, she said. "That's really just joyful for me to see that things could change so much."

Arsenault said she believes what happens in the arts is often a forerunner of change coming to mainstream society.

For example, she recently gave a talk to Toronto police, who now employ trans women.

"These policemen and people working in the police headquarters could become quite comfortable with a trans woman working as a secretary or a trans woman who is a janitor or works in the mail room, but found it quite challenging that they could be in a situation where there's two of them in a car and their partner might be a trans woman — the room erupted into laughter," she said. "I said equality in the workplace and not being transphobic means you could have a superior and now have to take orders from her, not just have trans women in these subordinate jobs."

The laughter was a sign that the police, and other institutions aren't quite ready for true equality, she said.

"However, I do think, the art world, it's ahead of its time," she said. "I think the art world is indicative of a movement that will move to other institutions, in time."

JESSICA SMITH/METRO

Quoted

"The art world, it's ahead of its time. I think the art world is indicative of a movement that will move to other institutions, in time."

Trans artist and performer Nina Arsenault

Nina Arsenault, a Toronto-based artist/performer who has had 60 surgeries in her transformation from male to female, says she believes what happens in the arts is often a forerunner of change coming to mainstream society.

TORSTAR NEWS SERVICE

Ontario is on the right path to transgender enlightenment: Activist

Transgender Day of Remembrance. A time to remember trans people who have been killed and harmed because of transphobia

JESSICA SMITH
jessica.smith@metronews.ca

Transgender activist Susan Gapka during a recent visit to the Metro offices. On Transgender Day of Awareness, Gapka will be thinking about the hardships that trans people face and those who have died. DAVID VAN DYKE/METRO

Taking stock on Transgender Awareness week, activist Susan Gapka says it's been a "very good" but not quite fantastic year for trans rights in Ontario.

Ontario has passed important legislation affecting trans people since the last Trans Day of Remembrance, said Gapka.

In June, the legislature passed Toby's Act, which amends the Ontario Human Rights Code to protect people from discrimination based on gender identity and gender expression.

On Sept. 1, the Accepting Schools Act came into force, which offers students protection from bullying, especially homophobic and transphobic bullying.

"This is going to give younger people a chance to grow up and graduate from high school," she said. "These are all pillars for social inclusion of trans people. I'm thrilled, personally."

Progress is also being made on the federal scene, she said. The House of Commons voted in favour of bill C-279, which would amend the Canadian Human Rights Code to protect trans people from discrimination, but it still needs to be approved by the Senate.

"I don't want to give a hard time to the Conservatives, but they haven't been historically supportive, but 15 Conservatives voted yes (in the House). That's progress, is it not?" she said.

Despite this year's progress, laws aren't the be all and end all for Canada's trans population, she said.

"We have laws and human rights protection around gay bashing and bullying, but people still get gay-bashed and bullied, so it's not the answer, but it's a step in the right direction," she said.

On Transgender Day of Awareness, Gapka will be thinking about the hardships that trans people face and those who have died.

"It's a wonder we ever graduate from high school or grow up, because we experience a lot of hardship. We experience violence and discrimination," she said, adding that especially applies to trans people in poverty and those who work or live on the street.

"The resiliency and determination that we use just to be ourselves and live in this kind of society that persecutes us, is the same resilience and tenacity we're going to use to work together to change the world," she said.

Quoted

"The resiliency and determination that we use just to be ourselves and live in this kind of society that persecutes us, is the same resilience and tenacity we're going to use to work together to change the world."

Activist Susan Gapka

Trans student barred from using men's room at Durham school

When James Spencer switched schools to avoid bullies, the last place he thought he'd run into them again was at the main office.

But that's exactly what Spencer, a 16-year-old who transitioned from female to male, says happened when Clarke High School in Durham Region barred him from using the men's washroom.

Despite collecting the signatures of about half the students in the school, Spencer is still not allowed to use the men's washroom. He's been granted access to the women's washroom and a private washroom that needs a key from the main office — neither of which work for him.

Spencer was born Samantha De Graauw. He began transitioning in Grade 10 while at school in Cobourg. Then the rumours and bullying started. He moved in with his sister and enrolled at the new school in Clarington as James Spencer. Sex? Male.

James Spencer
TORSTAR NEWS SERVICE

During his first week and a half, he said he was asked to go to the bathroom at a Harvey's beside the school while the administration found a solution. Officials deny sending the student off-site.

"Certainly while there are trans people who find gender-neutral bathrooms the best solution for them, forcing a trans person to use a gender-neutral bathroom is not itself an appropriate answer," said j wallace, executive director of the LGBT Youth Line, a support line for gay and lesbian youth. He spent six years working with schools in Halton Region on issues around sexual orientation and gender identity.

Earlier this year, Toby's Act became law, adding protection of "gender identity" and "gender expression" to the Ontario Human Rights Code.

TORSTAR NEWS SERVICE

MEMBERS GET

HOT ANDROID™ SMARTPHONES & ROCKSTAR PLANS.

Get plans with Canada-Wide Calling and UNLIMITED Text from $20/mo. Plus, get Exclusive Access & Deals. Are you missing out?

HTC Desire™ C

$0

LG optimus L5

$29.99

MOTOLUXE™

$29.99

EXCLUSIVE MEMBER ACCESS & DEALS FROM OUR AWESOME PARTNERS

CINEPLEX H&M THE BODY SHOP

virginmobile.ca/lounge

Virgin mobile

IT'S BETTER TO BE A MEMBER

Virgin mobile · THE SOURCE · FUTURE SHOP · Walmart · BEST BUY · BEST BUY mobile · WIRELESSWAVE · booth wireless · WIRELESS etc... · COSTCO WHOLESALE · THE MOBILE SHOP (Exclusively where President's Choice® products are sold)

Limited time offer. One-time activation charge ($35) may apply to each line. Taxes extra. 911 monthly fees apply in NB (53¢), NS (43¢), PEI (50¢), SK (62¢) and QC (40¢). Smartphone pricing available with new activations on a 3-year term or the Virgin Mobile SuperTab™ with any monthly plan. Unlimited Text excludes premium texts and costs extra. Upon early termination, price adjustments apply; see your Service Agreement for details. Subject to change without notice and cannot be combined with other offers, unless otherwise indicated. Some phones and colours may not be available at retailers. See virginmobile.ca for details and restrictions. Member Benefits subject to change/cancellation at any time without notice. Screen images simulated. Android is a registered trademark of Google, Inc. © 2012 HTC Corporation. All rights reserved. HTC, the HTC logo, the HTC Desire C logo and the HTC quietly brilliant logo are trademarks of HTC Corporation. © 2012, LG Electronics Canada, Inc. All rights reserved. "LG" and the "LG logos" are registered trademarks of LG Corp. and its affiliates. MOTOROLA and the MOTOLUXE logo are trademarks or registered trademarks of Motorola Trademark Holdings, LLC. © 2012 Motorola Mobility, Inc. All other trademarks, trade names, logos and product names may be the trademarks of their respective owners. The VIRGIN trademark and family of associated marks are owned by Virgin Enterprises Limited and used under licence. All other trademarks are trademarks of Virgin Mobile Canada or trademarks and property of the respective owners. © 2012 Virgin Mobile.

Down with Webster get their Mos on, despite the awful itch

Movember. Canadian band pumped to raise money, awareness for prostate cancer research and men's mental health initiatives

ALEKSANDRA SAGAN
Metro Toronto

Down with Webster is joining thousands of other men — in their case, begrudgingly — growing moustaches during the month of November to help raise awareness for men's health.

The Canadian sextet is excited to raise funds for the annual Movember campaign, which directs money to prostate cancer research and men's mental health initiatives.

"Men's health is important. We're men," said Cam Hunter, one of the band's six male members. "It's dear to our hearts."

But they're not big fans of facial hair — at least, not on them — said bassist Tyler Armes, who admitted some look good making that fashion statement. Armes and Hunter agreed the mandatory moustache looks worst on fellow musician Marty Seja. "He has a tiny little line above his upper lip," said Armes. While Seja lost points for facial hair thickness, they gave him credit for looking the most sophisticated.

A moustache, said Armes, makes each one look like "a well-read, well-educated man."

So far, the band has raised nearly $600 and plans to step-up their efforts in the second half of the month, reaching out to fans via social media to donate on their Movember page.

"We're late bloomers, just like our moustaches," said Armes, assuring that the band is committed to bringing up their tally over the next two weeks.

At the end of the month, the six musicians will have a shaving party and will post pictures and videos from the event on their Facebook page.

They plan to participate in the fundraiser again next year, despite their distaste for facial hair. "I really don't want to grow a moustache again," said Armes. "But it's wrestling with what is right and what is awkward."

'One in a Million'

DWW has new album in the works

While growing out their Movember moustaches, Down with Webster is also working on a new album.

"I just think that the music is the best that it's ever been," said Tyler Armes, adding all the members have become better musicians and writers over the years. "Everything is just stepping up exponentially."

The band has already spent about eight months working on the new album, and is now putting in overtime at the studio — with no more shows scheduled until the new year.

They debuted one song off the new album while touring with Marianas Trench, said Armes. He added fans loved the new track, One in a Million.

Down with Webster got into the Movember spirit — despite their dislike of facial hair. PHOTOS SUPPLIED

Twilight continues drawing huge numbers

Daniel Cudmore and Charlie Bewley, from Breaking Dawn — Part 2, stopped by MuchMusic HQ on Monday to chat with NEW.MUSIC.LIVE. host Lauren Toyota about the final installment in the Twilight Saga. The movie opened in first place in U.S. and Canadian theatres this weekend, collecting $141.1 million US. PHOTO COURTESY OF MUCHMUSIC

Residents take fight for electric trains to court

Provincial transportation agency Metrolinx had no business ordering new diesel trains for the Pearson-to-Union Station rail link before completing a feasibility study on electrifying the line, a lawyer for Toronto's Clean Train Coalition argued before an Ontario Divisional Court panel on Monday.

The CTC, a group of residents living along the tracks, wants the court to order Metrolinx to set aside its $53 million order for diesel multiple units (DMUs) from Sumitomo Corp., to run along the air-rail link (ARL).

"The electrification project was prejudiced by signing the contract," CTC lawyer Saba Ahmad told the court.

She also argued that Metrolinx was guided by political interests rather than good transportation planning in agreeing to an ARL completion in time for the 2015 Pan-Am Games, a time frame that didn't allow for electrification. Metrolinx was instructed to approve the diesel contract and was not consulted before the province promised the ARL in the PanAm bid book that outlined the features being promised for Toronto to host the games, she said.

"We are not here asking for electric trains," said Ahmad. The CTC just wants Metrolinx to study the implications of electrification, she told the panel of three judges. TORSTAR NEWS SERVICE

Quoted

"In giving Metrolinx notice to proceed, the (environment minister) was fully aware of concerns from the CTC ... that the ARL should be electrified from the outset."
Metrolinx lawyer John Laskin

Bills, bills, bills

Toronto water rates rising by 9%

City council's executive committee has endorsed a proposed nine per cent increase in Toronto's residential water bills starting Jan. 1.

Assuming the increase is OK'd by council Nov. 27, the average household consuming 300 cubic metres of water a year will pay $814 in 2013, up $67 from $747 this year.

This is the eighth year of nine per cent annual hikes under a city council policy of enacting regular large increases to generate funds for fixing the city's aging water pipes.

The plan involves one more nine per cent increase in 2014. TORSTAR NEWS SERVICE

Former councillor

Lutczyk ordered to undergo 30-day psych exam

A former Oshawa councillor charged in an alleged abduction and police standoff last month has been ordered to undergo a 30-day psychiatric assessment.

Robert Lutczyk faces multiple charges, including kidnapping using a restricted firearm, uttering threats to cause bodily harm, forcible confinement, and flight from police. TORSTAR NEWS SERVICE

Robert Lutczyk
TORSTAR NEWS SERVICE

Body found

Cops look for help in murder case

A 78-year-old woman whose body was found in her apartment on the weekend was murdered, Toronto police said Monday.

Det. Mike Carbone said an unknown person entered the unit of Manijeh Bostani-Khamsi on Friday and that following an altercation, she was murdered.

Her body was found Saturday morning in her apartment in the upscale condominium complex.

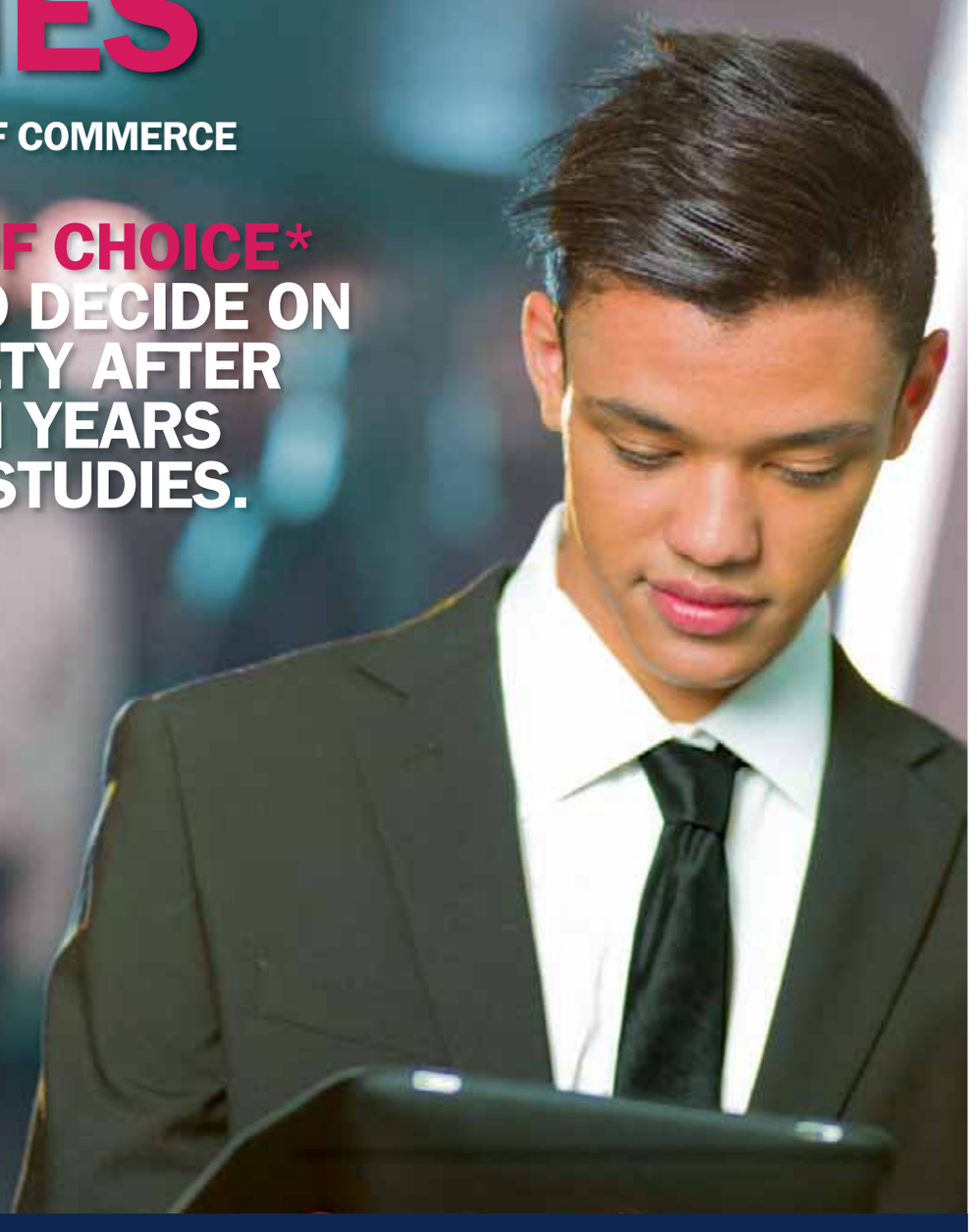
Police are asking neighbours in the multi-storey complex to think back to last Friday afternoon and evening and to come forward if they have any information on her death or her whereabouts that day. THE CANADIAN PRESS

HUMBER
The Business School

MANAGEMENT STUDIES

A 4-YEAR BACHELOR OF COMMERCE

10 DEGREES OF CHOICE* ALLOW YOU TO DECIDE ON YOUR SPECIALTY AFTER TWO COMMON YEARS OF BUSINESS STUDIES.



*View all 10 degrees of choice at business.humber.ca/degrees

Chhath celebrations

At least 14 dead after stampede at Indian festival

At least 14 people were killed, including at least six children, in a stampede Monday night during a religious festival in the eastern state of Bihar, police said.

The stampede occurred as hundreds of Hindu worshippers gathered along the bank of the Ganges River in Patna to offer prayers to the sun god during the Chhath festival, according to police Superintendent Jayant Kant.

A power outage sparked panic as crowds filled a walkway leading from the riverbank into the Ganges, and people trampled one another as they fought to get to shore. THE ASSOCIATED PRESS

Abortion laws

Irish form panel to investigate woman's death

Ireland formed an expert panel Monday to investigate why an Indian woman died in an Irish hospital — and whether her life might have been saved had she received an abortion.

The case of Savita Halappanavar has focused worldwide attention on Ireland's two-decade failure to define when abortions can be performed legally to save the life of a woman.

The 31-year-old dentist died Oct. 28. Her widow says they asked for an abortion for three days to ease her pain but were refused because the fetus still had a heartbeat. THE ASSOCIATED PRESS

Vote of confidence

EU endorses new Syrian coalition

The newly formed Syrian opposition coalition received backing from the European Union on Monday in a significant vote of confidence for a movement struggling to prove its credibility and gain the trust of splintered factions.

The endorsement of the coalition as a legitimate voice for Syria's people represents a major step forward in the West's acceptance of the group, even as fast-moving events and fluid alliances are casting doubts on the direction of the rebellion.

"The EU considers them legitimate representatives of the aspirations of the Syrian people," the bloc's 27 ministers said. THE ASSOCIATED PRESS

Palestinian casualties continue to rise from Israeli missile strikes

Gaza strife. Hamas and Israel presenting ceasefire conditions to Egypt as diplomats worldwide join in to help broker peace

Israeli aircraft struck crowded areas in the Gaza Strip and killed a senior militant with a missile strike on a media centre Monday, driving up the Palestinian death toll to at least 100, as Israel broadened its targets in the six-day-old offensive meant to quell Hamas rocket fire on Israel.

Escalating its bombing campaign over the weekend, Israel began attacking homes of activists in Hamas, the Islamic militant group that rules Gaza. These attacks have led to a sharp spike in civilian casualties, killing 24 civilians in just under two days and doubling the number of civilians killed in the conflict, a Gaza health official said.

The rising toll came as Egyptian-led efforts to mediate a ceasefire between Israel and Hamas got into gear.

While Israel and Hamas were far apart in their demands, both sides said they were open to a diplomatic solution — and prepared for further escalation if that failed.

Casualties

- **Palestinians.** Overall, the offensive that began Wednesday killed at least 100 Palestinians, including 53 civilians, and wounded some 840 people, including 225 children, a Gaza heath official said.
- **Israelis.** On the Israeli side, three civilians have died from Palestinian rocket fire, and dozens have been wounded.

The leader of Hamas took a tough stance, rejecting Israel's demands that the militant group stop its rocket fire. Instead, Khaled Mashaal said Israel must meet Hamas' demands for a lifting of the blockade of Gaza.

"We don't accept Israeli conditions because it is the aggressor," he told reporters in Egypt. "We want a ceasefire along with meeting our demands."

An Israeli official said Israel doesn't want a "quick fix" that will result in renewed fighting months down the road. Instead, they want "international guarantees" that Hamas will not rearm or use Egypt's neighbouring Sinai peninsula for militant activity.

THE ASSOCIATED PRESS

Palestinians carry an injured man after an Israeli strike on a building in Gaza City, Monday. It was the Israeli military's second strike on the building in two days. The Palestinian militant group Islamic Jihad says another Israeli strike on a Gaza media centre killed one of its top militant leaders. BERNAT ARMANGUE/THE ASSOCIATED PRESS

Modern warfare

Israeli tech experts fending off hackers

A concerted effort of millions of attempts to cripple Israeli websites during the Gaza conflict has failed, Israel's finance minister said Monday, claiming that the only site that was successfully hacked was back up within minutes.

Cyber-security experts said that such hacking attempts have become a new aspect of modern-day warfare and states have to invest in fortifying their virtual defences on a battleground with vague terrain.

Israel regularly fights off hundreds of hacking attempts every day, but nothing on the scale of the recent torrent of attacks.

The online group Anonymous and other protesters have barraged Israel with more than 60 million hacking attempts, according to the finance minister, Yuval Steinitz.

THE ASSOCIATED PRESS

FBI declassifies docs about Stalin's daughter

Soviet dictator Josef Stalin with his daughter Svetlana Alliluyeva. Newly declassified files show the FBI was gathering details from informants on how Alliluyeva's arrival in the United States was affecting international relations after her high-profile defection in 1967. COURTESY ICARUS FILMS/THE ASSOCIATED PRESS

Newly declassified documents show the FBI kept close tabs on Soviet dictator Josef Stalin's only daughter after her high-profile defection to the United States in 1967, gathering details from informants about how her arrival was affecting international relations.

The documents were released Monday to The Associated Press under the Freedom of Information Act following Lana Peters' death last year at age 85 in a Wisconsin nursing home. Her defection during the Cold War embarrassed the ruling communists and made her a bestselling author. Her move was also a public relations coup for the U.S.

When she defected, Peters was known as Svetlana Alliluyeva, but she went by Lana Peters following her 1970 marriage to William Wesley Peters, an apprentice of Frank Lloyd Wright. Peters said her defection was partly motivated by the Soviet authorities' poor treatment of her late husband, Brijesh Singh, a prominent figure in the Indian Communist Party.

George Kennan, a key figure in the Cold War and a former U.S. ambassador to the Soviet Union and Yugoslavia, advised the FBI that he and Alliluyeva were concerned Soviet agents would try to contact her, a December 1967 memo reveals. The memo notes that no security arrangements were made for Peters, and no other documents in the file indicate that the KGB ever tracked her down.

Many of the 233 pages released were heavily redacted, with the FBI citing concerns related to foreign policy, revealing confidential sources and releasing medical or other information. THE ASSOCIATED PRESS

Hoover

In one exchange, a person whose name was redacted wrote to then-FBI Director J. Edgar Hoover, asking that he forward a letter on to "Joe Stalin's daughter."

- **Response.** The file contains Hoover's terse, three-sentence response denying his request, saying the FBI does not forward mail. "I trust you will understand," he wrote.

TUESDAY, NOVEMBER 20

TODAY ONLY

Save $118
$79.99
Regular $198

GUESS down puffer jacket
6 colours available.
Cream not shown.
Style 2 2CMD394.
Shop thebay.com

Plus, save 50%
other women's outerwear
In our women's outerwear department. See below for exclusions.

$29.99
Regular up to $95
Women's leather gloves
by LORD & TAYLOR
and EXPRESSION
See below for exclusions.
Shop thebay.com

the Bay

SHAZAM®

Shazam our One Day Sale radio ads.

Shop online at thebay.com

Be the first to know about our One Day Sale offers
Sign up at thebay.com for email updates
twitter.com/thehudsonsbayco
facebook.com/hudsonsbaycompany

Outerwear excludes Cole Haan, Elie Tahari, Soia & Kyo, Moose Knuckles, Marella, Cinzia Roca and items with 99¢ price endings. Leather gloves exclude items with 99¢ price endings.
No rain checks and no price adjustments. No pre-orders or telephone orders. Offer available while quantities last. Cannot be combined with other offers. Selection may vary by store. Savings are off our regular prices unless otherwise specified. See in store for details.

Denied: No Nativity scene, judge rules

'The atheists won.'
Santa Monica city decision to ban all displays upheld as Christian group sues over freedom of speech

A federal judge on Monday denied a Christian group's bid for a preliminary injunction to force suburban Santa Monica to reopen spaces in a city park to private displays, including Christmas nativity scenes.

U.S. District Court Judge Audrey Collins formalized an earlier tentative ruling.

William Becker, the attorney for the Christian group, said he will appeal.

"The atheists won and they will always win unless we get courts to understand how the game is played and this is a game that was played very successfully and they knew it," Becker said after the hearing.

Christmas nativity scenes had been erected in Palisades Park for decades. Last year, atheists overwhelmed the city's auction process for display sites, winning most of the slots and triggering a bitter dispute.

City officials snuffed the city's tradition this year rather than play referee, prompting churches to sue over freedom of speech claims.

"It's a sad, sad commentary on the attitudes of the day that a nearly 60-year-old Christmas tradition is now having to hunt for a home," Hunter Jameson, head of the non-profit Santa Monica Nativity Scene Committee, said in advance of the hearing. THE ASSOCIATED PRESS

Sounds like a holiday flick

"Our goal is to preserve the tradition in Santa Monica and to keep Christmas alive."

William Becker, attorney for the Christian group fighting to keep nativity scenes in Santa Monica, nicknamed the City of the Christmas Story.

In this photo from last year's Christmas season, a woman walks past traditional displays showing the Nativity in Santa Monica, Calif. THE ASSOCIATED PRESS FILE

A display set up by avowed atheist Damon Vix in Palisades Park picturing Poseidon, Jesus, Santa Claus and the devil. SCOTT HEAD/THE ASSOCIATED PRESS

Science. Chimps may get midlife crisis too, researchers conclude

Chimpanzees in a midlife crisis? It sounds like a setup for a joke.

But there it is, in the title of a report published Monday in a scientific journal: Evidence for a midlife crisis in great apes.

So what do these apes do? Buy Ferraris? Leave their mates for some cute young bonobos?

Uh, no.

"I believe no ape has ever purchased a sports car," said Andrew Oswald, an author of the study. But researchers report that captive chimps and orangutans do show the same low ebb in emotional well-being at midlife that some studies find in people.

That suggests the human tendency toward midlife discontent may have been passed on through evolution, rather than resulting just from the hassles of modern life, said Oswald, a professor of economics who presented his work Monday.

Yes, apes do have social lives, so "it could still be something human-like that we share with our social cousins," he said. "But our result does seem to push away the likelihood that it's dominantly something to do with human life." THE ASSOCIATED PRESS

The happiness curve

Several studies have concluded that happiness in humans tends to follow a certain course between 20 and 70.

- It starts high, declines to reach a low point in the late 40s, then turns around and rises to another peak at 70. On a graph, that's a U-shaped pattern.
- Some researchers question whether that trend is real, but to Oswald the mystery is what causes it.
- "This is one of the great patterns of human life. We're all going to slide along this U for good or ill," he said. "So what explains it?"

The Possibilities...
Are
Endless.
SERVICE | SELECTION | SAVINGS!
FIAT
Starting From
STK# 50411
$13,995*
PLUS HST & LICENSE
Raceway
FIAT
WINTER TIRE PACKAGE AVAILABLE!
Life is best when driven.
1-888-774-5609
Visit us at 150 Rexdale Blvd. Toronto www.toronto-fiat.com
Follow Us On Twitter: @raceway_fiat or Facebook: www.facebook.com/raceway.fiat
*Purchase price includes everything but the HST and license. All rebates and discounts have been applied to prices shown. We reserve the right to correct any such errors without prejudice or penalty to ourselves. We are not responsible for typographical errors, nor are we responsible for late receipt of mail.

Ban on generic oxycodone rejected

Ottawa. The federal government will not ban the addictive painkiller, says provinces can control abuse

The federal government has rejected provincial pleas to delay or deny approval of the generic form of OxyContin, a highly addictive painkiller that has been widely abused in many small towns and remote First Nations reserves.

Instead, Health Minister Leona Aglukkaq says Ottawa will tighten licensing rules so that distributors of oxycodone have to keep better track of where the drug goes. They will now need to report spikes in sales and changes in distribution patterns, in addition to previous responsibilities to report losses and theft.

Quoted

"Banning a generic version of one drug would do little to solve the actual problem."

Health Minister Leona Aglukkaq
Pointing out there are "almost 100 authorized drugs" in the same class as OxyContin.

Aglukkaq is also telling the provinces to use their own power over doctors and pharmacists to crack down on wayward prescriptions.

"Banning all these drugs because they have the potential to be addictive would help dry up the drug supply for addicts, but would lead to pain and suffering for patients who desperately need them," Aglukkaq said in a letter to provincial and territorial health ministers.

THE CANADIAN PRESS

Prescription pills containing oxycodone and acetaminophen are shown in this June 2012 photo. GRAEME ROY/THE CANADIAN PRESS FILE

Money. Alberta premier's sister expensed public for Tory party events: Docs

New documents show the sister of Alberta Premier Alison Redford used her position as a health board executive to attend and hold Progressive Conservative party events on the taxpayers' dime.

There was money for liquor, travel, hotels, flowers and bug repellent.

Wildrose party Leader Danielle Smith, while releasing the documents Monday, said a bigger investigation is needed since Lynn Redford and those who signed off on those expenses remain executives with Alberta's health superboard.

"We've got the same people in positions today who exercised this lack of judgment, and they need to be called to account," Smith told a news conference at the legislature.

Smith said the case bridges the two scandals of health officials abusing their expense accounts — such as former Edmonton health region chief financial officer Allaudin Merali — with public institutions delivering government grants and operating money to the PC party.

"This connects with the broader story of repeated instances of illegal activity in giving donations to a partisan political party from taxpayer dollars," said Smith. "We want to know how widespread that problem is."

Alberta Premier Alison Redford
THE CANADIAN PRESS FILE

Premier Redford refused to answer questions from reporters in Ottawa, where she was giving a speech.

The Wildrose party obtained the documents under freedom of information rules. The papers pertain to Lynn Redford's spending while she was government relations adviser to the now-defunct Calgary Health Region from 2005 to 2008, well before her sister became premier. THE CANADIAN PRESS

Petitions

Conservative MPs keep abortion debate alive

It's been two months since the House of Commons rejected a controversial abortion-related motion, but Conservative MPs are using a tried and true parliamentary tool to keep the issue alive.

Petitions on abortion have been filed at least 20 times by Conservative MPs (Lawrence MacAulay of the Liberals has also presented one) since the Commons voted down a controversial backbench motion to study the definition of a human being in the Criminal Code.

THE CANADIAN PRESS

Manitoba crash

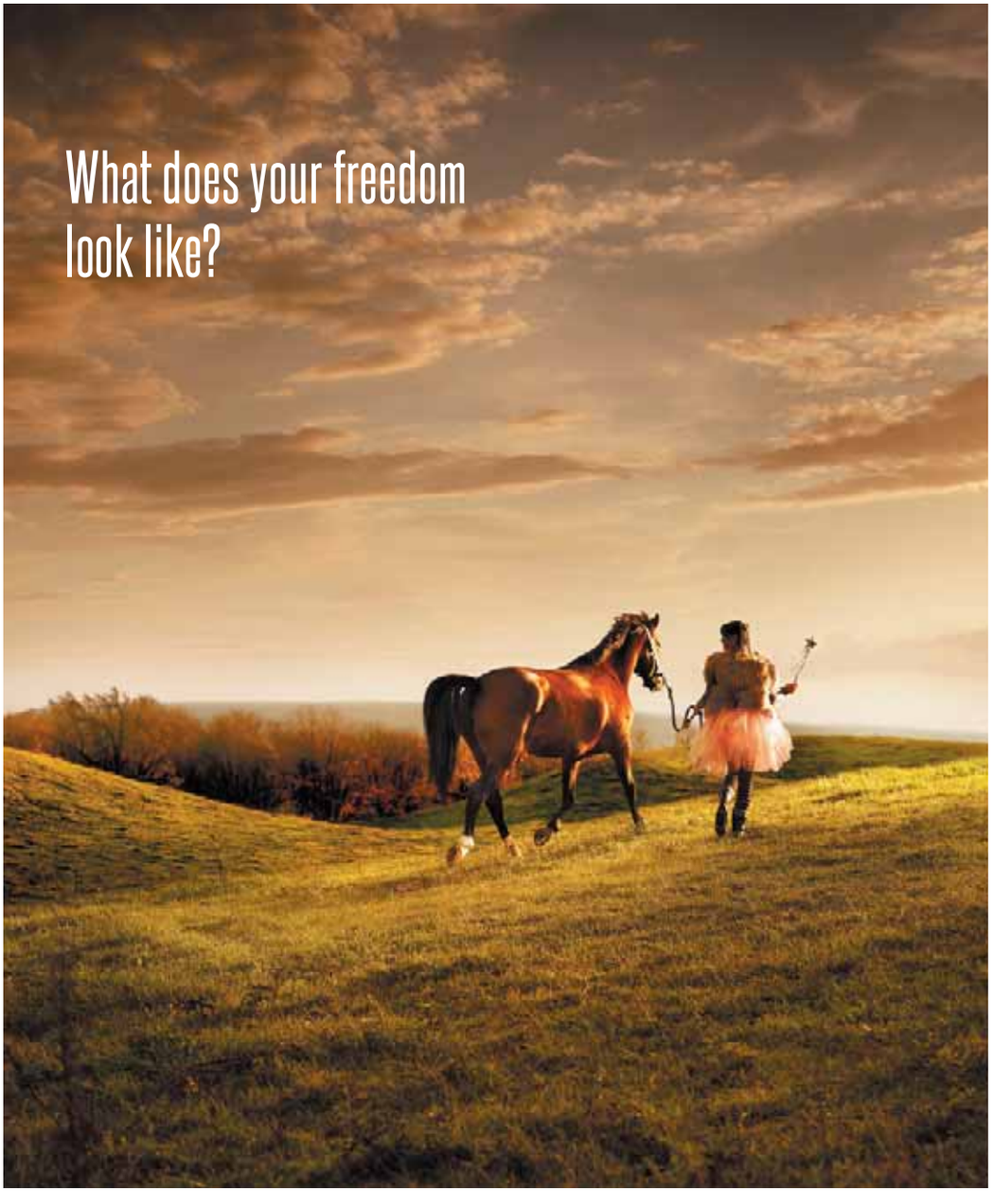
Seven plane crash survivors in stable condition

Seven survivors of a fatal plane crash in northwestern Manitoba were in stable condition in various hospitals on Monday.

Health officials said the men, who work for Dumas Mine Contracting, were being treated for non-life-threatening injuries in local hospitals.

The pilot of the Cessna 208 aircraft was killed when the plane crashed Sunday just a few kilometres from the airstrip near the town of Snow Lake.

THE CANADIAN PRESS



UNIVERSAL Orlando RESORT

Where Vacation Becomes Adventure

Two Theme Parks. Three On-Site Hotels. Non-Stop Nightlife. A Universe of Excitement.

Play, scream and laugh with the biggest characters in movies, TV and pop culture at two immersive theme parks. Swing high above the city streets with Spider-Man™, now in high-def 3-D; save the day with Shrek; explore the magic and excitement of The Wizarding World of Harry Potter™; experience the heartwarming and hilarious Despicable Me Minion Mayhem 3-D ride; and enjoy the dining and nightlife of the Universal CityWalk® entertainment complex.

Plus, stay in the heart of it all at one of three luxury on-site hotels. As an on-site hotel guest you'll enjoy FREE Universal Express℠ Unlimited ride access* to SKIP THE REGULAR LINES all day in both theme parks and Early Park Admission† to The Wizarding World of Harry Potter™.

Save 40%^ per night at Universal Orlando On-Site Hotels. Plus receive a $100 Sears Gift Card^^ when you book with Sears Travel. Minimum purchase required.

Sears travel.ca

In-store | 1.866.359.7327

HARRY POTTER, characters, names and related indicia are trademarks of and © Warner Bros. Entertainment Inc. Harry Potter Publishing Rights © JKR. (s12)

All prices, package inclusions, and options subject to change without notice and additional restrictions may apply. *Not valid at Harry Potter and the Forbidden Journey™ and other select attractions. On-site hotel privileges good for hotel stay as indicated on the room key card and Universal Express Unlimited pass. Only valid for the number of guests staying in the room. Paid theme park admission required. Ride access available during normal theme park operating hours only. Not valid for separately ticketed special events. †Requires paid theme park admission. Early Park Admission begins one hour prior to Universal's Islands of Adventure regular opening hour for on-site hotel guests and is valid 7 days week for travel through 12/31/13, valid only at Harry Potter and the Forbidden Journey™, Flight of the Hippogriff™, Dragon Challenge™ and Cat-in-the-Hat™. Universal Express ride access is not valid during Early Park Admission. TM & © 2012 Marvel & Subs. Shrek 4-D © 2012 DreamWorks Animation L.L.C. Hard Rock Hotel © Hard Rock Cafe International (USA), Inc. Universal elements and all related indicia TM & © 2012 Universal Studios. © 2012 Universal Orlando. All rights reserved. 253531/0812BV

^Offer valid for residents of Canada only and must be booked by 12/30/12. Valid identification must be presented at check-in. Promotional discount is based on savings from seasonal rates. Discount is valid for stays of 4 or more nights from 11/25/12 – 3/9/13; blackout dates are 12/21/12 – 12/31/12, 1/18/13 – 1/20/13, 2/15/13 – 2/17/13. The number of rooms available at these rates is limited. Rates vary for other room types. No group rates or other discounts apply. Rates are higher on Fri/Sat and holidays. Advance reservations required and subject to availability. ^^One (1) gift card per qualified booking made between 9/17 – 12/30/12. Offer valid with minimum spend of $2000 per vacation package before taxes and insurance with participating supplier. Not combinable with any other offer. Offer subject to change at any time without notice. Other conditions and restrictions may apply; see in store or visit searstravel.ca for details. ©2012 Thomas Cook Canada Inc. d.b.a. Sears Travel Service. B.C. Reg. No. 3597. Ont. Reg. #50010226. Quebec Permit Holder – OPC #702734. 75 Eglinton Ave. E. Toronto, ON, M4P 3A4

Military lobbied for drug testing

Invasion of privacy?
Internal documents show Army examined dramatic increase in enhanced screening

Quoted

"People have to know, if they're going to take the paycheque and sign on the dotted line and be trusted with these responsibilities, then this is one of the things they'll have to do."

Michael Drapeau, retired colonel and commentator on access to information

National Defence quietly examined the idea of designating more positions within the military as "safety sensitive" in order to catch and punish soldiers for illegal drug use.

Internal documents show the Canadian Army was particularly concerned. Over a four-year period, commanders in charge of troops in Canada's central and western regions lobbied separately to draw up expanded lists of jobs that would be subject to the enhanced screening.

A spokeswoman for National Defence says the director of military career administration has not made any changes, and the drug-screening program has not been expanded but is subject to continuing review.

Concern about possible drug use among troops over the last few years extended to the top, where the chief of defence staff, now-retired general Walt Natynczyk "stated that he is receptive to requests to designate other positions or occupations as safety sensitive," said a Nov. 14, 2011, briefing note, obtained by The Canadian Press under the Access to Information Act.

The Forces considered expanding the number of jobs subject to enhanced drug screening in 2007, but was halted because it couldn't justify the invasion of privacy.

The military administers blind drug testing on a regular basis, but the system results in no disciplinary action if the results come back positive. THE CANADIAN PRESS

Obama pays his respects in Cambodia on diplomatic tour

U.S. President Barack Obama, right, returns a greeting to Bun Rany, wife of Cambodian Prime Minister Hun Sen, centre, prior to a gala dinner in Phnom Penh, Cambodia, Monday. Obama is in Cambodia on the final leg of his three-country tour of Southeast Asia. APICHART WEERAWONG/THE ASSOCIATED PRESS

Paula Broadwell. THE ASSOCIATED PRESS

Petraeus mistress 'devastated'

Paula Broadwell, whose extramarital affair with CIA chief David Petraeus led to his resignation, is telling friends she is devastated by the fallout.

A person close to Broadwell said Sunday she deeply regrets the damage that's been done to her family and everyone else's, and she is trying to repair that and move forward. The friend spoke on condition of anonymity because he was not authorized to speak publicly.

A group of friends and neighbours welcomed Broadwell, her husband, Scott, and their young sons back to their home in Charlotte, N.C., after Broadwell spent more than a week being hounded by media while staying at her brother's home in Washington.

Broadwell is still being investigated by the FBI over classified documents found on her laptop and in her home, which investigators believe the author gathered while researching her biography of Petraeus in Afghanistan. Investigators say many of the documents are old and may no longer be classified despite their labels.

THE ASSOCIATED PRESS

CHEVROLET

BOXING DAYS

Silverado LT Ext. Cab 4X4 Thunder Edition with Chrome-Clad Aluminum Wheels††

30 MPG HIGHWAY
9.4 L/100 KM HWY | 14.3 L/100 KM CITY*

SILVERADO WORKS, TOWS AND HAULS ON REGULAR FUEL.

2013 SILVERADO THUNDER EDITION

0% FINANCING FOR 60 MONTHS‡

PLUS

$5,750 CASH CREDIT♦

+

$1,550 THUNDER EDITION CREDIT¥

PLUS CASH FOR CLUNKERS

UP TO $3,000†

DO YOUR PART FOR THE ENVIRONMENT BY UPGRADING YOUR OLD VEHICLE TO A NEW PICKUP.

Recycle your 2006 model year or older vehicle and receive up to $3,000† towards the cash purchase, financing or leasing of an eligible 2012 or 2013 Chevrolet Silverado.

- Outstanding V8 Fuel Efficiency
- 326 HP V8 with 6-speed Automatic Transmission
- Heavy Duty Trailering with Trailer Sway Control
- Dual-zone Automatic Climate Control and 6-way Power Driver Seat
- Automatic Locking Rear Differential
- Bluetooth® with Steering Wheel Controls
- 17-in. Alloy Wheels and Fog Lights
- 60,000 km Longer Powertrain Warranty▲ than Ford F-150 and RAM

BACKED BY A 5-YEAR/160,000 KM POWERTRAIN WARRANTY THE LONGEST OF ANY FULL-SIZE LIGHT DUTY PICK-UP

Visit your Chevrolet dealer today for GREAT DEALS ON SELECT REMAINING 2012s

GM Canada

THE BEST COVERAGE IN CANADA
5 YEARS / 160,000 KM*
• POWERTRAIN COMPONENT LIMITED WARRANTY
• ROADSIDE ASSISTANCE
• COURTESY TRANSPORTATION
* WHICHEVER COMES FIRST, EXCLUDES MEDIUM-DUTY TRUCKS, SEE DEALER FOR LIMITED WARRANTY DETAILS.

VEHICLE PRICING IS NOW EASIER TO UNDERSTAND BECAUSE ALL OUR PRICES INCLUDE FREIGHT, PDI AND MANDATORY GOVERNMENT LEVIES.
Prices do not include applicable taxes and PPSA. Consumers may be required to pay up to $799 for Dealer fees.***

visit us at: www.ontariochevroletdealers.com

For the latest information, visit us at chevrolet.ca, drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. ‡0% purchase financing offered by GMCL for 60 months on 2013 Chevrolet Silverado 1500 LT Ext. Cab 4WD G-BBQP. O.A.C. by Ally/TD Auto Finance Services/Scotiabank. Rates from other lenders will vary. Example: $10,000 at 0% APR, monthly payment is $166.67 for 60 months. Cost of borrowing is $0, total obligation is $10,000. Down payment and/or trade may be required. Monthly/Bi-weekly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. ♦$5,750 is a manufacturer to dealer delivery credit (tax exclusive) for 2013 Chevrolet Silverado 1500 Ext. & Crew Cab and is reflected in offers in this advertisement. Other cash credits available on most models. See dealer for details. ‡/♦Freight & PDI ($1,500), registration, air and tire levies and OMVIC fees included. Insurance, licence, PPSA, dealer fees and applicable taxes not included. Offers apply as indicated to 2013 new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet Dealer Marketing Association area only (including Outaouais). Dealers are free to set individual prices. Dealer order or trade may be required. Limited time offers which may not be combined with other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. ***Factory order or dealer trade may be required. Δ2013 Chevrolet Silverado 1500 Ext. Cab 4x4 equipped with available Vortec™ 5.3L V8 engine and 6-speed automatic transmission. Fuel consumption ratings based on GM Testing in accordance with approved Transport Canada test methods. Your actual fuel consumption may vary. ®Bluetooth is a registered trademark of Bluetooth SIG Inc. ¥Thunder package (PDT) includes R7M credit valued at $1,550 MSRP. ††2013 Silverado 1500 LT Ext. Cab with PDT & S80, MSRP with freight, PDI & levies $45,844. Dealers are free to set individual prices. †To qualify for GMCL's Cash For Clunkers incentive, you must: (1) turn in a 2006 or older MY vehicle that is in running condition and has been registered and properly insured in your name for the last 3 months (2) turn in a 2006 or older MY vehicle that is in running condition and has been registered and properly insured under a small business name for the last 3 months. GMCL will provide eligible consumers with a manufacturer to consumer incentive (tax inclusive) to be used towards the purchase/finance/lease of a new eligible 2012 or 2013 MY Chevrolet Colorado, GMC Canyon, Chevrolet Silverado, GMC Sierra, or Chevrolet Avalanche delivered between October 2, 2012 and January 2, 2013. Incentive ranges from $1500 to $3,000, depending on model purchased. Incentive may not be combined with certain other offers. By participating in the Cash For Clunkers program you will not be eligible for any trade-in value for your vehicle. See your participating GM dealer for additional program conditions and details. GMCL may modify, extend or terminate program in whole or in part at any time without notice.

Hollywood. Apology offered over blacklisting of writers, actors, directors

The son of The Hollywood Reporter founder Billy Wilkerson is apologizing for his father's and the trade paper's role in the 1947 Hollywood Blacklist that destroyed the careers of writers, actors and directors accused of having communist ties.

In an article published by The Hollywood Reporter on Monday, Willie Wilkerson calls the Blacklist era "Hollywood's Holocaust'" and says that on the eve of "this dark 65th anniversary, I feel an apology is necessary."

He says his father supported the Blacklist to exact revenge against the Hollywood titans he felt denied him entry to their club when he wanted to establish a movie studio in the late 1920s. THE ASSOCIATED PRESS

Online

For more news, go to metronews.ca

Charges

New York cop pleads not guilty in cannibal case

A New York City police officer has pleaded not guilty to charges he plotted to abduct and cook women so he could eat their body parts.

Gilberto Valle entered the plea Monday in federal court in Manhattan.

Authorities arrested the 28-year-old NYPD officer last month based on a tip from his estranged wife.

The FBI says it uncovered emails from Valle to an unidentified co-conspirator "discussing plans to kidnap, rape, torture, kill, cook and eat body parts of a number of women."

No women were actually harmed, and Valle's lawyer claims he was never a threat. She says the alleged plot was pure fantasy.

The jailed Valle is due back in court Tuesday for a bail hearing. THE ASSOCIATED PRESS

Hobbit producers let animals from film die, say wranglers

Up to 27 dead. Director's spokesman says two deaths were avoidable, some others were from natural causes

PETA protest

The animal-rights group People for the Ethical Treatment of Animals says it's planning protests at the premieres in New Zealand, the U.S. and the U.K.

Animal wranglers involved in the making of The Hobbit movie trilogy say the production company is responsible for the deaths of up to 27 animals, largely because they were kept at a farm filled with bluffs, sinkholes and other "death traps."

The American Humane Association, which is overseeing animal welfare on the films, says no animals were harmed during the actual filming. But it also says the wranglers' complaints highlight shortcomings in its oversight system, which monitors film sets but not the facilities where the animals are housed and trained.

A spokesman for trilogy director Peter Jackson on Monday acknowledged that horses, goats, chickens and one sheep died at the farm near Wellington where about 150 animals were housed for the movies, but he said some of the deaths were from natural causes.

The spokesman, Matt Dravitzki, agreed that the deaths of two horses were avoidable, and said the production company moved quickly to improve conditions after they died.

The Hobbit: An Unexpected Journey, the first movie in the planned $500-million trilogy, is scheduled to launch with a red-carpet premiere Nov. 28 in Wellington and will open at theatres in the U.S. and around the world in December.

The Associated Press spoke to four wranglers who said the farm near Wellington was unsuitable for horses because it was peppered with bluffs, sinkholes and broken-down fencing. They said they repeatedly raised concerns about the farm with their superiors and the production company, owned by Warner Bros., but it continued to be used. They say they want their story aired publicly now to prevent similar deaths in the future. THE ASSOCIATED PRESS

This film image released by Warner Bros. shows Ian McKellen as Gandalf in a scene from the fantasy adventure The Hobbit: An Unexpected Journey. THE ASSOCIATED PRESS

Global Reach. Innovative Programs. Diverse Perspectives.

Schulich School of Business York University | YORK UNIVERSITÉ UNIVERSITY

Schulich IMBA

"The Schulich IMBA prepared me for a career with a global reach and focus, developing my strategic management skills and a truly international peer network. Working in India with the World Wildlife Fund's tiger conservation initiative as an MBA student intern was a life-changing experience."

Anupama Dawson (IMBA '12)
Senior Business Analyst
Target

Build a global career with the Schulich IMBA

Find out what makes Schulich a world-class business school and how the International MBA will give you the edge needed in the global marketplace. Join program representatives, current students and graduates at this special session to learn about life as an IMBA student. Hear firsthand accounts of the program's many benefits, including work and study abroad.

www.schulich.yorku.ca

Schulich Programs: MBA, Accelerated MBA, International MBA, MBA/JD, MPA, MF, MSc (Business Analytics)
Study Options: Full-Time, Part-Time Evenings, Days and Alternate Weekends

Go Global 2012 – IMBA Information Session

Main Campus
Wednesday, November 21
6:00 pm – 7:30 pm
Schulich School of Business, 4700 Keele Street

To register: www.schulich.yorku.ca/goglobal

Schulich Leads in Rankings Schulich is ranked in the world's top tier of business schools by *The Economist* (#16 in the world); *Forbes* (10th best non-US school); *Bloomberg Businessweek* (9th best non-US school); The Aspen Institute, a US think tank (#2 in the world in Social and Environmental Leadership); and *Expansión* (#20 in the world) in their most recent global MBA surveys. The Schulich MBA is also ranked #1 in Canada by *The Economist*, *Forbes*, The Aspen Institute and *Expansión*.

PUBLIC INVESTOR NOTICE

30K Condos for Sale in Florida Exclusive to Canadian Residents!

ATTEND REP's 2 HOUR FREE SEMINAR

Now Canadians can buy...U.S. REAL ESTATE at 70% OFF!

You don't need cash, credit or experience to take advantage of the incredible opportunity. You just need the desire to own your own personal real estate **CASH COW**. Attend this FREE 2 hour seminar and find out how you can own up to 10 investment properties in the U.S. for pennies on the dollar. Why not put $30,000 in your pocket each month? **Take advantage of the U.S. GOLD RUSH** just like so many other fellow Canadians.

At this FREE 2 hour seminar you'll learn how to spot, finance and create instant cash flow on any one of many properties available. Here's a sample of actual properties available at this event.....

SMART CANADIAN INVESTOR...

I can't believe it! After going to this seminar and learning everything on how to buy US real estate as a Canadian, I got together with my 2 best friends and we started using what was made available to us. We were allowed to market one of their properties, which originally bought at $25,000. We found a Canadian who wanted to buy US real estate and sold it for $50,000!!! The property was still Cashflowing! She was so happy with getting this property that she is buying a second property from us too! We generated more money 5 days after the seminar then I have made in the last year! I can't believe it! – **Michael R.**

THIS EVENT IS FREE! HURRY SEATS FILL QUICKLY!

Learn How to get Access to Great DEALS in FLORIDA & LAS VEGAS!

Condo in Sunrise, FL
OPENING BID
$6,500

Condo in Palm City, FL
OPENING BID
$7,500

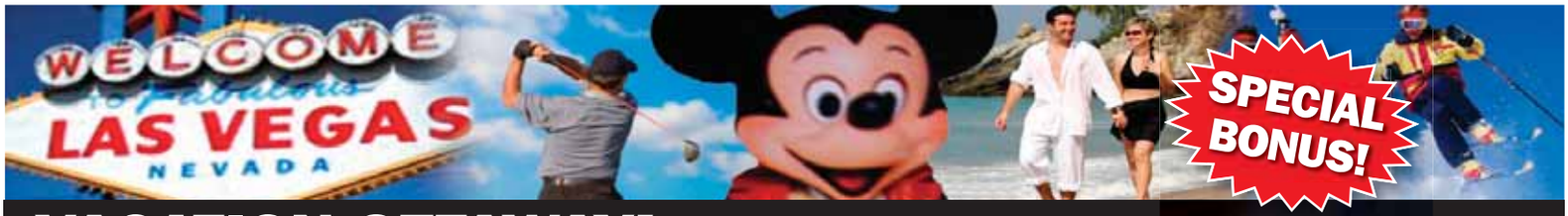
Condo Ft. Lauderdale, FL
OPENING BID
$14,900

Condo in Orlando, FL
OPENING BID
$12,900

Condo in Fort Pierce, FL
OPENING BID
$3,500

Condo in Avon Park, FL
OPENING BID
$9,900

Condo Las Vegas, NV
OPENING BID
$29,500



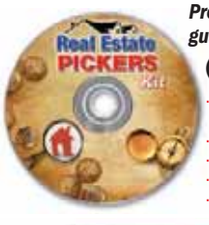
VACATION GETAWAY! 3 Days/2 Nights! WHEN YOU ATTEND

FREE GIFTS

when you attend you will receive:

Real Estate Pickers Kit

PLUS FREE 900 AUCTION LIST!



Pre-registrants guaranteed CD

($199 Value)

- 900 Properties in FL under $50,000
- 10,000 U.S. foreclosures
- 10 Hard Money Lenders
- Buying Guide U.S. RE
- 5,000 investors in U.S.

PLUS FREE MP3 Player

1. Flipping Houses for Quick Cash!
2. Stress Free Land Lording
3. Tax Lien Investing Robust Returns
4. First TIme Home Buying With Flair

Seating is limited! Hurry while supplies last!

PRE-REGISTER NOW and get:

4 Special Reports

for immediate download

($99 Value)

Real Estate PICKERS

Call Now

1.800.986.1592

register for FREE 2 Hour seminar online **www.RichPicker.com**

SCARBOROUGH	TORONTO	RICHMOND	TORONTO
Thursday, November 29	**Friday, November 30**	**Saturday, December 1**	**Sunday December 2**
2 pm or 7 pm	2 pm or 7 pm	12 noon or 5 pm	10 am or 2 pm
DELTA TORONTO EAST HOTEL	**SHERATON CENTRE TORONTO HOTEL**	**SHERATON PARKWAY TORONTO N. HOTEL & SUITES**	**SHERATON TORONTO AIRPORT HOTEL & CONF. CENTRE**
2035 Kennedy Road	123 Queen Street West	600 Highway7 East	801 Dixon Road

© 2012 Real Estate Pickers. All Rights Reserved. No properties will be offered at seminar. Seminar is for education purposes only.

Corruption inquiry. Reputed Quebec mobster fights to avoid testifying

Quebec's corruption inquiry has heard from police, construction bosses and bureaucrats. Pretty soon, that list could grow to include a suspected Mafia boss.

The lawyer for a reputed member of the Montreal Mafia is trying to get his client out of testifying before the inquiry.

Raynald Desjardins is currently awaiting trial for first-degree murder in the slaying of a former Bonanno crime boss.

Lawyer Marc Labelle says since his client is already awaiting trial, testifying before the inquiry could hinder his attempt to find an impartial jury.

Labelle notes that Desjardins' earlier failed attempt to have a subpoena quashed before the Quebec Superior Court received heavy media coverage and he says any testimony before the inquiry would get 10 times more attention. The lawyer asked for commission counsel to make sure it was absolutely necessary for Desjardins to testify, and, if so, that it be done behind closed doors under a publication ban.

A lawyer representing the inquiry says Desjardins' involvement in a construction firm that specialized in decontamination is of interest.

Simon Tremblay, a commission counsel, called Desjardins' request premature and noted the date of his murder trial has not even been set.

France Charbonneau, who heads the commission, says she'll deliberate on the request. THE CANADIAN PRESS

Testimony

Testimony at Quebec's ongoing corruption inquiry suggests a complex system of bid-rigging and kickbacks that involves political parties, civil servants, construction bosses and the Mafia.

- Untold sums of public money have been squandered on projects that cost more than warranted. The mayors of Montreal and Laval have stepped down amid the turmoil.

Dangerous driving: Keep right at the pole

An electric pole stands in the middle of a road in Johnville, Que., on Monday. Allegations of corruption aren't the only plague upon Quebec's road-construction network these days. Officials say they are dealing with the puzzling appearance of the utility pole — smack in the middle of a provincial highway east of Montreal. Locals say it's been there for two months. The roadway had been moved to avoid a dangerous curb, but the Hydro Quebec utility says it was only advised about the need to move its cables about three weeks ago. By then, the roadwork was already done. A spokeswoman for the utility says a new pole is being installed and the electrical wires and telephone wires should be moved by the end of the week.

SHERBROOKE LA TRIBUNE/JOCELYN RIENDEAU/THE CANADIAN PRESS

Berlusconi

Six arrested over extortion plot

Italian police have arrested six people accused of trying to extort $45 million from ex-premier Silvio Berlusconi in exchange for documents they claimed could help him in a legal case.

Milan police said Monday that three of the six had held one of Berlusconi's closest advisers hostage for 11 hours in his home last month until he reached Berlusconi. THE ASSOCIATED PRESS

Petroglyphs

Ancient rock carvings stolen

Rock carvings that graced a sacred Native American site in California's mountains for thousands of years have fallen prey to modern thieves armed with power saws.

At least four petroglyphs were hacked from lava cliffs. They are probably worth only about $500 to $1,500 on the illegal art market but are priceless to Native Americans. THE ASSOCIATED PRESS

WILFRID LAURIER UNIVERSITY

WATERLOO | TORONTO | Brantford | Kitchener

Join us for an MBA information session.

This will be the hour that changes your life!

Wednesday, November 21 | 5:30 p.m.

Special info session for candidates interested in our new International MBA program.
Laurier's Waterloo Campus, 75 University Ave. West, Waterloo, Paul Martin Centre

Thursday, November 22 | 5:30 p.m.

MBA with CMA Alumni Studio. For all candidates interested in our MBA with CMA option.
Laurier's Toronto MBA campus, 150 King Street West, Sun Life Financial Tower, 27th floor

Pre-registration is appreciated, but not necessary. We look forward to seeing you there!
Contact Maureen for more information, mferraro@wlu.ca.

AACSB The Best Business Schools in the World

CMA Certified Management Accountants

lauriermba.ca

LAURIER Inspiring Lives.

comwave®

Home Phone

Think you're paying too much for your Home Phone and Internet?

...You are!

Bundle your Home Phone and Internet

... for one Low Price!

$49.95 /month

Unlimited Local

Unlimited local calling and all Features FREE

$14.95 /month

Unlimited Canada

Unlimited Canada-wide calling and all Features FREE

$19.95 /month

Unlimited Global

Unlimited calling to almost 60 countries and all Features FREE

$29.95 /month

Limited time offer... Call today!

6 Months FREE Home Phone Service

CONSUMER CHOICE AWARD 2012 BUSINESS EXCELLENCE

Ranked #1

Consumer Choice Award

1-866-209-8041

www.comwave.net

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. The 6 Month Free Promotion is based on a 3YR term and includes a 30-Day Satisfaction Guaranteed period. If you are not 100% completely satisfied, you may terminate the service anytime within the Satisfaction Guaranteed Period with no further obligation. If you transfer your existing phone number from your current provider to Comwave within the first 30 days, you will receive an additional 3 months free for a total of 6 months free. HOME PHONE LINES: VoIP 911 has certain limitations versus traditional 911. All Unlimited Plans do not include calls to the Yukon, Nunavut, N.W.T., Alaska and Hawaii. INTERNET: The Internet bundle offering 6 months free Home Phone Service is based on a 3YR term. An installation fee of $30 for 4Mbps or $90 for 15 Mbps will be applied. Unlimited usage is governed by our Fair Usage policy to prevent abuse and is available at www.comwave.net/terms.

Two-week hearing

As it seeks licence renewals, CBC wants flexibility

The CBC is asking the federal broadcast regulator for more flexibility as it grapples with the new digital universe.

The strict regulatory shackles of the past don't work in today's fast-moving environment, CBC president Hubert Lacroix told a Canadian Radio-television and Telecommunications Commission hearing Monday. For instance, young people are shunning television sets for computers, a shift that has prompted the CBC to move its children's programming online.

The broadcaster is seeking five-year licence renewals for its various television and radio services. THE CANADIAN PRESS

Camping for Black Friday bargains

Denise Smith-Lad, left, asks her grandson Jordan Smith, 6, what he would like to eat as they camp in front of a Best Buy store in Cockrell Hill, Texas, on Monday. Smith and her family have come early to line up all week for the shopping deals available on Black Friday, the day after U.S. Thanksgiving. LM OTERO/THE ASSOCIATED PRESS

BCE president and CEO George Cope is shown in this file photo. The company has put together a new proposal to buy Astral Media, after the CRTC turned down its last pitch. THE CANADIAN PRESS FILE

CRTC. BCE files new proposal to buy Astral

BCE Inc. expects that its new proposal to buy Astral Media will address the federal regulator's concern about the telecom giant dominating the television market.

Bell's chief regulatory officer Mirko Bibic wouldn't comment Monday on the possible sale of any radio or TV assets owned by Montreal's Astral to make the deal work. But Bibic said the new $3.38-billion proposal to buy Astral will address the CRTC's concern about market dominance.

"The proposal that we filed today will address the issue of viewing shares from the CRTC's perspective," Bibic said. "It's putting a package together that addresses the mechanical, numerical threshold the way the CRTC calculates it."

The CRTC killed the deal last month, saying it wasn't in the best interests of Canadians and would have resulted in an unprecedented level of concentration in the Canadian marketplace. The CRTC said if the multi-billion-dollar deal had gone ahead, Bell would have controlled almost 45 per cent of the English TV viewership and almost 35 per cent of the French-language market. THE CANADIAN PRESS

Call Home for the Holidays
Simply dial
10-10-100
+ (011 or 1) + Destination number
Call Canada or USA for 1.6¢* per minute.
* No switching phone carriers
* Charges appear on your current bill
* Works with your Bell, Rogers & TELUS home phone.
1.6¢*/min UK, Chile, France, Germany
1.6¢*/min Poland, Isreal
1.6¢*/min Australia, Italy, Spain, Taiwan
www.telehop.com @telehop telehop
telehop
Based on a 15-minute flat rate call for 25¢, standard per minute rates apply thereafter, please see www.telehop.com/10-10-100. Calls to cell phones may be billed at a different price. Price subject to change without notice Terms and conditions apply, please see website for details. 1-800-210-9256

The Bloodmobile in your neighbourhood:
ALPHA LABORATORIES
FRIDAY, NOVEMBER 23RD, 2012
1262 DON MILLS ROAD (YORK MILLS ROAD)
2:30 PM TO 5:30 PM
HEARTLAND TOWN CENTRE
FRIDAY, JANUARY 13, 2012
5955 LATIMER DRIVE (PLYMOUTH DRIVE)
10:00 AM TO 2:00 PM
1 888 2 DONATE (1-888-236-6283)
RBC RBC Foundation Canadian Blood Services it's in you to give metro

Are You A Current or Ex-Smoker?
• Are you 45 years of age or older?
• Do you get short of breath, have cough or phlegm?
• Do you have chronic bronchitis or emphysema?
You may qualify to participate in a research project of an investigational drug.
Please Contact:
(416) 921-7707

Hostess bankruptcy

Twinkies haven't struck out just yet

The tasty cream-filled golden spongecakes known as Twinkies won't die that easily after all.

Texas-based Hostess Brands Inc. and its second-largest union will go into mediation to try and resolve their differences, meaning the company won't go out of business just yet.

The news came Monday after Hostess moved to liquidate and sell off its assets in bankruptcy court citing a crippling strike last week.

The bankruptcy judge hearing the case said the parties haven't gone through the critical step of mediation and asked the union's lawyer if his client would participate. THE ASSOCIATED PRESS

5.5 million works

Google inks European-music licensing deal

Google Inc. has reached a licensing agreement with representatives of European music publishers, artists and composers in which the U.S. online giant and its customers will gain access to 5.5 million musical works across 35 countries from artists including Lady Gaga and Rihanna.

The accord with Armonia, the alliance of French, Italian and Spanish licensing groups, is billed as the broadest of its kind.

Catherine Kerr-Vignale of France' SACEM, an artists' rights association, said Google's rivals, such as Amazon and Apple's iTunes, have country-by-country licensing agreements. THE ASSOCIATED PRESS

Market Minute

DOLLAR
100.34¢
(+0.44¢)

TSX
12,040.40 (+162.68)

OIL
$89.28 US (+$2.36)

GOLD
$1,734.40 US (+$19.70)

Natural gas: $3.73 US (-7¢)
Dow Jones: 12,795.96 (+207.65)

VIGILANTISM AND JERK-SHAMING ON THE WEB

SHE SAYS...
Jessica Napier
metronews.ca

One of the best things about the Internet is also one of the worst: anonymity. Sadly, much of the web has become a place for inconspicuous individuals to hurl racist/homophobic/misogynistic statements into the ether without any regard for what the consequences might be once they step away from the keyboard.

But as younger generations care less and less about privacy, the barriers between real life identities and our online selves are eroding and it's becoming harder to hide behind the veil of assumed anonymity. As a result, waves of new digital vigilantes are working to expose online trolls and make them accountable for their vitriol spewing.

What not to say online

"Internet users have re-appropriated the word faggot as a casual insult and use it with thoughtless abandon."

Earlier this month, a Canadian man created a You Hate Faggots Tumblr page in response to the proliferation of homophobic language on the web. "The hatred is rampant and in most cases the people don't even know what they're doing or saying is wrong," he says. "Faggot as a pejorative has become about as common as 'your mama' jokes." Internet users have re-appropriated the word faggot as a casual insult and use it with thoughtless abandon.

The creator behind You Hate Faggots publishes ignorant tweeters' names and photos alongside his own snarky commentary to highlight the de-contextualization of the word. "By using parody to illustrate the wrongness in using the term incorrectly, I want to show that there is a relationship between faggot and gay, whether the user understands it or not," he says.

South of the border, the writers at Jezebel took web justice into their own hands by broadcasting a list of teenage Twitter users' contact information and hometowns alongside their racist rants regarding the presidential election. Taking the crusade one step further, the blog then outed the opinionated high school students to their principals and administrators.

Some criticized Jezebel's actions as a form of cyber-bullying (these were minors after all) while others praised the blog for making young people understand that online bigotry, however offhanded it might be, can have tangible repercussions.

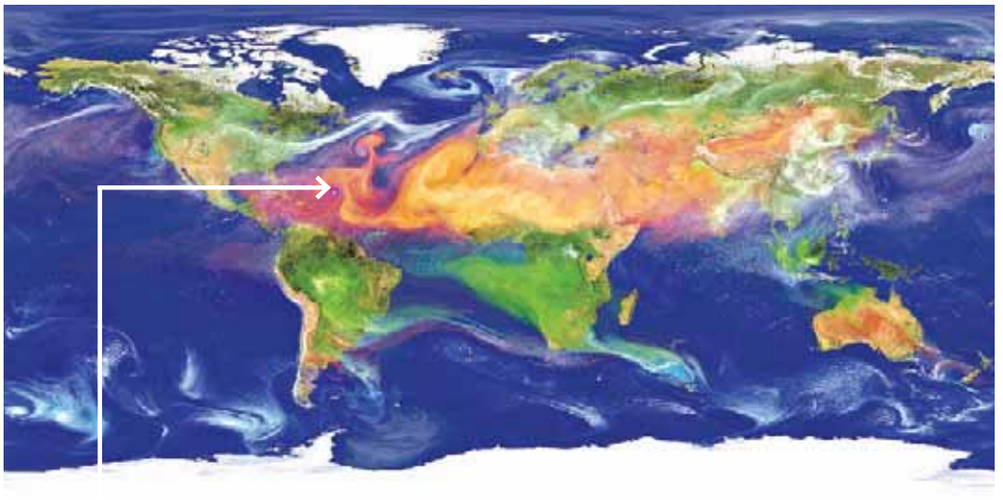
For the creator of You Hate Faggots, naming and shaming prejudiced Internet users isn't about ruining lives, but exposing the issues. "The intentions are not to troll," he says, "the objective has always been to create awareness."

Call it what you will — the naive indiscretions of youth or deep-seeded intolerance — but if you are old enough to own a cellphone and arrogant enough to share hateful opinions from an account boasting your real identity, I'm not going to feel too sorry for you if it comes back to haunt you when you start applying for colleges or begin looking for a job.

Follow Jessica Napier on Twitter @MetroSheSays

Sites such as You Hate Faggots and Jezebel publicly shame homophobes and racists. METRO

Something is in the air



WILLIAM PUTMAN/NASA/GODDARD

Earth photography

Earth's swirling gases revealed

This astonishing image from a NASA supercomputer highlights the presence of aerosols in the Earth's atmosphere.

The Goddard Earth Observing System Model version 5 (GEOS-5) can show worldwide weather at up to 3.5 kilometre resolution (pictured: 10 kilometre) as part of climate science research.

The image processing takes place in Greenbelt, Md., at the NASA Center for Climate Simulation at Goddard Space Flight Center.

METRO

Element guide

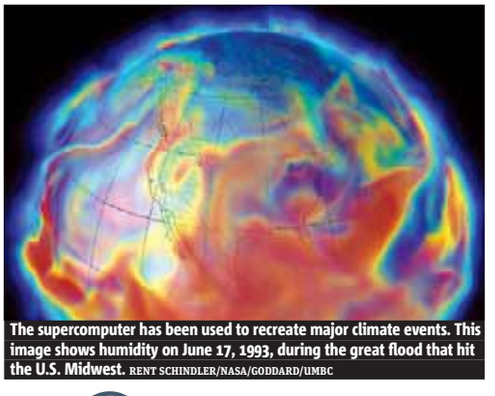
The aerosol patterns by colour:

- **Red.** Dust that has risen from the Earth's surface.
- **Blue.** Sea-salt swirls seen inside cyclones.
- **Green.** Smoke rising from fires.
- **White.** Sulphate particles from volcanoes and fossil fuel emissions.
- **Website:** For the latest on NASA's many endeavours, visit nasa.gov.

How an image is created

Facts on the supercomputer that generated the image:

- **Supercomputer's superpower.** The Discover supercomputer is located at NASA's Center for Climate Simulation. It totals nearly 15,000 processors with a peak performance of nearly 160 trillion operations per second. That's 900 times the speed of the standard Intel Core processor in your PC.
- **Time scale projections.** Discover-hosted simulations span time scales from days (weather prediction) to seasons and years (short-term climate prediction) to decades and centuries (climate change projection).
- **Weather year predicted.** NASA scientists hope the imaging techniques of the supercomputer will allow them to project weather and climatological forecasts well into the future — as far as the year 2100.

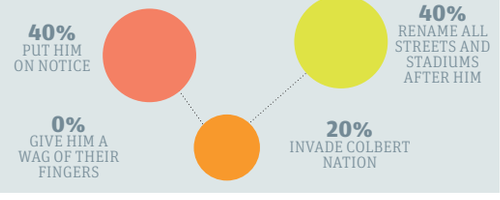


The supercomputer has been used to recreate major climate events. This image shows humidity on June 17, 1993, during the great flood that hit the U.S. Midwest. RENT SCHINDLER/NASA/GODDARD/UMBC

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

How should Windsor, Ont., (and Winnipeg) respond to Stephen Colbert's "Earth's rectum" remarks?



Twitter

@aphilhelmscream: I gotta open up a place in #Toronto that sells bacon doughnut flavoured ramen tacos so I can be on every #foodtrends.

@Bishunn: @BlueJays Why can't Spring Training start tomorrow?

@9PointStar9: If you're a @BlueJays fan get your tickets ASAP! Just bought two 15 game flex packs and they're going quick!!

@thedouder: And I like, Emilio (Bonifacio)!!! #BlueJays

@sammie_d13: WOHOO! The #Jays and #Marlins trade is officially approved! Plaaaayyy ball!! Can't wait for the season to begin!! #LetsGoJays #JaysNation

metro

President and Publisher Bill McDonald • **Editor-in-Chief** Charlotte Empey • **National Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Toronto** Tarin Elbert • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Vice-President, Sales** Quin Millar • **Distribution Manager** Steve Malandro • **Vice-President, Business Ventures** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Marketing & Interactive** Jodi Brown • **Vice-President, Finance** Phil Jameson • **METRO TORONTO** 625 Church St., 6th Floor Toronto ON M4Y 2G1 • **Telephone:** 416-486-4900 • **Fax:** 416-482-8097 • **Advertising:** 416-486-4900 ext. 316 • adinfotoronto@metronews.ca • **Distribution:** toronto_distribution@metronews.ca • **News tips:** toronto@metronews.ca • **Letters to the Editor:** torontoletters@metronews.ca

Hurry! Offer ends November 30, 2012.

Unlimited talking. Now coast to coast.

Unlimited Talk & Family Share plans

$70*	$80*	$100*
NATIONWIDE unlimited ~~local~~ talk	NATIONWIDE unlimited ~~local~~ talk	unlimited nationwide talk
1 GB of data‡	3 GB of data‡	5 GB of data‡
INCLUDED FEATURES unlimited text, picture and video messages** | data sharing† | Caller ID | Voice Mail		

Get more from your data

Share data with other Unlimited Talk & Family Share plan holders on your account.†

Get nationwide talk now at
telusmobility.com/unlimited

TELUS

TELUS STORES & AUTHORIZED DEALERS

Aurora
Aurora Gateway Centre
Brampton
Bramalea City Centre
Springdale Square
233 Queen St East
Burlington
Burlington Mall
Mapleview Mall
920 Brant St
2000 Appleby Line
Concord
160 Cidermill Ave
200 Edgeley Blvd
Downsview
5050 Dufferin St
Etobicoke
Sherway Gardens
980 Albion Rd
1500 Royal York Rd
1750 The Queensway
Georgetown
Georgetown Marketplace
Maple
10019 Keele St
Markham
Markville Shopping Centre
Pacific Mall
95 Royal Crest Court
Mississauga
Erin Mills Town Centre
Heartland Town Centre
Square One
110 Matheson Blvd
2458 Dundas St West
2585 Skymark Ave
3024 Hurontario St West
4920 Tomken Rd
6200 Dixie Rd
HWY# 401/Winston Churchill Rd
Newmarket
Upper Canada Mall
1100 Gorham St
North York
2899 Steeles Ave West
The Queensway
Oakville
Oakville Place
481 North Service Rd West
760 Pacific Rd
2150 Winston Park Dr
2501 3rd Line
Oshawa
Oshawa Centre
Taunton/Harmony Plaza
Pickering
Pickering Town Centre
Richmond Hill
Hillcrest Mall
11005 Yonge St
Scarborough
Scarborough Town Centre
Warden/Eglinton Power Centre
1184 Kennedy Rd
2281 Kingston Rd
Stouffville
Stouffville Walmart Centre
Thornhill
Promenade
7040 Yonge St
7378 Yonge St
Toronto
Bayview Village Shopping Centre
Beaches
Bloor West Village
Dufferin Mall
Exchange Building
Fairview Mall
Gerrard Sqaure
Royal Bank Plaza
Shops at Don Mills
Toronto Eaton Centre
Woodbine Centre
Yonge & Eglinton
Yorkdale
25 Davenport Rd
25 York St
67 Mowat Ave
361 Queen St West
455 Danforth Ave
500 Yonge St
720 King St West
727 Bloor St West
1061 St. Clair Ave West
2610 Weston Rd
2700 Dufferin St
Vaughan
Vaughan Mills
81 Zenway Blvd
4000 Hwy 7

For more details on this great offer, visit your TELUS store, authorized dealer or retailer, call 1-866-264-2966.

BEST BUY · BLACK'S · CELLULAPOINT · FUTURE SHOP · THE MOBILE SHOP Exclusively where President's Choice® products are sold. · Walmart

Valid until November 30, 2012, in Ontario, Quebec and Atlantic Canada. Plans are available with activations and renewals and not as a rate plan change. Prices are subject to change without notice. Pricing and availability may vary. *Taxes, long distance, additional airtime, roaming and pay-per-use charges are extra. Plus applicable provincial or municipal government 911 fees in Nova Scotia (43¢), PEI (70¢), New Brunswick (53¢) and Quebec (40¢). ‡Only smartphones on an Unlimited Talk & Family Share plan may share data. Additional usage beyond the shared data will be charged at 2¢/MB. Cannot be combined with any additional data add-on. Tethering included. Access to BlackBerry Enterprise Service is not included. Additional data beyond the shared data is charged by the MB or GB and is rounded up to the closest KB (1 GB = 1,024 MB; 1 MB = 1,024 KB). Data usage is subject to a monthly overage limit of 10 GB. **Premium messages are not included. A 35¢/message charge will apply for each text message or attachment sent outside of Canada and the US. Text messages sent or received while roaming internationally will be charged at 60¢/message. Video and picture messaging are only available in PCS and 1X digital coverage areas. Clients with non-capable phones will receive a text message that includes a web address where they can view the picture or video. Multimedia messaging used while outside of Canada is charged as data roaming. Messages sent using iMessage may incur data charges. †Members must be on an Unlimited Talk & Family Share plan on the same account and are limited to five members per account. TELUS, the TELUS logo, the future is friendly and telusmobility.com are trademarks of TELUS Corporation, used under licence. All other trademarks are the property of their respective owners. © 2012 TELUS.

DVD review

The Expendables 2

Director. Simon West

Stars. Sylvester Stallone, Liam Hemsworth, Randy Couture

Stallone's Expendables have all reached the age where they're as likely to reach for the Botox as for the testosterone supplements, and they're not trying very hard to hide it. Especially since the success of their first film proved the enduring popularity of action heroes in their 50s and 60s, all the more so when you cram so much muscle into a single movie. The pumped-up pack has a couple of noteworthy additions (Jean-Claude Van Damme and Chuck Norris) and subtractions (Mickey Rourke and Steve Austin), plus enlarged cameos (Arnold Schwarzenegger and Bruce Willis) and returning mainstays (Stallone, Jason Statham, Dolph Lundgren, Jet Li, Terry Crews and Randy Couture). There's also the obligatory tough girl, the code-breaking and neck-snapping hottie Maggie (Yu Nan). The plot can be summed up in Barney's answer to his slicing sidekick Lee Christmas (Statham), when he's asked, "What's the plan?" Barney snarls: "Track 'em. Find 'em. Kill 'em." At no point does anybody take any of this seriously, even when the inevitable showdown occurs between Stallone and Van Damme.

PETER HOWELL

Celebration Day

Director. Dick Carruthers

Stars. Led Zeppelin

Was the Dec. 10, 2007 reunion show by Led Zeppelin at London's O2 Arena as good as claimed by the lucky 18,000 fans who scored tickets, out of 20 million supplicants? Celebration Day gives the emphatic answer "yes." Every moment of this unvarnished chronicle by Dick Carruthers attests to the remarkable staying power and musicianship of founding members Jimmy Page, Robert Plant and John Paul Jones, who performed with Jason Bonham, son of late drummer John Bonham.

PETER HOWELL

Suraj Sharma had never acted before his role in Life of Pi. The film opens Wednesday. HANDOUT

Life of why: Actor sets sights on philosophy

From student to star. Ang Lee isn't just a director, he's a guru. Pi lead Suraj Sharma talks about how Lee changed his life

HEIDI PATALANO
Metro World News in New York

Suraj Sharma is pretty much your average student. He's polite, well-spoken and majoring in philosophy this year. He also just starred in the new epic 3D film by Ang Lee and counts the venerated director as a close friend and teacher. Sharma had never acted before he took on the title role in Life of Pi — he was selected out of thousands of non-professional actors auditioning for the part. Playing a young man adrift at sea, Sharma lost weight, gained weight, befriended a tiger named Richard Parker and learned to fish. Along the way, he tells us, the film changed him into the man he is today.

What path were you on before this movie happened and where do you see things going now?
Before the movie I didn't really know what to do. I was in school and I was, I would say, lost … Luckily enough (director Ang Lee) picked me up, and took me to Taiwan. Over there, I changed as a person. I realized more about myself, more about everything. Working with Ang changes you, I guess. Before Pi I was really a bad student. I didn't do very well in school at all, ever, and I came back and I changed in a million ways. … I did surprisingly well in school. I didn't even know how. Suddenly I was getting like 94 per cent and stuff like that and ... now in college I'm doing philosophy, so things really changed.

Did the movie inspire you to choose philosophy?
Oh yeah. I think Ang and Pi got to me. Lying on that board and talking to Ang, you kind of start thinking on those lines, you start thinking about things, because Pi himself is this kid who asks questions like, 'What is life?' He is into philosophy of his own kind and Ang himself has a really complex philosophy, which comes through when you talk to him. ... Eventually I want to be a filmmaker, so I guess philosophy will help me in that way.

Some actors in your position might say, "Forget school and do acting full-time."
I don't know about the acting. I don't know whether I want to act professionally much. It's daunting. It's scary and it's different. I want to be a filmmaker. I want to tell stories. … I love acting now and the life (of an actor) is hard and it's different. I don't know if I'm equipped for it, but I'd like being on set. I think that's the most inspiring part of movies — just being on set. The intensity with which everybody works, 300 people just working, working, working for something maybe even three seconds long. (There are) different skills, different ideas, different backgrounds, everything just comes together and you make something and you make someone's imagination come to life.

Acting is hard normally, but then you also had to gain weight, lose weight, learn how to swim, learn how to fish. Which one of these things was the most challenging?
I think it was all just one, it came as one big package. I had to learn how to swim. I had to learn all these sea skills, do yoga, meditate, work out, gain weight, lose weight. I had to read books, learn how to act. There were a million things to do. I can't say one was harder than the other, it just all used to happen everyday. So it was a big challenge just being there. ... For me, all I wanted to do was keep Ang happy, because he had put so much trust into me. Fox and the crew, everybody was trusting someone who had no idea what they were doing.

I read that your mother had a ritual performed for Ang to be your guru.
Basically my mum was kind of hesitant about the whole thing. She was scared it was a risky decision. I was scared too. In India, the guru is a really important person. You kind of give yourself to them … so I kind of asked him to be my guru and I did pranama, which is basically you kind of submit yourself. He accepted me as his student and he took it very seriously. It's nice to see other people take things that are important to you seriously. Whether it was on set, off set, he was always wondering what's going on in my life. He was always concerned. He was always trying to help in any way he could. It's great because he's a genius. He's an amazing and really important person, seeing him care for you like that is really humbling.

Young Toronto actor gets animated in latest film

Rise of the Guardians. At only 13, Dakota Goyo already boasts an impressive filmography — but this young star wants to do even more

STEVE GOW
scene@metronews.ca

Dakota Goyo has known for most of his short life he's wanted to be an actor. TORSTAR ARCHIVES

It's hard to believe that Dakota Goyo is only 13 years old. After all, not only is the Toronto actor a rising star; he's long figured out something that's far from most other teenager's minds — his career.

"When I was about three I decided this is what I want to do and I want to continue doing it for the rest of my life," said Goyo. "Except directing would be nice."

The kid is off to a great start. With such Hollywood blockbusters as Thor and Real Steal (with Hugh Jackman) under his belt, Goyo has now lent his voice talent to Rise of the Guardians (in theatres Nov. 21), an animated thriller featuring a superhero squad of legendary icons including Santa Claus, the Easter Bunny and the Tooth Fairy.

"Its overwhelming to (hear yourself in an animated film)," said Goyo — who plays the last child to believe in the Guardians. "It's my first real voice-work movie at least and it's very overwhelming to (hear) myself and see the emotion that you see in the character. .. it's not you but your voice is coming out of it."

Guardians also marks Goyo's second film with Jackman (who voices a rambunctious Easter Bunny that might be more into Vegemite than carrots).

"He's so perfect because he adds an Australian accent which makes it so ordinary," laughed Goyo. "You don't see an Easter Bunny with an Australian accent and that's why he's called 'kangaroo' (in one key scene). He's one of the funniest (characters) in the movie."

While Goyo is now excited to get back to a busy career in front of the camera, he confesses working in a recording studio on Guardians did have its benefits.

"You can just walk in, do your voice and walk out," said Goyo.

"I don't like to sit in one spot for a long time."

Goyo's heroes

In his young career, Goyo has starred alongside such thespians as Hugh Jackman, Samuel L. Jackson and Susan Sarandon but whom does he aspire to work with?

- **Will Smith.** "He brings so much emotion to the screen," said Goyo. "You feel the same emotion that he feels. I think he's a great actor."

Rise of the Guardians opens on Wednesday. HANDOUT

quick bites
at quick speeds
with Visa payWave®
a fast way to pay at Tim Hortons.

*Visa claim based upon global number of general purpose cards, number of transactions and purchase volume. Available at participating Tim Hortons restaurants.

Spielberg joins in oration celebration in Gettysburg, Pa.

Lincoln. Filmmaker marks 149th anniversary of Honest Abe's address with his own speech about president's impact

Two-time Academy Award winning director Steven Spielberg expressed a sense of humility Monday as he delivered the keynote address during ceremonies to mark the 149th anniversary of Abraham Lincoln's Gettysburg Address.

"I've never stood anyplace on earth where it's easier to be humbled than here," said Spielberg, whose biopic about the 16th president is currently in theatres.

His remarks were made at the annual event at the Soldier's National Cemetery in Gettysburg, near the site where Lincoln gave the famous oration amid the American Civil War in 1863, four months after the battle in which the Union turned back an invasion of the North by Confederate troops under Gen. Robert E. Lee.

Steven Spielberg
DREAMWORKS/THE ASSOCIATED PRESS

After spending seven years working on his new movie Lincoln, Spielberg said the president came to feel like one of his oldest and dearest friends, and he sensed he was living in the presence of what he called Lincoln's "eloquent ghost."

"Lincoln wanted us to understand that equality was a small 'D' democratic essential," Spielberg said, describing Lincoln's three-minute speech as "his best and truest voice" and the single "most perfect prose poem ever penned by an American."

As part of the event, 16 newly minted Americans from 11 countries took the oath of allegiance to become U.S. citizens.

THE ASSOCIATED PRESS

Grant Bowler mum on working with Lohan

Liz & Dick. Actor who portrays Richard Burton in Lifetime movie only 'speaks for himself'

DOROTHY ROBINSON
Metro World News in New York

Look, you can't interview Grant Bowler, the star of the much-publicized Lifetime Original Movie Liz & Dick, without asking him about his infamous co-star, Lindsay Lohan.

Well, you can ask — but he won't really answer.

"I speak for myself," he says when asked what it was like to work with Lohan. "Oh, you know. [Heavy sigh] I don't know. It's, well, you know."

No, we don't. Care to elaborate? What about all the attention the film is receiving due to it featuring Lohan's first starring role in five years?

Quoted

"There are so many down sides to playing a famous actor."

Actor Grant Bowler on playing Richard Burton in the Lifetime Original Movie Liz & Dick

"Yeah, I think at the moment, with the film coming out ... rah, rah, rah," he says, trailing off to dead silence.

Rah, rah, rah, indeed. Luckily, Bowler — who tackles the daunting challenge of portraying famed actor Richard Burton and his tumultuous, iconic love affair with screen siren Elizabeth Taylor — was much more eloquent in talking about his role.

"There are so many downsides to playing a famous actor," he says. "If you're an actor and you play a famous tennis player, you're not going to be compared to them — no one assumes you can play tennis. To play an actor is a treacherous thing to take on. I was concerned about that, and very determined about not doing a poor job representing him. He was a personal icon of mine."

Liz & Dick has been getting plenty of press because of its infamous leading lady, Lindsay Lohan. HANDOUT

Tune in

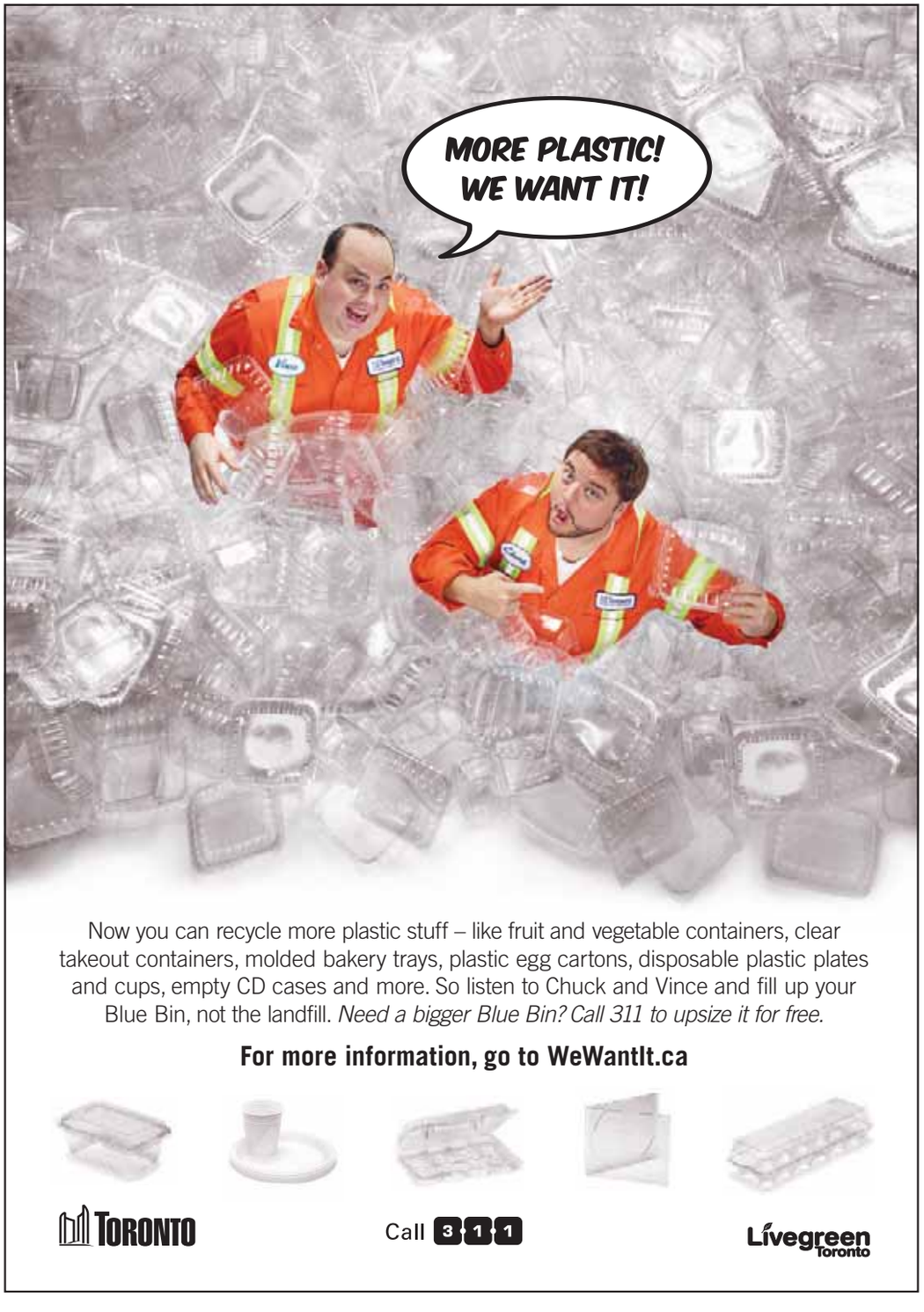
Liz & Dick premieres Sunday on Lifetime Canada.

Bowler says he was able to take on Burton "bit by bit. ... I bit him off in chunks," he says.

"We covered so much time — 30 years — so I kind of started with the major turning points in their relationship. I looked at archival footage of him being interviewed and watched a lot of movies. But nothing was as informative than him being interviewed and watching them being interviewed together."

OK, but back to Lohan — really this time.

"When you tell any story, you want as many people to listen as possible," he tastefully acquiesces about the amount of publicity given to Liz & Dick — even though it might not be the best kind of attention. "It's very, very hard telling a story to an empty room."


MORE PLASTIC!
WE WANT IT!
Now you can recycle more plastic stuff – like fruit and vegetable containers, clear takeout containers, molded bakery trays, plastic egg cartons, disposable plastic plates and cups, empty CD cases and more. So listen to Chuck and Vince and fill up your Blue Bin, not the landfill. Need a bigger Blue Bin? Call 311 to upsize it for free.
For more information, go to WeWantIt.ca
TORONTO
Call 311
Livegreen Toronto

DEPRESSED?
If you are currently depressed and 18 - 65 years old, you may be eligible to participate in a novel study on using *low dose medication* to enhance the body's own natural brain chemistry.
For information, visit: AntidepressantTrial.com, or call our Clinical Trials Office:
416.340.4800 EXT 8839
No compensation provided
University Health Network

SEE THROUGH DIFFERENT EYES.

Nikon

WIDE-ANGLE NIKKOR LENSES

SAVE $72

$678.00

NIKKOR AFS 28mm f1.8G

SAVE $26

$224.00

NIKKOR AFS DX 35mm f1.8G

SAVE $216

$1784.00

NIKKOR AFS 85mm f1.4G

FIXED FOCAL-LENGTH NIKKOR LENSES

SAVE $41

$499.00

NIKKOR AFS 85mm f1.8G

SAVE $105

$794.99

NIKKOR AFS VR 105mm f2.8G Micro

TELEPHOTO ZOOM NIKKOR LENSES

SAVE $95

$445.00

NIKKOR AFS VR 70-300mm f4.5-5.6G ED

$374.00

NIKKOR AFS DX 55-200mm f4-5.6G ED VR

SAVE $56

Nikon PRODEALER

WARRANTY 5 YEAR Nikon CANADA INC All Nikkor Lenses

D800

WARRANTY 2 YEAR Nikon CANADA INC All Coolpix & DSLRs

ULTIMATE IMAGE QUALITY
FULL CINEMATIC EXPERIENCE

FX | 36.3 | 4 FPS | ISO 100-6,400 | FULL HD

D800E

$3,299.95 BODY ONLY

$2,999.95 Body Only

D3200

Take your photos and videos to the next level.
Unrivaled 24.2 megapixel DX-format CMOS sensor
for truly dazzling photos and
Full HD 1080p movies in any light.

WARRANTY 2 YEAR Nikon CANADA INC All Coolpix & DSLRs

BONUS:
- 8GB SDHC Memory Card
- ProTama 62in1 Card Reader
- Nikon Holster Bag
- Nikon EN-EL14 Battery

SAVE $270

$694.99 w/ AFS DX 18-55mm VR

AdenCamera

IMAGE CENTRE • DIGITAL • ELECTRONICS

www.adencamera.com - info@adencamera.com
Your Professional Camera Dealer Since 1979

348 Yonge St.
Toronto, ON
Tel: 416-598-1964
Tel: 416-977-3157
OPEN SUNDAYS.

364 Yonge St.
Toronto, ON
Tel: 416-977-9711
Tel: 416-977-9788

4300 Steeles Ave E.
Pacific Mall, #B-31
Markham, ON
Tel: 905-513-9277
Tel: 905-513-9111
OPEN SUNDAYS.

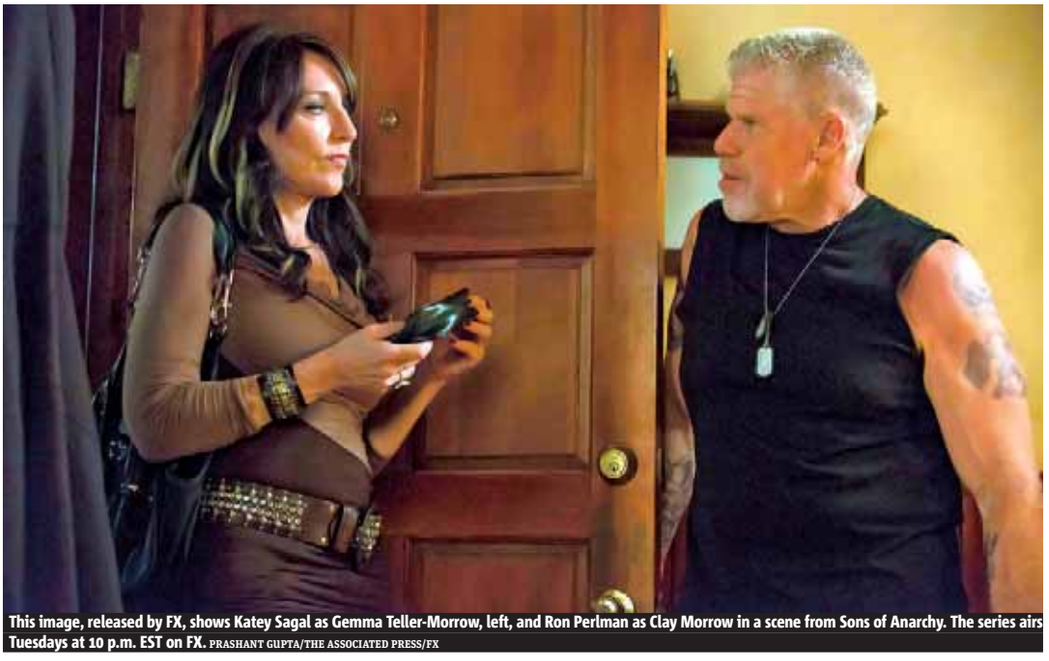
VISA MasterCard AMERICAN EXPRESS

We accept Visa, Mastercard and Amex Credit Cards

Nikon Instant Rebates Applied.* ALL Sale Prices are for in store items only. Pricing Valid till November 30, 2012. Quantities Are Limited.
Aden is a Division of Grand Camera Ltd. Prices & Offers are subjected to change without Notice. Errors and Omissions excepted.

Sons of Anarchy: A family, workplace drama — with some extra violence

Motorcycle gang.
Making a case for TV violence with rich, addictive storytelling



This image, released by FX, shows Katey Sagal as Gemma Teller-Morrow, left, and Ron Perlman as Clay Morrow in a scene from Sons of Anarchy. The series airs Tuesdays at 10 p.m. EST on FX. PRASHANT GUPTA/THE ASSOCIATED PRESS/FX

Season 5

- In the home stretch of its fifth season, Sons by now has spun a sprawling mythology that even included a past story arc set in Northern Ireland. But the saga centres on this family trio: Jax (Charlie Hunnam), his mother, Gemma (Katey Sagal), and her husband, Clay (Ron Perlman), once the club's president.
- More recently, Jax has seized the throne from Clay, his stepfather. This has set in motion a Shakespearean-like battle for power that seems sure to end with one of them slaying the other.
- Meanwhile, Jax is strategizing how to move the club into more legitimate pursuits. But as he readily admitted on last week's episode, any path of reform "is gonna be bloody, bro."

Is it time to pay tribute to TV violence?

If so, Sons of Anarchy, FX network's bloodthirsty and brilliant drama series about a motorcycle gang should be among the ones celebrated. (It airs Tuesday at 10 p.m. EST.)

That's not to say violence should be championed, even the make-believe variety found on our TV screens.

On the contrary, some of the show's viewers count themselves among those who stew about the excess of violence on TV.

Almost every scripted drama, it seems, habitually embraces violence in its storytelling.

And more to the point, gun violence. With TV drama, guns are standard issue, a staple of the storytelling lexicon. (How many, or rather, how few, TV dramas can you name where guns aren't part of the act?)

Debates about TV violence have raged since TV began and usually go nowhere, bogging down in a jumble of the First and Second Amendments.

That is, viewers feel constitutionally guaranteed the right to bear arms — and to be entertained by watching others who bear them. Then, with every new outbreak of real-world gun violence, the debate is reignited and the media scapegoated. Nothing is resolved.

This is not to say that certain violence-prone shows don't manage to fly under the radar.

Some do it by shrouding themselves in righteousness. Consider Law & Order: SVU, a have-it-both-ways series that for 14 seasons has luxuriated in violence as something to be condemned while, at the same time, titillating viewers with the sex crimes it wallows in.

Similarly, the CSI franchise savours violence retroactively, back in the lab, with graphic deconstructions of each weekly episode of violence.

But it's not all gratuitous violence on TV. A relative handful of dramas earn immunity, as well as acclaim, by putting violence in the service of higher truths. Think of great shows like The Sopranos, Boardwalk Empire, Breaking Bad or The Shield.

And add Sons to the list of hard-hitting series that justify their violent eruptions with the larger stories they tell.

Simply put, Sons is a family/workplace drama. It tells of a motorcycle club — the Sons of Anarchy, or SAMCRO — set in the ironically named California town of Charming, where its members do business in drugs, porn and gunrunning while they grapple with rival gangs, shifting alliances and, of course, the law. THE ASSOCIATED PRESS

WIN 1 of 3
INTERIOR PAINT PACKAGES!
"List with me, and I'll paint your home for free!"
VISIT clubmetro.com TO ENTER
RE/MAX
RE/MAX ULTIMATE REALTY INC., BROKERAGE
EACH OFFICE INDEPENDENTLY OWNED AND OPERATED
Not intended to solicit Purchasers under Purchaser/Agency agreement or properties currently listed for sale
Omar Ibrahim
Sales Representative
416 487 5131
www.listwithomar.com

SickKids

GIVE A SICKKIDS GET BETTER GIFT.

TOGETHER WE WILL BRIGHTEN THE LIVES OF CHILDREN.

GIVE A HOLIDAY MEAL FOR A FAMILY

Together we will make holiday traditions last.

$45 GIFT

GIVE A STOCKING SURPRISE

Together we will help children wake up and smile.

$30 GIFT

GIVE DECORATIONS FOR THE HOSPITAL

Together we will turn a hospital into home during the holidays.

$25 GIFT

This holiday season, give a child at **SickKids** a reason to celebrate and give a loved one a reason to smile.

* Shop now at **SickKidsGifts.com** or call **416-813-3240.**

WE NEED MALES & FEMALES

Are you a healthy, non-smoking, **CAUCASIAN MALE OR FEMALE 18 - 55 YEARS OF AGE?**

Free of daily medications?

If so, you may be eligible for our upcoming clinical research studies:

STUDY #1534
- Group 1 Caucasian Males and Females 18-55 years of age.
- Study starts on Friday November 23, 2012
- 4 sessions with 3 returns per session.
- Compensation is up to $2,000 for completing the entire study.

STUDY #1534
- Group 2 Caucasian Males and Females 18-55 years of age.
- Study starts on Saturday November 24, 2012
- 4 sessions with 3 returns per session.
- Compensation is up to $2,000 for completing the entire study.

STUDY #1535
- Group 2 Caucasian Males and Females 18-55 years of age.
- Study starts on Wednesday November 28, 2012
- 4 sessions with 3 returns per session.
- Compensation is up to $2,000 for completing the entire study.

STUDY #1535
- Group 2 Caucasian Males and Females 18-55 years of age.
- Study starts on Thursday November 29, 2012
- 4 sessions with 3 returns per session.
- Compensation is up to $2,000 for completing the entire study.

CALL: **416-747-5246**
Toll Free: 1-866-747-5246
Mon-Fri: 8-8, Sat-Sun: 10-6

BioPharma Services Inc.

4000 Weston Road, Toronto
www.biopharmaservices.ca

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Rihanna reveals nothing, journo streaker reveals all

Rihanna's 777 tour — in which she's travelling to seven cities in seven days, with a plane full of fans and journalists — reached London Monday morning, the second to last stop. But there was no sign of the superstar on the plane from Berlin. "Just one quote," chanted desperate reporters, begging Rihanna to appear.

Then things got a little Lord of the Flies. Australian Tim Dormer, a radio presenter at Nova in Sydney, decided if he wasn't going to get a story, he'd become one: After 3 a.m., he suddenly burst from the toilet — completely naked. With his long curls bouncing, he made a quick tour of economy class wearing nothing but his birthday suit. The audience cheered.

Since Rihanna wasn't around to talk to anyone, we asked the streaker:

What were you thinking?
I was bored. It was three in the morning and we were on a plane and we've been on a plane for the past five days. I thought it would be fun. And it wasn't an easy task either; I had to dive over people.

Did you plan the whole thing?
No, I was just in the bathroom and thought it would be a fun thing.

How many will see this on YouTube, do you think?
Five maybe? My mom, my dad, my gran, my boss and hopefully Rihanna.

Did you run all the way up to her?
No, I didn't get that far.

How do you find the trip so far?
I'm having the time of my life. I saw her the first day and I see her on stage every night.

TO SEE A VIDEO OF THE STREAKER, VISIT METRONEWS.CA/SCENE

Heart & Stroke
calendar lottery
WIN
3x $5,000 EVERY DAY
$10,000 EVERY WEEK
$100,000 EVERY MONTH
2,000 x $25 EVERY MONTH
The survey says...
How would you feel if you unknowingly gave a winning Heart & Stroke Calendar Lottery ticket away as gift?
10% A little annoyed that I didn't hold on to the winning ticket
50% Happy that I made someone's life richer
2% Gift recall as soon as possible
38% Hopeful that they will share their winnings
Metropolitan Panel
$25 EACH
3 FOR $70
6 FOR $125
Order online www.heartandstroke.on.ca/calendar
Call 416-514-7767 Ext.800 or 1-888-514-7767 Ext. 800
EVERY CALENDAR SUPPORTS LIFE-GIVING HEART AND STROKE FOUNDATION RESEARCH.
HEART & STROKE FOUNDATION

For prize detail and draw information, please refer to the rules and regulations in the full brochure or online at www.heartandstroke.on.ca/calendar. Only 1,500,000 tickets are available. Winning tickets will be drawn every weekday starting January 2, 2013, with the Early Bonus draw at 12 pm and the Early Bird Draw at 4 pm, and subsequently weekdays after 8:30 am at Mirabel Solutions Inc. (2501 Steeles Ave W, Toronto, ON M3J 2P1). Lottery Licence #-481T. ™Heart&Stroke Calendar Lottery, WINCREDIBLES, and Heart & Stroke Foundation are trademarks of the Heart and Stroke Foundation. © Bank of Canada – bank note images used and altered with permission. The Heart and Stroke Foundation of Ontario is now known as the Heart and Stroke Foundation of Canada. All proceeds from this lottery will fund Heart and Stroke Foundation research and health promotion to benefit residents of Ontario.

Kristen Stewart ALL PHOTOS GETTY IMAGES

Stewart signs on for second Snow White, sans Sanders

Kristen Stewart has reportedly signed on to star in the sequel to Snow White and the Huntsman — though the second film in the franchise won't be directed by Rupert Sanders, with whom Stewart infamously had an affair this summer, according to Radar Online. "The script has already been written and production will begin late next year," a source close to the production says. "However, Rupert Sanders definitely won't be a part of the project. Rupert didn't want to be a part of it to begin with because he is desperately still trying to save his marriage. The search is on for a new director."

Is a royal bundle of joy on the way?

A close friend of Prince William and Kate Middleton insists the royal couple is set to announce something big next month, prompting speculation that a baby is on the way. "They're planning to make an announcement in December," Jessica Hay, a former schoolmate of Middleton's and a guest at their wedding, tells New Idea magazine, adding that the Duchess of Cambridge has gained a bit of weight recently and that "William and Kate are focused on starting a family." How focused, exactly? They've apparently already discussed the number of children they want to have — two — and that they'd prefer a son and then a daughter. "It seems very traditional but of course they'll be happy with two boys or two girls. They don't want more," Hay says. "They've discussed it endlessly and don't want to be older parents."

Twitter

@ricky_martin
You want real advice, straight with no chasers and not sugar coated? Call a #Capricorn.

@chriscolfer
For the record, we're filming at a fancy engineering college and I hacked into the lecture hall computer to play honey badger on the screen.

@NiallOfficial
Good morning everyone! Was an early start today ! Tired

@samantharonson
"Work is the curse of the drinking class."
Oscar Wilde

UNLIMITED
INTERNET

INTERNET SPEED[1]	DOWNLOADS	PRICE[2]
Cable Internet 6 Mbps	UNLIMITED	$34.95
Cable Internet 18 Mbps	UNLIMITED	$43.95
Cable Internet 28 Mbps	UNLIMITED	$49.95

distributel.ca
1-877-700-7851
DISTRIBUTEL

[1]Speeds may vary depending on your configuration, the servers hosting the visited sites, Internet traffic, environmental conditions, network status and other factors. [2]Taxes extra. Offer available where technology permits. Terms and conditions apply. Use of Distributel services is subject to our Acceptable Use Policy. A one-time $10 Activation Fee applies to new customers. All high-speed Internet services are subject to a $29 Installation Fee. Modem not included. Monthly modem rental starting at $3.95 and modem purchase starting at $54.95.

DO YOU HAVE ASTHMA?
DOES SOMEONE YOU KNOW HAVE ASTHMA?

We are looking for healthy non-smokers, 18 to 65 years of age, who have controlled asthma and are on stable asthma treatment, to participate in a clinical research study with an investigational drug to treat and prevent influenza (flu).

Study consists of one screening visit, one 3-night visit at the research unit, 3 outpatient monitoring visits, and one follow-up visit.

Financial compensation up to $1700.

If you know someone with asthma,
please ask about our asthma referral program.
You could receive a referral bonus of $400.

inc Research®

www.studies4u.com
416.640.4004 • 1.866.222.8063
720 King Street West, 7th Floor (north elevators)

Jamie Oliver's 15-minute meals

Healthy eating. Forget the microwave and take-out, the celebrity chef talks about how to make a fantastic meal in record time

ROMINA MCGUINNESS
wellness@metronews.ca

Celebrity chef Jamie Oliver has released a new book to help you in the kitchen. HANDOUT

You keep reducing the time of your recipe books. Why?
People are so time poor. But I promise I won't be doing time again.

But why 15 minutes? Why not 10?
If you want a proper meal fast, 15 minutes is the minimum you can do. It's the hardest book I've ever written because I wanted it to be an everyday cookbook that was healthy, nutritious and fast.

Some of the recipes are a bit fancy. I can't picture students cooking griddled tuna. Who is the book aimed at?
Everyone. From a culinary point of view, the world is a much smaller place. People are much more travelled and more read than they were 15 years ago and the stuff available in supermarkets is more robust. And they still want it fast.

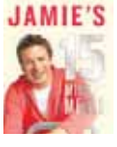
Microwave meals are a pretty quick solution too...
Microwave food has became synonymous with shit food. But there's also a lot of high quality stuff. It's just never going to be amazing.

I tried one of your recipes the other night. The ricotta fritters. I'm a disaster in the kitchen. It ended up looking like a cheese omelette. But it tasted good.
You ended up with an omelette when you were supposed to do fritters. What the hell did you do?

I tried to flip them over... and made a mess.
The fritters take about one minute to make and six minutes to cook. I don't know what went wrong … do what the recipes says and it will work. I wish I could have seen it. I'd put money on the fact you used the wrong sized pan and put them too close together.

Busted!

"You ended up with an omelette when you were supposed to do fritters? What the hell did you do?"
Jamie Oliver, author of 15 Minute Meals



What are the biggest mistakes people make in the kitchen?
You don't need 100 knives, just three of the right ones — a chopper, paring and a bread knife. The book isn't trying to be your best friend. It's like, "You want tasty fast food? Here's the f–king rules. Do what you're told."

After a long and exhausting day at work, do you sometimes think, "F--k this, I'm going to McDonald's."
I don't normally get caught out. Although I'm famous for hating junk food, I'm not anti any kind of food. I've got nothing against a hot dog, a burger or a pizza. It's more about real food. I do the most amazing free-range pig hot dogs with slaw, home made ketchup and buns that's bloody delicious. But if ever you're in London and want a kebab, there's a place called Kebab Kid on New Kings Road that's delicious.

Would you ever eat at McDonald's?
I haven't eaten a McDonald's in 10 years.

Yours in just 15 minutes. HANDOUT

What did you eat?
A Big Mac.

If I offered you a Big Mac right now, would you eat it?
I would. McDonald's are probably the best big fast food operator in Britain. They've done a lot of good work on their beef, their 100 per cent organic milk and free-range eggs. You can't just beat people up all the time and not pat them on the back for the good stuff they've done.

You have one minute to make a meal; what do you do?
Grab a bit of bread and some lovely ham or cheese.

Five minutes?
Some fettuccine. Use boiling water and it cooks in three minutes. Then add a few simple ingredients to that.

But your next book won't be about time.
Time is a small element of many different emotions to cooking. You can do five minutes work and something can cook for four hours.

So what's next?
100 per cent vegetarian — making massive heroes out of the things that we don't eat enough of. The craft of making vegetables utterly delicious is one that's just not known about enough. At least 65 per cent of my recipes are meat-free, the index is covered in V's, but the feedback I get from vegetarians is, "Yeah, cool, but we'd like our own book please." I've ignored it for years.

Heaven vs. hell

Hey Jamie — what's cooking?

We ask the chef about his favourite meals: Jamie's food heaven vs. food hell.
Heaven: "A lovely home cooked family roast dinner with all the trimmings made by my mum."
Hell: "A precocious, pretentious Michelin star meal with stuff balanced everywhere, hanging everywhere, drizzled everywhere and that doesn't taste very good. Just the fact that someone has had to touch your food to get it in that position is just … I'm much more about lovely rustic food."

New ingredients

Rose petal harissa. Delicious in dressings, marinades and rubs

Za'atar. A mixture of incredible Persian spices

Preserved lemons. They completely transform stews, couscous and rice dishes

Kitchen essentials

Jamie's top picks

1. Olive oil
2. Lemon
3. Chili

Why is Quebec skinny?

CELIA MILNE
wellness@metronews.ca

Don't fear the dessert. ISTOCK PHOTOS

Desserts aren't the enemy. Deprivation is.

A new survey of eating patterns has found an interesting paradox: Even though Quebec is the thinnest province, Quebecers eat dessert more often than other Canadians. They make a point of enjoying their food.

"I think this speaks to the importance of eating regularly, and avoiding skipping meals," says Joel Gregoire, a food service industry analyst at the NPD Group, which conducted the study.

Eating dessert with dinner is most common in French Canada, occurring after 112 meals annually per person, versus 89 in Atlantic Canada, 57 in Ontario and 55 on the west coast. Yet in Quebec, 56 per cent of adults are overweight or obese, compared to a much higher 71 per cent in Newfoundland and Labrador and 68 per cent in Saskatchewan. Alberta, B.C., Nova Scotia and Ontario score in the middle (61 per cent, 60 per cent, 60 per cent and 59 per cent respectively).

To maintain a proper weight, Dietitians of Canada recommends following Canada's Food Guide and limiting foods that are high in calories, fat, sugar and salt.

"Maintaining one's weight is not necessarily a function of deprivation, but rather of eating well and consistently," says Gregoire.

"Quebec consumers also tell us that when they make lunch and supper, they are more likely to prepare their meals from scratch when compared with other regions."

Perhaps the rest of Canada can learn from Mirieille Guiliano, the author of The French Women Don't Get Fat Cookbook.

"I have measured out my life with chocolate mousse, apricot tart … tiramisu, crème brûlée, éclair, blueberry tart … No regrets. My weight is still normal," Guiliano said.

Quoted

"Quebec consumers also tell us that when they make lunch and supper they are more likely to prepare their meals from scratch when compared with other regions."
Joel Gregoire
A food service industry analyst

Best Health

Have your kids involved in their food

BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

In every issue of Best Health magazine, we offer ideas for eating well and being your best. One of our regular columnists, registered dietitian Sue Mah, writes in our November issue about six ways you can get kids hooked on good food.

Here are three.

Shop together.

The grocery store or farmers' market are great classrooms to teach toddlers and young children the colours and names of different fruit and vegetables. As they get older, ask them to help you pick out fresh apples or mushrooms for the shopping cart.

Give them a challenge.

At home, encourage tweens and teens to read the ingredients list on packaged foods and the nutrition label. Show them how to compare food products to pick the healthiest ones — by comparing sugar content, for example.

Play the what's missing game.

Young kids love this game. Talk about the four food groups in Canada's Food Guide, and then as you're making lunch or dinner, purposely leave out one of the four food groups. Ask your child to figure out which one is missing.

For three more ways to raise healthy eaters, pick up the November issue of Best Health, on newsstands now.

TO CLAIM YOUR FREE ISSUE OF BEST HEALTH MAGAZINE, GO TO BESTHEALTHMAG.CA/METRONEWS.

The Crohn's and Colitis Foundation of Canada Presents:

CCFC& *You*

Patient and Family IBD Conference
Living Well with Inflammatory Bowel Disease

Sunday, December 2nd, 2012
Registration – 9:00 am
Symposium – 9:30 am to 1:15 pm
Sheraton Airport Hotel & Conference Centre
801 Dixon Road, Toronto, ON, M9W 1J5

Featuring: Dr. Hillary Steinhart (Living with IBD), Josh Gitalis (An Evidence-Based Integrative Approach to IBD)

$8 Registration Fee

Made possible by an unrestricted grant from
janssen

Crohn's and Colitis Foundation of Canada
Fondation canadienne des maladies inflammatoires de l'intestin

For more information about this event, please contact:
Erin Schneider | 416-920-5035 x 249 | eschneider@ccfc.ca
To register visit www.ccfc.ca/symposiums

NEW Patients Welcome

A better defence against the flu

The Robert Schad Naturopathic Clinic at Sheppard and Leslie

As the leader in naturopathic education and research, the Canadian College of Naturopathic Medicine's Robert Schad Clinic is a great source of holistic care.

Cold and flu season is coming and you can reduce your risk by boosting your immune system. At the **Robert Schad Naturopathic Clinic**, you'll learn how to optimize your health using naturopathic therapies such as **botanical medicine, lifestyle management and clinical nutrition**. Naturopathic medicine can also help manage your cold and flu symptoms and reduce your discomfort through such therapies as hydrotherapy and traditional Chinese medicine.

For more information or to make an appointment visit www.rsnc.ca or call 416-498-9763.

ccnm
CANADIAN COLLEGE OF NATUROPATHIC MEDICINE

1255 Sheppard Avenue East **(at Leslie Subway Station)**

On-site Botanical Dispensary • BODY AND MIND • Parking Available

Wellness institute
Naturopathic Medical Clinic

"LEAP" INTO BETTER HEALTH FOR THE NEW YEAR

"The doctor of the future will give no medicine but will interest his patient in the care of the human frame, in diet and in the cause and prevention of disease" — Thomas Edison

A revolution is sweeping health care. Science and medicine now have in their possession the technology and understanding necessary to appreciate the value of naturopathic therapies. Edison's words above are truly prophetic and at the forefront of this revolution is The Wellness Institute. The Wellness Institute is a multi-disciplinary clinic offering a full range of naturopathic and complementary medical services.

We offer a customized approach to health where we focus on the individual and not the disease process. This fall, feel the best you can by treating yourself to one of the Wellness Institute's many therapies:

- Naturopathic Medicine
- Homeopathy
- Botanical Medicine
- I.V. & Vitamin Injections
- Acupuncture
- Chiropractic
- Massage Therapy
- Thai Yoga Massage
- Colon Hydrotherapy
- Bowen Therapy
- Natural "Flu" Shots
- Ion Foot Baths
- B.I.A. Testing
- Sensitivity Testing
- Holistic Nutrition
- Meso Therapy
- Thermal Imaging
- Women's Health

Cleanse, Stimulate and Repair Your Colon

Colon Hydrotherapy, also known as a "colonic", "colon lavage", or "colon irrigation", is a safe, gentle and effective method of cleansing the large intestine of waste material by gentle repeated flushing with water. Colon Hydrotherapy is able to eliminate more toxic waste than any other technique. Clinical results show that colonic therapy can relieve skin conditions, weight loss and even P.M.S. Everyone can benefit from this simple, yet highly effective treatment which dates back thousands of years.

New Patients Welcome
416-234-1888
954 Royal York Road • (Across from subway at Bloor)
www.wellness-institute.ca

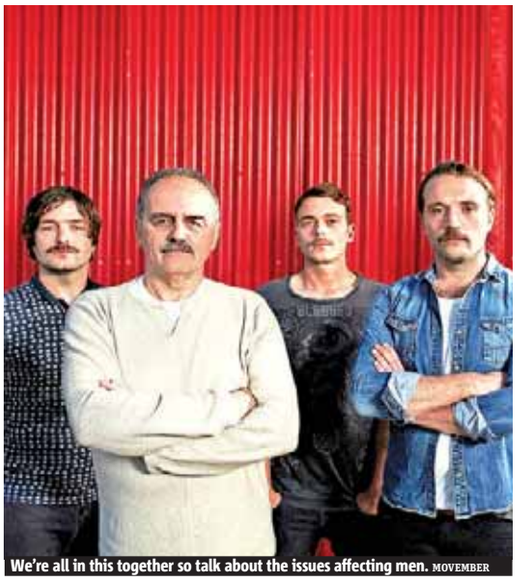
What you need to know

Here are some of the things you need to know.

- **Common misconceptions.** People believe that they will have problems when urinating or having sex. It's one of the few cancers that affects younger men. If you have one testicle, you can have children — you're just as able as men with two balls.
- **People believe it's incurable.** You get it from cycling or motorcycling, especially since Lance Armstrong had it. There's no evidence to suggest this.

Man up and talk about it

Movember. Medical expert tells Metro why it's important men get up close and personal with their testicles to avoid cancer


We're all in this together so talk about the issues affecting men. MOVEMBER

RICHARD PECKETT
Metro World News

Balls, bollocks, nads, testicles... we spend enough time using them as a figure of fun (in both senses), yet we chaps are reluctant to talk about our reproductive organs in any serious capacity, especially when there's a problem.

Talking about it makes men feel emasculated, a pubic hair's width away from confessing to being a Eunuch, even.

Well, that mentality is slowly changing, thanks to education, advertising and, of course, the annual Movember moustache grow-off, which raises awareness globally of both testicular and prostate cancer.

Dr. Sneh Khemka (BUPA medical director), fondly known as Dr. Movember, is getting men to talk bollocks. Here he explains the symptoms, treatments and myths relating to men's cancer.

Who's at risk?
"It mostly affects men between 20 to 30, but can (affect) those up to age 45. It's very rare for men over 50. Caucasian males are more likely to suffer, but other factors include family history, fertility issues and people who have had a complication related to mumps called orchitis."

The symptoms?
"Often, it's asymptomatic, but you may experience the following: A collection of fluid in your scrotum that causes swelling (a lump), anal discomfort (this can spread to the groin or lower abdomen) and you may get a pulling sensation like you've been kicked."

The treatment?
"The most common treatment is surgical removal of the affected testicle. About 20 per cent of (UK) men who have surgery will opt for a prosthetic testicle for cosmetic appearance."

Will the cancer spread or return?
"If the cancer has spread, you may require adjunctive radiotherapy or chemotherapy depending on whether it has affected the lymph glands. However, generally, when the affected testicle has been removed, it is unlikely to return in the other testicle."

Are there any options aside from surgery?
"It's very rare to catch it early enough to avoid surgery. If the cancer is just being treated with chemotherapy or radiotherapy, then it does have a higher rate of return, which is why they usually just remove the testicle."

Are you a Healthy Person between 18 and 55 years of age?

If so, we want to hear from you!

Apotex is currently recruiting healthy **men** and **women** to participate in studies on pharmaceutical products.

CALL: 416-741-4256 Toll Free: 1-877-APO-CLNC (1-877-276-2562)
Hours: 8:30am to 5pm Monday to Friday
or register online @ www.apotex.ca

- YOU WILL BE PAID upon completion of the study
- Compensation may range from $800 to $3900 depending on the length of the study

APOTEX ADVANCING GENERICS

CROOKED TEETH and want them straightened?

You or your child may have irregular teeth, which cause you to feel embarassed when you smile! You may not have had the opportunity in the past to have them straightened. Your chance has arrived! Call today to become part of an orthodontic treatment course and qualify for a reduced fee! A qualified orthodontist and staff will render all treatment.

For a free examination appointment
Please call Bonnie at (416) 635-5821

111223

Drop the cough.

HALLS

We'll all feel better.

For the temporary relief of cough. Always read and follow the label.

Trouble Sleeping?

If you;
- Are 40 years or older
- Have trouble falling asleep or staying asleep or both
- Experience trouble sleeping for at least 3 nights per week for at least 6 months

You may be eligible for treatment in a research study.
No medication involved. Participation is voluntary.

Please call: 416-979-5000-1 ext 2568
E-mail: cardiac.insomnia@ryerson.ca

Location: Ryerson University, Health Intervention Research Center. Funded by the Canadian Institutes of Health Research

RYERSON UNIVERSITY

TORONTO MOBILE VETERINARY SERVICES

Professional & friendly veterinary care all in the comfort of your own home!! We provide general, emergency and procedural services and much more!!

Open after-hours, weekends and holidays.

Call 647.389.4VET (4838) OR visit www.tomobilevet.com for an appointment TODAY!!

Use your imagination to personalize Pita Chips

This recipe serves four. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

ROSE REISMAN
for more, visit
rosereisman.com

Store-bought pita chips are deep fried, which increases their calories and fat content.

The spices in this recipe add flavour instead of oil. Feel free to substitute spices of your choice. Try a variety of different coloured and flavoured tortillas. The whole wheat version has more fibre and nutrients.

1. Preheat the oven to 350 F.

Ingredients

Perp time: 5 minutes
Bake time: 12 minutes

- 3 large flour tortillas
- 3 tbsp finely grated Parmesan cheese
- pinch of salt and pepper
- pinch of paprika
- pinch of garlic powder
- pinch of onion powder

Nutritional analysis

Per serving (about 6 chips)

- **191 calories; 6.5 g protein; 28 g carbohydrates; 2.5 g fibre; 5.6 g total fat; 1.9 g saturated fat; 4 mg cholesterol; 419 mg sodium**

Line a large baking sheet (or 2 medium baking sheets) with foil.

2. Slice each tortilla into 8 wedges. Arrange the wedges on the baking sheet, not overlapping. Lightly coat with cooking spray.

3. Combine the Parmesan, salt, pepper, paprika and garlic and onion powders in a small bowl. Sprinkle the seasoning evenly over the tortillas and bake for 12 minutes, or just until lightly browned.

ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS) BY ROSE REISMAN

Health Solutions

Immunity food

NUTRI-BITES
Theresa Albert, DHN, RNCP
myfriendinfood.com

Did someone just sneeze on you? Quick! Wash your hands and grab one of these immune foods. Nothing boosts your immune system like a healthy diet that avoids excess sugar, alcohol, bad fats and depleted white wheat, so start there first. Beyond that, there are nutrients that your body uses as tools to be sure it can fight off whatever comes flying at you this cold and flu season.

1. Probiotics

There is growing evidence that probiotics contribute to immunity in a variety of ways. Try new IOGO brand Probio Yogurt for a lactose-free version that is very tasty

2. Catechins

Green tea boasts one of the best anti-bacterial properties under study. Shoot for a couple cups daily.

3. Vitamin D

Canadians won't get strong enough sunshine from now to about April. There's a good dose in caviar; try the Greek dip called taramasalata that uses fish roe to make a yummy dip for your (whole grain) pita.

4. Vitamin E

A potent antioxidant that is best taken from food. Sunflower and pumpkin seeds are good sources.

5. Vitamin C

Still your best go to source for overall immunity. Get as much as you can from fresh fruits, kiwi is particularly high.

THERESA ALBERT IS AN AUTHOR AND ON CALL, PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

Bavarian Cheese Spread. Serve with fresh veggies, pretzel sticks, crackers

Obatzda is a Bavarian beer-garden snack featuring a combination of cheese made into a smooth spread using a food processor. Serve it at your next party with fresh vegetables, such as radishes and broccoli florets or pretzel sticks.

1. In food processor fitted with blade attachment, combine cream cheese, semi-soft cheese, cheddar cheese, shallots, paprika, caraway seeds and pepper; blend and pulse for 2 to 3 minutes or until completely smooth, scraping down bowl occasionally.

2. Refrigerate for at least 1 hour (and up to 2 days) for flavours to blend. THE CANADIAN PRESS/ FOODLAND ONTARIO

Ingredients

- Half 250 g container light deli-style cream cheese (15 per cent M.F.), room temperature
- 125 g (4 oz) semi-soft or creamy cheese such as Oka-style "washed-rind" or brie-type style, rinds removed (about 250 ml/1 cup), room temperature
- 125 g (4 oz) old white cheddar, grated (about 250 ml/1 cup), room temperature
- 2 shallots or 1 small onion, finely diced
- 5 ml (1 tsp) hot or sweet smoked paprika
- 5 ml (1 tsp) caraway seeds
- Pepper, to taste

Makes 375 ml (1 1/2 cups) or 8 to 10 servings. THE CANADIAN PRESS

Put yourself in high demand with a career as a
Network Administrator
Technical Support Specialist
Network Consultant

Certified Network Professionals in Demand

Hiring in Technology is back on the upswing. Both men and women are needed who have industry certifications. To meet this demand, Herzing College offers a one year diploma program with an internship leading to certifications for A, Linux, MCITP 2008, Exchange Server 2010 and Cisco CCNA.

Evening classes start Dec. 19th!

Why Choose Herzing College?

- Educating students in Toronto since 1968
- Internship with every diploma program
- Excellent full-time Career Development Department
- Instructors with industry experience
- Focus on one subject at a time
- Presentation Centre for students and Guest Speakers
- Resource Library
- Conveniently located in the Toronto Eaton Centre
- Student Loans & Grants available if you qualify
- No classes on Fridays!

Join us on facebook.com/herzingtoronto

Contact Herzing College today!

HERZING® COLLEGE

1-888-NEW CAREER (1-888-639-2273)
Herzing.ca/Toronto | info@tor.herzing.edu

Branding yourself: What do employers really want?

Alison on Money.
What are companies looking for when they're searching out the best and brightest young workers?

YOUR MONEY
Alison Griffiths
money@metronews.ca

Last week, I read a fascinating article about big corporations such as Telus and SNC Lavalin moving all or part of their head offices to downtown Toronto in order to attract the best and the brightest to their company.

However, it is considerably more expensive than locating in the suburbs.

So what is the reason for this trend? The answer is all about demographic culture.

Youth today is different than it was a generation or two ago, just as employment is different.

Many of our parents worked at the same job their entire lives. This isn't likely to be very common in the future.

Employers probably still want you to be clean and reasonably well-groomed. ISTOCK IMAGES

Increasingly, under-40 employees don't want to spend their lives commuting and they desire a vibrant, downtown lifestyle. They're also the first generation since Henry Ford that isn't wedded to the automobile.

These changes got me thinking about what companies are looking for when they're searching out the best and brightest, because it has a big impact on how younger workers should present and educate themselves over the course of their careers.

Here's a peek at the corporate wish list.

In numbers

47%

The number of second generation Canadians who will belong to a visible minority by 2031.

1. Traditional virtues still hold
Your style may be to look like a tattooed, studded wolverine, but employers still want you to be a clean and reasonably well-groomed tattooed, studded wolverine.

Also promptness, politeness, the ability to converse and demonstrate a modicum of organizational skills are still important qualities.

2. Technology
You don't need to be a computer expert unless you intend to run the IT department, but you do need to be competent enough to make connections between the newest technology and your company.

3. Networking
Companies increasingly value the networks that employees bring with them.

Networks add tangible value by giving the company access to resources, people and ideas.

4. Language
By 2031 Statistics Canada projects that over a quarter of Canadians will be foreign born with visible minorities comprising 63 per cent in Toronto, 59 in Vancouver and 31 per cent in Montreal.

Knowledge of other languages and cultures is highly desirable. Knowing what companies want and educating yourself accordingly raises the odds of being considered among the best and the brightest in the coming downtown corporate culture.

Contact Alison at griffiths.alison@gmail.com or alisongriffiths.ca

Get everything you need with our NEW Canada-wide promo plans!

Get Canada-wide talk, text and data!
Hurry! Offer ends Nov. 22, 2012.

- Up to 150 Anytime Minutes
- Up to 250 MB of Data[1]
- Unlimited Messaging (Text and Picture)[2]
- Unlimited 5pm Evenings & Weekends[3]
- Unlimited Incoming Calls
- Plus more!

For just $45/month

koodo

Good call

BEST BUY · CELLULAR POINT · FUTURE SHOP · THE MOBILE SHOP · Walmart

(1) Roaming rates apply outside of Canada. Data overage rate of 5¢/MB applies. (2) Availability of service will vary by country and is subject to change without notice. Excludes premium messages and subscription-based messages. Picture messaging includes international picture messages sent and received within Canada. Additional data charges apply depending on picture size when roaming in the U.S. and internationally. Picture messaging is supported by a BlackBerry smartphone with SIM card only. (3) Unlimited calling from 5pm to 8am, Monday through Thursday, and from 5pm Friday to 8am Monday.

koodo shop

Bowmanville Mall
Bramalea City Centre
Burlington Mall
Cambridge Centre
Centerpoint Mall
Cloverdale Mall
Conestoga Mall
Devonshire Mall
Dixie Outlet Mall
Downtown Chatham Centre
Dufferin Mall
Eastgate Square
Erin Mills Town Centre
Fairview Mall
Fairview Park Mall
Georgian Mall
Heritage Place
Hillcrest Mall
Lambton Mall
Lansdowne Place
Lime Ridge Mall
Lynden Park Mall
Mapleview Shopping Centre
Markville Shopping Centre
Masonville Place
Milton Mall
New Sudbury Centre
Northgate Shopping Centre
Oakville Place
Oshawa Centre
Pen Centre
Pickering Town Centre
Scarborough Town Centre
Seaway Mall
Sheppard Centre
Sheridan Centre
Sherway Gardens
Square One
Station Mall
Stone Road Mall
Tecumseh Mall
The Promenade
Toronto Eaton Centre
Upper Canada Mall
Vaughan Mills
White Oaks Mall
Woodbine Centre
Yorkdale Mall

Rest in peace

Farewell to the admirable Mrs. Letitia Baldrige

CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

Today I would like to pay homage to the late Letitia Baldrige, a dear lady who I've admired for many years. I've read most of her books and have even had the honour of interviewing her.

Mrs. Baldrige, known as the doyenne of American etiquette, passed away on Oct. 29. She was most known for her time working in the White House during the Kennedy administration as Jacqueline Kennedy's social secretary.

One of my favourite quotes from Mrs. Baldrige, known as Tish to her family and friends, involves her philosophy on life.

"There are major CEO's who do not know how to hold a knife and fork properly, but I don't worry about that as much as the lack of kindness," she said. "There are two generations of people who have not learned how important it is to take time to say, 'I'm sorry' and, 'Please' and, 'Thank you' and how people must relate to one another."

I'm very sad that we have lost this wonderful person, who believed in so many good things — the most important of them being that she believed in people.

You see, for those of you who follow both my column and philosophy of etiquette, I believe it's all about how we interact with each other that matters. The best thing about etiquette is that it puts us all at ease to know what is expected of others so that we always put our best foot forward.

God bless you, Tish. You are missed already and I will put myself in front of a roaring fire tonight and enjoy one of your books with a glass of wine in your memory.

Mrs. Baldrige sits to the right of then U.S. first lady Laura Bush. GETTY IMAGE

How to avoid an office dating disaster

Delicate matter. Try to foresee the fallout prior to announcing any new love in work

JULIA WEST
Metro World News in Philadelphia

Though the latest news scandal involves high-ranking officials, keep in mind that the broad strokes of the Gen. Petraeus affair are not unlike typical office flings. Even if your transgressions won't make headlines, romance at work can be a dicey move if not properly handled. Learn to manage this delicate situation — because even if you can't resist taking your chances with the cutie in accounting, you can minimize the fallout. Before announcing your new beau, research your company's policy on the matter. "Don't date anyone at work if your employment contract forbids it. Your job will be on the line with such a violation," says author Wendy Walsh, a writer for Datingadvice.com.

If you do move forward, think about what the end of the relationship might be like. Nancy A. Shenker, co-author of Don't Hook Up With the Dude in the Next Cube, says, "Think about what will happen after a breakup. It's hard enough seeing an ex on Facebook — how will it feel to see them in person daily?"

If you're an employer who notices an office affair, know how to approach it. "Have a policy," suggests Todd Ewan, a partner at Fisher & Phillips law firm, which represents management in workplace disputes.

"The employer will need to determine what it is willing to tolerate. As a base point, most employers do not want to let a relationship exist between two employees if one of the employees has direct managerial responsibility for the other."

Try to have some foresight before you launch into that office romance. ISTOCK

ADVERTISEMENT

Ways to lower car insurance rates at any age

Drivers should look for more savings regardless of driver profile.

Auto insurance is a major expense in a household budget. While it's mandatory to have insurance, overpaying is not necessary. There are simple ways of getting a more affordable auto insurance rate, regardless of age or driving experience.

NEW DRIVERS
Use of a 'good student discount' is one way to save on insurance for a young driver. Many insurance companies offer a discount for students who carry a minimum required grade average. Another way to save is by taking a driver education course from an approved school; to learn the rules of the road. Be sure to inquire about these options, as they may not always be advertised.

DRIVERS OVER 25
There may have been some improvement in yearly premiums for drivers with some driving experience. Don't forget to also ask about further discounts. These may include: installing a security system, driving an eco-friendly car, or installing safety features such as winter tires. If recently married, combine policies with your spouse and take advantage of bulk discounting by having more than one car insured with the company.

EXPERIENCED DRIVERS
An experienced driver with a good driving record may be eligible for better insurance rates; the key is to find the insurance company that will offer the lowest rate. Shopping around for car insurance is the easiest way to find a better way. Other ways to save include changing your deductible – perhaps carrying a higher deductible; or, combining home and auto insurance policies with the same insurance company.

DRIVERS OVER 55 YEARS
Mature drivers over 55 years old may qualify for some of the best rates available. Some insurance companies across Canada specialize in getting the best rates for mature drivers. There are also retirement benefits to keep in mind: no commute distance may mean a lower rate. Make sure the insurance company changes the commuting status to pleasure use.

No matter how old you are, it is always a good idea to shop around for a better rate. Quoting sites like **ComparaSave.com** help drivers find the lowest insurance rate available within their network of over 30 insurance companies.

your hairstylist's aunt's cat sitter's yoga instructor's auto insurance rate

When it comes to finding the right rate, everyone's got an opinion.

Find the rate that's right for *you*. Choose from a variety of customized insurance quotes, mortgage rates, credit cards and more. Save time, money and a whole lot of confusion at **ComparaSave.com**

ComparaSave.com
Stop Surfing. Start Saving.

Insurance Mortgage Credit Cards Holidays

Passionately pursue after an early punch

The bounce back.
Meet two graduates whose early introductions to failure led to bright futures

ANDY MURDOCH,
DALHOUSIE UNIVERSITY
life@metronews.ca

Most new graduates leave university confidently imagining perfect future lives, but many won't learn one main truth until after graduation: Few lives work out exactly as planned.

It's not until we face trials and errors head-on that a right path appears to us, often out of the blue. So if everyone's future is uncertain, why do today's students feel such intense pressure to make watertight plans so early on?

Maybe it's the age. Millennials face hurdles unheard of 30 years ago. With nearly a million unemployed Canadians under 30, endless contract jobs, overheated house prices and rising debt from taking on graduate and undergraduate degrees, today's alumni have every right to feel stressed.

But a university degree still carries enormous economic clout. And there is hope: We sought out two Dalhousie University alumni who faced challenges in finding their way. Their stories illustrate key lessons on bouncing back from failure.

Fail fast and fail early

Ben Graham was hired at PartSelect.com 10 years ago to drive the company's transition from a failing business-to-business sales model to a direct-to-consumer operation. Today, he's director of e-commerce with 50 staff, managing an office that recently doubled its square footage to accommodate that growth.

That said, Graham can recite a list of failures that led him to success.

At the height of the first dot-com boom, he left a commerce degree unfinished to work as a recruiter for ITI, an IT skills school in Halifax. He excelled at selling $20,000-plus tuition spots to university graduates. He even bought into his pitch and enrolled in the program.

Halfway through, the dot-com bubble burst.

"There were people in California by the side of the road with signs saying 'will code for food.' It was terrible. I was in this program in debt way past my eyeballs, wondering what to do."

At 26, he was back in a university statistics class. He finished his degree, met his future wife, and started with PartSelect after graduation.

Failures, Graham says, are not simply errors. You gain something from a failure. When his team sits down to scope out a business idea, they can plan it in detail, but know at some point it might fail in real time.

"We'll thrash and fight our way to make it work, but if it doesn't and we decide to pull the plug, it's never looked on as being a failure."

As one tries more of these experiments, he says, the risk/benefit curve starts to play out. Some will work, and when they do, they pay off.

"A lot of it is gut feeling. That's just the way the world is," he says. "You just have to keep taking risks and eventually you're going to get your payday."

That approach to failure is one echoed by Dr. Aaron Newman, Canada Research Chair in Cognitive Neuroscience. "Fail fast, fail early and fail a lot," says Newman.

Newman researches how learning shapes the brain. He's developing video games that teach second languages with a Halifax company called Copernicus studios. "One of the core features that we are working into the design of all these games is the fact that people really need to get over their inhibitions (about failure)."

Age and brain development have little to do with learning capacity, he says. Instead, much depends on us overcoming performance anxiety.

Newman's colleague, Associate Professor Simon Sherry, agrees. Sherry studies perfectionists. With more students visiting university counsellors to cope with anxiety, he believes fear of failure is rife on Canadian university campuses.

"We place an awful lot of pressure on people today and they are perceiving it and suffering accordingly," he says.

Find yourself faster

Shared values and pride sealed Angelica Ciurlia's connection to a sustainable path in life. She remembers a first-year camping trip with students from the environment, sustainability and society program at Dalhousie University.

"Everyone was really close and there was a lot of bonding," she recalls. "It was something I could see myself in." Then Ciurlia fell into a common trap. She socialized too much and let her academics slide. "I had a really good time in first year. That dragged me down, because it's really hard to bring your GPA up after all that kind of stuff."

Failure stung, but pride kicked in. She had paid for most of her schooling and didn't want to waste more time or money. "I didn't want to lose out on the opportunity, because you only have four years," she says. "So I had to learn from my mistakes and apply myself."

Ciurlia graduated as one of the college's first alumna with two awards — most improved student and best thesis project. Her thesis, an examination of laboratory waste at Dalhousie, also earned her a job. "I am working with the (Dalhousie) Office of Sustainability, trying to develop a strategy to implement recycling programs or a greening the labs program."

Ciurlia's first-year crisis is one that Suzanne Sheffield, of Dalhousie's Centre for Learning and Teaching, acknowledges can be a difficult one from which to recover. Twenty years ago, people went to university to find themselves, she says, while today they expect to find a career. If their chosen path doesn't work out, change seems almost unimaginable.

"The problem is, students make decisions without knowing any of the possibilities that are out there for them," Sheffield says.

That's why Sheffield acknowledges the benefits of a curriculum that balances foundational study with applied learning. "If students apply and practise their knowledge, even in first-year courses, this speeds up the connection and focuses learning," she says.

ORIGINALLY PUBLISHED IN DALHOUSIE MAGAZINE

If we concentrate too much on the pain that failures bring, then we miss the chance of learning how to come back with a swing. ISTOCK

The upside of worry

Still worried about the future? That's not necessarily a bad thing, says Jeannette Hung, a career counsellor at Dalhousie. She deals with anxious people all the time. She says anxiety is a natural reaction, a good reaction and a great starting point.

- "I'd rather have someone come to me feeling anxious about the future than not," says Hung. "It means they are motivated to succeed."

Savour the slip-ups

"A lot of it is gut feeling. That's just the way the world is. You just have to keep taking risks and eventually you're going to get your payday"
Ben Graham
Director of e-commerce at PartSelect.com

METRO COLLEGE OF TECHNOLOGY
Our Paralegal Program is accredited by Law Society of Upper Canada
BECOME A HIGHLY-DEMANDED LICENSED PARALEGAL IN JUST ONE YEAR!
PLEASE JOIN OUR FREE INFORMATION SEMINAR.
November 24, 2012. 11:00AM
203 College Street, Suite 201. Toronto
Free refreshments provided!
Call now to reserve a seat at
416 585 9880
Hurry now, seats are limited!

Career Finder
To advertise contact Jason Saddler at 416 443 4394

NOW HIRING: COOKS, SERVERS, BARTENDERS, HOSTS, CASHIERS, & BUSSERS
for our new restaurants at the The largest and busiest airport in Canada!
Career Fair from 9am to 4pm on NOVEMBER 21ST, 2012
THE ALT HOTEL (situated at the airport)
6080 Viscount Road
Mississauga, ON, L4V 0A1
Our team members enjoy health benefits, meal privileges and paid parking just to name a few. Come and work with a supportive management team who want to help you grow, develop and enjoy a successful career.
If hired, you will be required to pass an extensive background check conducted by Transport Canada prior to your first day of work.
To learn more about SSP, go to: www.foodtravelexperts.com

SET THE STAGE FOR YOUR SUCCESS WITH MANAGEMENT AND PRODUCTION TRAINING
Audio Engineering and Production/DJ Arts
Film & Television/Production and Post
Event & Venue Management
Entertainment Management
INSTITUT TREBAS INSTITUTE
WWW.TREBAS.COM
FOR INFO ON A CAREER IN ENTERTAINMENT
416-966-3066
2340 DUNDAS WEST, 2ND FLOOR, TORONTO, ONTARIO
@TrebasToronto
Trebas Toronto

HOLIDAY FASHION TIPS

LEATHER AND LACE TWO OF THE HOTTEST TRENDS THIS SEASON

GETTY IMAGES PHOTOS

It's that time of year again when the festivities don't stop — from office parties to seasonal cocktails to New Year's Eve events. Celebrating the holidays in style can be a lot of fun, but for some, the thought of pulling together the perfect outfit can be downright stressful.

Amy Lu, a fashion expert for eBay Canada, has some tips on how to pull together the perfect look without losing the holiday cheer:

• Leather and lace are two of this season's hottest trends and make the perfect combo for cocktail party dressing. Try on a lace blouse with leather leggings and strappy stilettos for after-work drinks, or pair a leather sheath with lace stockings and booties for a party-perfect look.

• Stand out at your New Year's Eve event in this season's hottest hues: red, oxblood, maroon and burgundy are all on-trend, and perfect for making a bold statement.

• A little black dress is key to making holiday dressing stress-free, and it can take you from the office to the party Invest in a classic sheath and transform your look for different events with this season's hottest accessories, like statement necklaces, metallic heels and faux-fur shrugs. To make your shopping even easier, you can download the eBay Fashion app, and browse and buy the latest holiday looks whenever and wherever inspiration hits.

• For office parties, opt for a figure-flattering dress rather than one that shows too much skin, and remember that less is more when it comes to professional environments. Save your fashion experiments for a night out with friends.

• For men, add a sleek black blazer and a skinny tie to any classic white shirt and dark-denim combo. Polish off your look with dark rimmed spectacles and velvet slip-on shoes.

— News Canada

IT'S ALL IN THE DETAILS

TEXTURE, SHINE MAKE BLACK DRESSES MORE GLAMOROUS

From office parties to open houses, the holiday season is typically a blur of socializing. Dressing appropriately for each occasion is a balancing act. At this time of year, every woman needs outfits that can help her transition from day to evening, and of course, everyone needs that one great, special-occasion piece.

This year, more than any other, the important colour of the season is black — and dresses are back. But these are not your usual little black dresses. The difference is in the details.

According to Melinda Gornik-Pilotte, a dress buyer at Sears, the hottest looks for this year involve texture and shine. "Peau de soie, fringe, sequins and a mix of metallic define the season. Front detailing also adds interest. The LBD is definitely more glamorous with a touch of retro-romantic."

The inspiration behind many of these looks is the new movie The Great Gatsby, due out in 2013. The art-deco-influenced styling is flattering, sophisticated and perfectly suited to holiday dressing.

Fresh looks from designers like David Dixon's collection for Sears, which features eight great dresses, are appropriate for everything from black tie to day wear to dinner wear and come in a variety of styles and fabrics.

"A great basic dress can look richer this season with just a touch of bling on the shoulder or waist from a retro-inspired brooch," adds Gornik-Pilotte. "Go ahead, raid the jewelry box and make this holiday shine your way."

— News Canada

Toronto Argonauts head coach Scott Milanovich celebrates his team's victory next to quarterback Ricky Ray in the Eastern Final on Sunday in Montreal. The Argos beat the Alouettes 27-20 to get to the CFL Grey Cup Final. PAUL CHIASSON/THE CANADIAN PRESS

Resilient Argos enter final feeling confident

Grey Cup. Toronto's coach Milanovich aims to avoid needing another second-half rally vs. Stampeders

Grey Cup experience

- Scott Milanovich might be preparing for his first Grey Cup as a CFL head coach, but he was a part of two winning teams while an assistant with the Montreal Alouettes.
- Argos defensive co-ordinator Chris Jones is coaching in his sixth Grey Cup game while QB coach Jason Maas, special-teams coach Mike O'Shea and secondary coach Orlondo Steinauer all won as players.

Scott Milanovich's gameplan for Sunday's Grey Cup remains a work in progress, but it won't involve the Toronto Argonauts following the same dangerous path that they took to get to the CFL title game.

The Argos have had to rally from early 10-0 deficits twice in the playoffs in order to take their place as the home team against the Calgary Stampeders in the 100th Grey Cup game at Rogers Centre. As a result of its resiliency, Toronto finds itself in its first CFL title game since winning the league championship in 2004.

"We would love to get started fast," Milanovich said Monday. "Nobody enjoys falling behind, but fortunately if we do fall behind we'll be OK."

Edmonton surged to a 10-0 advantage over Toronto in the East Division semifinal Nov. 11 at Rogers Centre, outrushing the home team 99-0 through the first quarter. But the Argos countered with two turnovers that set up 14 points in a playoff-record 31-point second to take control of the contest en route to a 42-26 victory.

On Sunday at Olympic Stadium, Toronto fell behind early 10-0 in the first quarter and had three first-half turnovers — a fumble and twice on downs in short yardage situations, including once at the Montreal goal line. Again, the Argos' defence delivered, forcing three turnovers (two interceptions, a fumble recovery) while the offence scored two TDs in the third to erase a 17-10 half-time deficit to advance to the Grey Cup with a 27-20 victory before more than 50,000 spectators.

Milanovich said being able to twice rally for the win in the playoff attests to the Argos' resiliency.

"It speaks to their belief and faith in their teammates," he said. "It's one of the last things we said when we left the locker-room, when things get tough today you just have to find strength in your teammates and they'll pull you through it.

"Pretty much that's what happened." THE CANADIAN PRESS

Tears for Toronto. PM cried when Argos lost 1971 Cup

Prime Minister Stephen Harper
THE CANADIAN PRESS

The Toronto Argonauts' stunning loss to the Calgary Stampeders in the 1971 Grey Cup prompted tears in front of the television from the boy who would eventually become Prime Minister Stephen Harper.

But he says he'll be siding with the westerners when the two teams meet again in Toronto on Sunday.

Harper was a 12-year-old growing up in Toronto when the two teams first clashed for the cup in Vancouver, with the Argonauts looking for their first Grey Cup in almost 20 years. The Argos were on the Calgary 11-yard-line with less than three minutes left to play when star running back Leon McQuay slipped on the rain-slicked turf and fumbled. Calgary recovered, couldn't make a first down and punted, but the Toronto receiver accidentally kicked the ball out of bounds, turning it over to the Stampeders to run out the clock.

Quoted

"We had been waiting for 20 years. I was growing up in Toronto. Obviously the Argonauts were my team." Prime Minister Stephen Harper

The 14-11 Stampeder victory left a young Harper crying.

"I think that was the only time that I cried in front of the TV at a sports event," Harper said Monday as he answered questions at a Canada-U.S. business forum. THE CANADIAN PRESS

Lockout

NHL asks union for complete offer

The NHL is looking to see everything put in writing.

With frustration building and the lockout dragging, the league met with the NHL Players' Association on Monday night and requested that the union put all of its desires for the next collective bargaining agreement together into one complete offer.

"It's our position that we've made a couple comprehensive proposals in a row," said deputy commissioner Bill Daly. "We'd like to know where they are on all of the issues. We asked that they put together a comprehensive proposal for us to consider."

Donald Fehr, the NHLPA's executive director, said he would take the league's request into consideration and make contact again on Tuesday morning. He think "it's more likely than not" the sides will then meet for a second straight day.

However, it remains to be seen whether the union is ready to table a full proposal. THE CANADIAN PRESS

NFL

Source says Pats' Gronkowski out 4-6 weeks

No more end-zone spikes for a while from Rob Gronkowski.

A person familiar with the process said Monday the New England Patriots tight end expects to be sidelined for four to six weeks after having surgery for a broken left forearm. The person spoke to The Associated Press on condition of anonymity because there was no official announcement. THE ASSOCIATED PRESS

CFL

Weighty wager for Grey Cup mayors

The mayors of Toronto and Calgary — the respective hometowns of the Argonauts and Stampeders — are getting in on the Grey Cup action.

Calgary Mayor Naheed Nenshi proposed a friendly wager that would see the losing city's mayor donating his weight in food to the winning city's food bank.

The loser would also wear the winning team's jersey for a council meeting. Nenshi issued the challenge to Toronto Mayor Rob Ford on Twitter. Hours later, Ford tweeted acceptance, adding the Calgary mayor would "look great in Argo blue!" THE CANADIAN PRESS

History of Grey Cup part of Canada's cultural fabric

100 years. Trophy has been everywhere from B.C. mountaintop to Canadian Forces base in Afghanistan

The University of Toronto Seniors, who won the first Grey Cup in 1909, are shown in a 1909 file photo. THE CANADIAN PRESS HANDOUT

It has been lost, forgotten, stolen, held for ransom, caught up in a compromising position with exotic dancers and even come under attack by the Taliban. Such is the rich and colourful history of the Grey Cup.

The iconic trophy wasn't supposed to honour a football champion. It was originally to be awarded annually to Canada's top senior hockey team, but Sir Montague Allan beat Earl Grey to the punch by issuing the Allan Cup. Grey later donated the trophy to recognize the Canadian rugby football winner. At the time, the Grey Cup was made at a reported cost of $48. Today, the hallowed trophy's value awarded yearly to the CFL champion is estimated at $75,000.

To those who compete for it, the Grey Cup isn't about money. It's a 100-year-old trophy that's steeped in tradition and sewn tightly in Canada's cultural fabric. The Calgary Stampeders and Toronto Argonauts will add to that rich history when they face off in the centennial version of the CFL's title game on Sunday at Toronto's Rogers Centre. Mark DeNobile, the executive director of the Canadian Football Hall of Fame, says the Grey Cup has weathered its share of storms over the years based on the shape of the trophy when it returns home to Hamilton.

"Whatever the team does with it while they have it as Grey Cup champions, we really don't want to know," he said with a chuckle. "A few times, yes, it has come back in rough shape."

The Grey Cup has special significance to the DeNobile family. DeNobile's father, Gino, appeared in seven CFL title games as an offensive lineman with the Hamilton Tiger-Cats from 1956 to 1984, winning twice.

After helping the B.C. Lions win the Grey Cup last November, linebacker James Yurichuk took the trophy to new heights. When it was the Brampton, Ont., native's turn to have the cup for a day, he took it via helicopter to the top of a B.C. mountain and had a friend film him victoriously raising the trophy above his head as the sun set behind him.

THE CANADIAN PRESS

Close call

The Grey Cup has had adventures abroad.

- On July 1, 2008, Mark DeNobile and former CFL players brought the cup to a Canadian Forces base in Kandahar, Afghanistan.
- While there, the base came under attack by the Taliban. DeNobile was on stage with the cup when missiles hit nearby.

Fighting homophobia. Toronto Marlies take the pledge for equality

Toronto Marlies
DAVID COOPER/TORSTAR NEWS SERVICE

The Toronto Marlies are being hailed as trailblazers by the city's gay, lesbian, bisexual and transgender community.

The top farm team of the Toronto Maple Leafs has pledged that "racist, sexist, and homophobic language have no place in our arena" as part of the You Can Play program pioneered by Patrick Burke, son of Maple Leafs general manager Brian Burke.

The You Can Play movement began after the death of Brendan Burke, Patrick's brother and Brian's son, who was openly gay and worked as the student manager of the men's hockey team at the University of Miami (Ohio). The Marlies' pledge airs in a video during games.

"I think it's a wonderful step toward true equality in sports," said Brian Burke.

The You Can Play Pledge:

"The Toronto Marlies pledge to support all of our coaches, teammates, and fans — gay or straight. We stand for the idea that athletes should be judged for their character, work ethic, and talent. Not their sexual orientation. Racist, homophobic, and sexist language have no place in our arena. Everyone contributes. Everyone is valued. Everyone matters. We pledge: To make our locker room a place of unity. We pledge: To support and encourage each other on and off the ice. We pledge: To make Toronto proud to have us represent them. On behalf of the Toronto Marlies, We Pledge: If you can cheer, you can cheer. If you can coach, you can coach. If you can play, You Can Play."

TORSTAR NEWS SERVICE

Selig gives Jays-Marlins trade the green light

New Blue Jays pitchers Josh Johnson and Mark Buehrle watch a game a against the Yankees on April 1 at Marlins Park. MIKE EHRMANN/GETTY IMAGES FILE

The Blue Jays, flush with the knowledge that Major League Baseball has OK'd the club's controversial trade with Miami, are poised to name their new manager.

Baseball commissioner Bud Selig approved the 12-player Jays-Marlins trade on Monday after a longer than usual review. Jays fans — relieved by the news and excited about the loaded, revamped lineup — can now turn their attention to the managerial hiring. GM Alex Anthopoulos, the talk of the baseball world and the Toronto sports scene, even during Grey Cup week, has been hinting that an announcement is near — perhaps as early as Tuesday.

It's also possible that the managerial decision will happen closer to baseball's winter meetings, which start Dec. 1 in Nashville, to steer clear of Grey Cup week. Selig took a week to approve the deal — sending Josh Johnson, Mark Buehrle, Jose Reyes, John Buck and Emilio Bonifacio to the Jays for Yunel Escobar, Henderson Alvarez, Adeiny Hechavarria, Jeff Mathis and three top prospects.

Cabrera deal made official

On Monday, the Blue Jays signed free agent left-fielder Melky Cabrera. The 28-year-old was leading the National League in hitting at .346 for the San Francisco Giants when he was suspended Aug. 15 for a positive testosterone test. THE CANADIAN PRESS

Marlins fans believed Reyes and Buehrle were signed last winter to revitalize the team as a playoff contender as the franchise moved into a new ballpark — built in part with a multimillion-dollar Miami tax fund that Selig pushed for.

"It is my conclusion that this transaction, involving established major leaguers and highly regarded young players and prospects, represents the exercise of plausible baseball judgment on the part of both clubs, does not violate any express rule of Major League Baseball and does not otherwise warrant the exercise of any of my powers to prevent its completion," Selig said in a statement. TORSTAR NEWS SERVICE

CORRECTION NOTICE

In the November 16, 2012, paper, the incorrect advertisement for Rent-A-Centre was printed. We apologize for any inconvenience and confusion this may have caused.

A Clinical Research Opportunity for People with GOUT FLARES

My GOUT SYMPTOMS just won't go away.

Qualify for a local research study and you may receive an investigational GOUT medication that's designed to work differently than most other drugs.

No-cost study-related care. Compensation for time and travel.

Call 866-785-2185
or visit www.GoutTrial.com

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
New York	7	1	.875	—
Brooklyn	6	2	.750	1
Miami	8	3	.727	1/2
Milwaukee	6	3	.667	1 1/2
Philadelphia	6	4	.600	2
Charlotte	5	4	.556	2 1/2
Atlanta	5	4	.556	2 1/2
Boston	6	5	.545	2 1/2
Chicago	5	5	.500	3
Indiana	5	7	.417	4
Toronto	3	7	.300	5
Orlando	3	7	.300	5
Cleveland	2	8	.200	6
Detroit	2	9	.182	6 1/2
Washington	0	9	.000	7 1/2

WESTERN CONFERENCE

	W	L	Pct	GB
Memphis	8	1	.889	—
San Antonio	8	2	.800	1/2
L.A. Clippers	7	2	.778	1
Oklahoma City	8	3	.727	1
Minnesota	5	4	.556	3
Dallas	6	5	.545	3
Portland	5	5	.500	3 1/2
L.A. Lakers	5	5	.500	3 1/2
Golden State	5	5	.500	3 1/2
Utah	5	6	.455	4
Denver	4	6	.400	4 1/2
Houston	4	6	.400	4 1/2
New Orleans	3	5	.375	4 1/2
Phoenix	4	7	.364	5
Sacramento	2	8	.200	6 1/2

Division leaders ranked in top four positions with the best eight teams qualifying for playoffs

Monday's results

Atlanta 81 Orlando 72
Charlotte 102 Milwaukee 98
Indiana 96 Washington 89
Denver at Memphis
Golden State at Dallas
L.A. Clippers at San Antonio
Houston at Utah

Sunday's results

New York 88 Indiana 76
Toronto 97 Orlando 86
Brooklyn 99 Sacramento 90
Philadelphia 86 Cleveland 79
Oklahoma City 119 Golden State 109
Detroit 103 Boston 83
Portland 102 Chicago 94
L.A. Lakers 119 Houston 108

Tuesday,'s games

Toronto at Philadelphia, 7 p.m.
New York at New Orleans, 8 p.m.
Brooklyn at L.A. Lakers, 10:30 p.m.

Wednesday's games

New Orleans at Indiana, 7 p.m.
Philadelphia at Cleveland, 7 p.m.
Detroit at Orlando, 7 p.m.
Toronto at Charlotte, 7 p.m.
San Antonio at Boston, 7:30 p.m.
Milwaukee at Miami, 7:30 p.m.
L.A. Clippers at Oklahoma City, 7:30 p.m.
Washington at Atlanta, 7:30 p.m.
Chicago at Houston, 8 p.m.
Denver at Minnesota, 8 p.m.
New York at Dallas, 8:30 p.m.
Portland at Phoenix, 9 p.m.
L.A. Lakers at Sacramento, 10 p.m.

SCORING LEADERS

	G	FG	FT	PTS	AVG
Bryant, LAL	10	94	59	264	26.4
Harden, Hou	10	82	79	260	26.0
Durant, Okl	11	93	69	270	24.5
James, Mia	11	108	39	269	24.5
Anthony, NYK	8	67	44	189	23.6
Irving, Cle	10	82	47	229	22.9
Mayo, Dal	11	77	44	234	21.3
Aldridge, Por	10	84	43	211	21.1
Batum, Por	10	72	33	208	20.8
Crawford, LAC	9	60	44	186	20.7
Westbrook, Okl	11	81	50	226	20.5
Ellis, Mil	8	60	35	162	20.3
Howard, LAL	10	73	54	200	20.0
Gay, Mem	9	69	32	178	19.8
Bosh, Mia	11	79	57	216	19.6
Pierce, Bos	11	67	58	212	19.3
Lillard, Por	10	68	30	190	19.0
Derozan, Tor	10	71	43	190	19.0
Walker, Cha	8	55	37	150	18.8
Holiday, Phi	10	69	33	186	18.6
Deng, Chi	10	70	34	181	18.1
Williams, Bro	8	48	36	144	18.0
Lopez, Bro	8	57	28	142	17.8
Duncan, SA	10	70	37	178	17.8
Martin, Okl	11	55	54	194	17.6
Curry, GoS	10	62	30	175	17.5
Jennings, Mil	8	52	21	140	17.5
Griffin, LAC	9	62	32	156	17.3
Randolph, Mem	9	60	35	155	17.2
Monroe, Det	11	75	35	185	16.8
Matthews, Por	10	58	26	164	16.4
Anderson, NO	8	51	7	131	16.4

Not including last night's games

TRANSACTIONS

MLB

AMERICAN LEAGUE

TORONTO BLUE JAYS — Designated RHP Joel Carreno for assignment.

NATIONAL LEAGUE

CHICAGO CUBS — Agreed to terms with RHP Shawn Camp on a one-year contract.
MIAMI MARLINS — Traded SS Jose Reyes, LHP Mark Buehrle, RHP Josh Johnson, C John Buck and OF Emilio Bonifacio and cash to Toronto for INF Yunel Escobar, INF Adeiny Hechavarria, RHP Henderson Alvarez, RHP Anthony DeSclafani, LHP Justin Nicolino, C Jeff Mathis and OF Jake Marisnick. Agreed to terms with OF Juan Pierre on a one-year contract.

NFL

LEAGUE OFFICE — Suspended Baltimore S Ed Reed one game for repeated violations of the rule prohibiting hits to the head and neck area of defenseless players. Suspended Atlanta OL Joe Hawley four games for violating NFL rules against performance-enhancing substances.
INDIANAPOLIS COLTS — Activated G Justin Anderson from the physically-unable-to-perform list. Signed CB Marshay Green to the practice squad. Waived TE Kyle Miller. NEW ENGLAND PATRIOTS Ñ Signed WR Kamar Aiken to the practice squad.

AHL

LEAGUE OFFICE — Suspended Rockford D Shawn Lalonde three games, Oklahoma City LW Antti Tyrvainen two games and Milwaukee LW Gabriel Bourque two game for their actions in recent games.

AHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Worcester	15	7	6	1	1	40	46	16
Manchester	14	7	6	0	1	35	32	15
Portland	14	6	6	1	1	46	44	14
St. John's	15	7	8	0	0	34	47	14
Providence	14	6	7	0	1	30	40	13

NORTHEAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Springfield	14	10	2	0	2	49	23	22
Bridgeport	14	10	4	0	0	49	39	20
Connecticut	14	6	7	1	0	43	48	13
Albany	13	4	5	0	4	30	35	12
Adirondack	14	6	8	0	0	34	44	12

EAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Syracuse	14	10	2	1	1	54	38	22
Binghamton	13	7	4	1	1	34	34	16
W-B/Scranton	15	8	7	0	0	37	35	16
Norfolk	14	7	7	0	0	43	46	14
Hershey	15	6	8	1	0	39	44	13

WESTERN CONFERENCE

NORTH DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Abbotsford	15	10	2	1	2	45	27	23
Toronto	15	9	5	0	1	53	43	19
Lake Erie	16	9	6	1	0	51	48	19
Rochester	15	8	6	1	0	53	46	17
Hamilton	13	5	6	1	1	30	44	12

MIDWEST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Grand Rapids	14	8	4	1	1	52	46	18
Chicago	14	7	5	2	0	38	43	16
Milwaukee	14	6	7	1	0	37	41	13
Rockford	15	6	8	0	1	43	48	13
Peoria	15	5	7	2	1	33	53	13

SOUTH

	GP	W	L	OTL	SOL	GF	GA	Pt
Charlotte	16	11	3	0	2	58	39	24
Oklahoma City	15	8	5	1	1	45	45	18
Houston	16	7	6	1	2	56	52	17
Texas	13	6	6	0	1	28	37	13
San Antonio	14	4	8	0	2	33	45	10

Monday's results

No Games Scheduled.

Sunday's results

Abbotsford 0 Toronto 5
Bridgeport 6 Providence 2
Syracuse 5 Hershey 3
Charlotte 4 San Antonio 3 (SO)
Rockford 2 Houston 3

Tuesday's games

All Times Eastern

Hamilton at St. John's, 1:30 p.m.
Manchester at Portland, 7 p.m.
Milwaukee at Chicago, 8 p.m.

Wednesday's games

Hamilton at St. John's, 1:30 p.m.
W-B/Scranton at Hershey, 7 p.m.
Bridgeport at Adirondack, 7 p.m.
Charlotte at Norfolk, 7:15 p.m.
Peoria at Rockford, 8:05 p.m.
Oklahoma City at Texas, 8:30 p.m.

Thursday's game

Toronto at Binghamton, 6:05 p.m.

Friday's games

Norfolk at Adirondack, 7 p.m.
Springfield at Portland, 7 p.m.
Worcester at Manchester, 7 p.m.
Connecticut at Bridgeport, 7 p.m.
Chicago at Grand Rapids, 7 p.m.
Albany at Rochester, 7:05 p.m.
Rockford at Lake Erie, 7:30 p.m.
Binghamton at Syracuse, 7:30 p.m.
Milwaukee at Peoria, 8:05 p.m.
Houston at San Antonio, 8:30 p.m.
Abbotsford at Texas, 8:30 p.m.

CFL

PLAYOFFS

DIVISION FINALS

Sunday's results

EAST DIVISION

Toronto 27 Montreal 20

WEST DIVISION

Calgary 34 B.C. 29

100TH GREY CUP

Sunday's game — All Times Eastern
At Toronto
Toronto vs. Calgary, 6 p.m.

CIS FOOTBALL

NATIONAL SEMIFINALS

Saturday's results

UTECK BOWL

Laval 42 Acadia 7

MITCHELL BOWL

McMaster 45 Calgary 6
Friday's game — All Times Eastern

48TH VANIER CUP

At Toronto
Laval vs. McMaster, 7:30 p.m.

U.S. COLLEGE FOOTBALL

AP TOP 25 POLL

With first-place votes in parentheses, records through Nov. 19, total points based on 25 points for a first-place vote through one point for a 25th-place vote and last week's ranking:

	Record	Pts	Pvs
1. Notre Dame (60)	11-0	1,500	3
2. Alabama (60)	10-1	1,399	4
3. Georgia	10-1	1,316	5
4. Ohio State	11-0	1,292	6
5. Oregon (45)	10-1	1,246	1
6. Florida (1)	10-1	1,171	7
7. Kansas State (14)	10-1	1,064	2
8. Louisiana State (1)	9-2	1,048	8
9. Texas A&M	9-2	1,028	9
10. Florida State	10-1	1,026	10
11. Stanford	9-2	991	14
12. Clemson	10-1	874	11
13. South Carolina	9-2	795	12
14. Oklahoma	8-2	734	13
15. UCLA	9-2	624	17
16. Oregon State	8-2	599	15
17. Nebraska	9-2	559	16
18. Texas	8-2	498	18
19. Louisville	9-1	362	20
20. Michigan	8-3	282	23
21. Rutgers	9-1	265	22
22. Oklahoma State	7-3	240	26
23. West Virginia	5-3	126	25
23. Kent State	10-1	155	25
23. Texas Tech	7-4	135	25

Others receiving votes: Michigan State 49, Virginia Tech 26, Ohio 22, Northwestern 20, Washington 20, Boise State 20, Central Florida 16, North Carolina State 13, Arizona 13, USC 12, Tulsa 10, Penn State 8, San Jose State 8, Fresno State 7, Cincinnati 6, Purdue 5, Arizona State 5, Miami (Fla.) 4, Louisiana Tech 4, Wisconsin 4, Duke 3, Tennessee 3, North Carolina 2, San Diego State 2, Iowa State 1, Baylor 1, Texas Christian 1, Toledo 1, Vanderbilt 1, Louisiana-Monroe 1.

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
New England	7	3	0	.700	358	225
N.Y. Jets	4	6	0	.400	202	241
Miami	4	6	0	.400	187	205
Buffalo	4	6	0	.400	230	299

SOUTH

	W	L	T	Pct	PF	PA
Houston	9	1	0	.900	293	180
Indianapolis	6	4	0	.600	210	260
Tennessee	4	6	0	.400	219	311
Jacksonville	1	9	0	.100	164	289

NORTH

	W	L	T	Pct	PF	PA
Baltimore	8	2	0	.800	267	206
Pittsburgh	6	4	0	.600	217	190
Cincinnati	5	5	0	.500	248	237
Cleveland	2	8	0	.200	189	234

WEST

	W	L	T	Pct	PF	PA
Denver	7	3	0	.700	301	212
San Diego	4	6	0	.400	232	221
Oakland	3	7	0	.300	208	322
Kansas City	1	9	0	.100	152	284

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Giants	6	4	0	.600	267	216
Dallas	5	5	0	.500	211	224
Washington	4	6	0	.400	257	254
Philadelphia	3	7	0	.300	162	252

SOUTH

	W	L	T	Pct	PF	PA
Atlanta	9	1	0	.900	270	193
Tampa Bay	6	4	0	.600	287	230
New Orleans	5	5	0	.500	287	273
Carolina	2	8	0	.200	184	243

NORTH

	W	L	T	Pct	PF	PA
Chicago	7	2	0	.778	242	133
Green Bay	7	3	0	.700	263	207
Minnesota	6	4	0	.600	238	221
Detroit	4	6	0	.400	236	246

WEST

	W	L	T	Pct	PF	PA
San Francisco	6	2	1	.722	213	127
Seattle	6	4	0	.600	198	161
Arizona	4	6	0	.400	163	196
St. Louis	3	6	1	.350	174	237

WEEK 11

Monday's result

Chicago at San Francisco

Sunday's results

Dallas 23 Cleveland 20
N.Y. Jets 27 St. Louis 13
Cincinnati 28 Kansas City 6
Atlanta 23 Arizona 19
Houston 43 Jacksonville 37
Washington 31 Philadelphia 6
Green Bay 24 Detroit 20
Tampa Bay 27 Carolina 21
New Orleans 38 Oakland 17
New England 59 Indianapolis 24
Denver 30 San Diego 23
Baltimore 13 Pittsburgh 10

WEEK 12

Thursday's games — All Times Eastern

Houston at Detroit, 12:30 p.m.
Washington at Dallas, 4:15 p.m.
New England at N.Y. Jets, 8:20 p.m.

Sunday's games

Seattle at Miami, 1 p.m.
Oakland at Cincinnati, 1 p.m.
Buffalo at Indianapolis, 1 p.m.
Pittsburgh at Cleveland, 1 p.m.
Tennessee at Jacksonville, 1 p.m.
Denver at Kansas City, 1 p.m.
Minnesota at Chicago, 1 p.m.
Atlanta at Tampa Bay, 1 p.m.
Baltimore at San Diego, 4:05 p.m.
San Francisco at New Orleans, 4:25 p.m.
St. Louis at Arizona, 4:25 p.m.
Green Bay at N.Y. Giants, 8:20 p.m.

SOCCER

MLS PLAYOFFS

CONFERENCE FINALS

(two-game, total-goals series)

EASTERN CONFERENCE

D.C UNITED VS. HOUSTON

(Houston advances 4-2)
Sunday's result
Houston 1 D.C. United 1

WESTERN CONFERENCE

SEATTLE VS. LOS ANGELES

(Los Angeles advances 4-2)
Sunday's result
Seattle 2 Los Angeles 1

MLS CUP

Saturday, Dec. 1 — All Times Eastern
Houston vs. Los Angeles, 4:30 p.m.

ENGLAND

PREMIER LEAGUE

West Ham 1 Stoke City 1

ITALY

SERIE A

Roma 2 Torino 0

SPAIN

PRIMERA

Real Sociedad 4 Rayo Vallecano 0

GOLF

WORLD RANKING

Through November 19

1. Rory McIlroy	12.59
2. Luke Donald	9.06
3. Tiger Woods	9.00
4. Lee Westwood	6.60
5. Adam Scott	6.59
6. Louis Oosthuizen	6.15
7. Justin Rose	6.08
8. Jason Dufner	5.83
9. Webb Simpson	5.71
10. Brandt Snedeker	5.64
11. Bubba Watson	5.49
12. Phil Mickelson	5.21
13. Ian Poulter	5.16
14. Steve Stricker	5.08
15. Keegan Bradley	4.98
16. Nick Watney	4.94
17. Matt Kuchar	4.88
18. Dustin Johnson	4.81
19. Peter Hanson	4.77
20. Ernie Els	4.69
21. Zach Johnson	4.64
22. Sergio Garcia	4.60
23. Bo Van Pelt	4.44
24. Graeme McDowell	4.37
25. Hunter Mahan	4.17
26. Jim Furyk	3.95
27. Paul Lawrie	3.79
28. Rickie Fowler	3.61
29. Francesco Molinari	3.61
30. Martin Kaymer	3.55

Share your HALLS TWIST TO OPEN! .
Not your cough.
For the temporary relief of cough. Always read and follow the label.
HALLS
We'll all feel better.

Eagles coach Reid won't quit job

NFL. Philadelphia's poor record may spell the end of Reid's 14-year reign

Andy Reid isn't quitting his job.

The Philadelphia Eagles have sunk so low that people are wondering if Reid will simply step down instead of waiting to be fired.

"I think that'd be a cop-out," Reid said Monday when asked about resigning. "That's not how I see things. That's not the way I'm wired. We're going to keep battling and do it as a team. I'm not going to tell the guys one thing and then do the other."

As the losses pile up and get worse each week, Reid has run out of explanations. The Eagles (3-7) have dropped six in a row. Even worse, they're no longer competitive.

Writing on the wall

Reid's future is not even a question anymore.

- Unless the Eagles run the table, win the division and go deep in the playoffs, it's almost certain Reid won't be back for a 15th season in Philadelphia.
- Owner Jeffrey Lurie already said that another 8-8 season would be "unacceptable."

A 31-6 whipping by the Washington Redskins wasn't as close as the 25-point difference indicated.

After a 3-1 start, the Eagles have completely fallen apart. It started with a two-point loss at Pittsburgh on Oct. 7. A three-point overtime loss to Detroit followed. That was the closest Philadelphia would come to victory. The margins in the next three defeats were 13, 15 and 15. Then came the debacle at Washington.

Surely, the Eagles have hit rock bottom.

"Obviously that's not good enough the way that we're playing," Reid said. "I take full responsibility for that. I know we're letting the fans down and the city down."

THE ASSOCIATED PRESS

Philadelphia Eagles head coach Andy Reid walks off after speaking at a news conference at the team's practice complex Monday in Philadelphia. The Eagles' poor performance has put Reid's job in jeopardy. MATT SLOCUM/THE ASSOCIATED PRESS

NFL

Brees gives $1 M for Sandy relief

New Orleans Saints quarterback Drew Brees says he is donating $1 million US to Superstorm Sandy relief efforts.

Brees told CBS' Person to Person in an interview to air Friday that the donation will come through the Dream Foundation he runs with his wife, Brittany. He did not say who will be receiving the donation.

Brees says he and his wife want to give back what's been given to them. They say their foundation will also be donating $2 million to various New Orleans organizations over the next several months.

THE ASSOCIATED PRESS

Apartment Finder

To advertise contact Ian March at 416-443-4388

10 TEESDALE PLACE
Victoria Park & Pharmacy Ave.
1&2 bdrm from $865
November and December
Minutes away to subway
Close to Shopping • Security
Utilities Included • Parking Extra
Limited Time Offer:
A month's free rent for a full year's lease.
(416) 698-7233 / (416) 694-3187
WWW.PRINCESSMGMT.COM

NEED COOL DESIGN TIPS?
Read metro home every Thursday.

Service Directory

To advertise contact Ian March at 416-443-4388

FINANCIAL

OVERWHELMED BY DEBT?
CALL THE Licensed Debt Professionals™
GET OUT OF DEBT!
- Avoid Bankruptcy
- 1 Low Monthly Payment
- No Interest Charges
- Stop Collection Calls
- Government Licensed Proposal Administrators

David Sklar, C.A., CIRP, Trustee
FREE Consultation 310-9200
(NO AREA CODE NEEDED)
DAVID SKLAR & ASSOCIATES INC.
Licensed Proposal Administrators & Trustee in Bankruptcy
HEAD OFFICE: 245 FAIRVIEW MALL DRIVE, SUITE 720, TORONTO, ON, M2J 4T1
NORTH YORK • TORONTO • PICKERING / AJAX • MISSISSAUGA / ETOBICOKE • BRAMPTON
For more information visit us online at www.DavidSklar.com

CREDIT PROBLEMS?
Reduce Your Debts
Consolidate All Your Debts Into One Small Monthly Payment & Pay NO Interest
EMPIREONE CREDIT SOLUTIONS
WE OFFER FREE CREDIT CHECKS
FREE ONE ON ONE CONSULTATION
416-900-2324
www.empireonecredit.com
SCARBOROUGH 250Consumers Rd. Suite 810
OSHAWA 286 King St. W. Suite 303
NORTH YORK 1111 Finch Ave. W. Suite 207
MISSISSAUGA 165 Dundas Ave. W. Suite 307

NEED MONEY?
✓No credit checks
✓Fast approvals
call 1 866 499-5629
And get cash now!!
www.mynextpay.com

MORTGAGES
1st & 2nd Mortgages
Debt Consolidation
*Low Rates, *No Fees
Bad Credit Welcome
*CREDIT APPROVED
*terms and conditions apply Lic# 10154
MORTGAGE GENIE
www.mortgagegenie.org
416-667-9834

UGLY DEBT
We help you get a fresh start
GearyandCompany.com
Trustee in Bankruptcy
416 927 7200
free consult

Need a loan?
PFS Bankrupt? Proposal? Bruised Credit?
Get the LOWEST rates
for bad credit personal loans in the GTA
- Car paid off - up to $20,000 (6 years or newer)
- Personal Loan up to $5,000 (1 year on job; $16/hr. min.req.)
- We help repair your credit!

Prudent Financial Services
416-634-2013
PrudentLoanApprovals.com

MORTGAGE APPROVED!
- 1st and 2nd Mortgage for any purpose.
- Refinance to 87%. Purchase to 95%.
- With rates at historic lows, now is the time to re-finance your home!
- Consolidate cards into 1 payment
- Self-employed? Stated income.
- Good and bad credit are welcome!
- Behind in Mortgage Payments?

WE CAN HELP!
HOMELAND MORTGAGE
416-519-3505
OR 647-273-5626
WWW.HOMELANDMORTGAGE.ORG
License # 11991

DEBT RELIEF
Are you drowning with debts?
Let us help you:
- consolidate debts, low monthly payments
- settle your debts without a bankruptcy
- reduce the amount to pay back, no interest
- stop harassing creditors and collection calls

Nona Kumar
Estate Administrator
Credit Counsellor
Free Confidential Consultation
Direct Line:
416-455-7709
RUMANEK & CO. LTD.
Administrators of Proposals, Trustee in Bankruptcy & Debt Consolidation Arrangements:
Head Office in North York, ON.
Offices in Scarborough & Mississauga.
Tel: 416-665-DEBT

SINKING IN DEBT?
AVOID BANKRUPTCY
- Proposals to Creditors
- Budget Counselling
- Stop Wage Garnishees and Calls from Collection Agencies
- Get a Fresh Start!

RESULTS IN DAYS!
BRIEF & ASSOCIATES LTD.
Trustee in Bankruptcy
416-635-7337
3845 Bathurst St. (North of 401)
www.brieftrustee.com

Consumer Loans
cln finance™
Quick and Easy approvals
Discharged from bankruptcy or consumer proposal welcomed
APPLY TODAY
Tel# 416.494.1144
www.clnfinance.com

LOOKING TO MAKE A CAREER CHANGE?
Read metro work every Monday & Wednesday.

NEED A RIDE?
Read metro drive every Wednesday.

HELP WANTED

General Help

15 CUSTOMER SERVICE POSITIONS
Training provided to candidates.
$650-$850/week to start. Call for interview.
125 Norfinch Dr, Suite 207 **416-901-6672**

ACTORS/MOCKS NEEDED for non-invasive echocardiography training. NO EXPERIENCE NECESSARY. $50/session, 3 to 5 hrs.
Call 416-440-6139. L3T5W4

Exp'd Phone/Sales Pros Wanted
Fluent in English. Your skills can earn you TOP commissions in a friendly, working environment. 647-288-2604

Hiring live in care givers, for child or elderly care. 416-924-5727. *Email resume to:* info@platinum-care.ca

Volunteers Wanted

Tell Us About Your Daily Life and Earn $30! The ESC Lab at University of Toronto is seeking participants for an online study. Contact research@embodiedsocialcognition.com

Skilled and Technical Help

General Help(Laborers)
Required for Dynamic Company.
Steeles/Woodbine area.
Email: info@orenda-automation.com

AUTOMOTIVE

Cars & Trucks Wanted

WANTED
We Buy Any/All Cars & Trucks
CASH Up To $20,000 Paid!!!
Free Towing - Call: 647-694-2750

Cars & Trucks Wanted

We Pay $150 to $5000 for Scrap Cars, Vans, Trucks & Cube Vans 24/7 and FREE TOWING
416-419-3300

HOUSEHOLD SERVICES

Junk Removal

WE PAY $300 - $3000
for scrap cars, vans & trucks.
24/7 and free towing
416-825-3360

SERVICES

Health Practitioners

ROYAL COLLEGE MEDICAL CENTRE
295 College St. @Spadina
ACCEPTING NEW PATIENTS
MALE & FEMALE DOCTORS AVAILABLE
For appointments call:
416.925.5511
PHARMACY & REHAB ON SITE
No $2 Co Pay for ODB recipients
Free delivery in the GTA
FREE PARKING
LAKESHORE WEST MEDICAL CENTRE
3-2083 Lakeshore Blvd. W
@ Park Lawn **416.252.2775**

Legal

Wanted agents in GTA.
Wanted agents for Global Immigration Consultancy Services in GTA.
Visit: www.gicscan.com.

RENTALS

Apartments Furnished

Sheppard & Bathurst, 5 room house, 2 bdrm + rec room, Parking, TTC, Plaza, $1400+, References - Seidman R.E. Brokerage 416-633-7373

Gotta old couch you wanna get rid of?
Place your ad in Metro classifieds
metroclassifieds.ca
1 800 527-6767

REAL ESTATE

Commercial Real Estate

Warden/Eglinton East - 6000 sq ft Industrial Unit (51 Comstock Rd) FOR LEASE!!!! GREAT BARGAIN!! 416-529-9913

Houses For Sale

Attention Realtors!
Want to reach over 530,000 daily Metro News readers? Advertise your listings with Metro Classifieds.

1 Listing
Starting as low as
$52 per day

Call 1-800-527-6767 to place your ad now!

Houses For Sale

TTQ KIM NGUYEN
SALES REPRESENTATIVE
RE/MAX
West Realty Inc. Brokerage
Independently Owned & Operated
BUY-SELL
RESIDENTIAL & COMMERCIAL
kimnguyenrealestate@gmail.com
Cell: 416-880-6464
Fax: 416-588-3364

Psychics

Shiva Astrological Bureau
Pandit Shiva Vishnu Baba
Suggestions:
* Money
* Family
* Love
* Job
* Court
* Kids Etc
Solutions:
* Black Magic
* Jadoo
* Obeau
* Voodoo
* Bad Luck
100% Guarantee, All Religions Welcomed
416-843-3563
(Markham & Lawrence, Inside Best Deals)

Psychics

Indian Astrologer
Pandit: Eeshwar
Health, Family, Love Business, Job, Enemy Sexual, Children, Lucky no, Husband-Wife Etc
Removes Black Magic Jadoo, Voodoo, Obeya & Gives Protection
647-855-2499
(Finch Ave & Pharmacy Ave)

Psychics

International Knowledgeble Astrologer
Pandit: Devadas Swamiji
Meet him to get Quick Results:
Job * Business * Health * Property
Education * Family * Children Etc
All Religions Welcomed
I am Master in removing & destroying Black Magic, Jadoo, Voodoo, Witchcraft, Obeau & Bad luck and give Protection
Big Problem...Small Problem...all Solved
647-622-9097
Scarborough

Psychics

Mr. IBRAHIM
AFRICAN PSYCHIC MEDIUM
I can help you out of despair.
Reunite lovers forever
Happy Marriage.
Stop divorce, stress & depression.
Success in business.
Court cases.
Protection against evil.
Remove bad luck.
Hopeless cases.
OVER 27 YEARS EXPERIENCE
QUICK RESULTS
BY APPT. **416-783-3910**

Psychics

Angel of Love
Natural Born Healer and psychic
Specialist in hidden works, remove all witchcraft, unblock the luck and protect from all kind of enemies I only accept difficult cases only.
My name is Charlene & I've been married for 15 years. My husband was away from home, with another woman for 3 years. Thanks to Mr. Angel he came back 2 months ago & we are more in love than ever before!
I Will Bring Back Your Love One in 3 days
Over 45 years of experience
Tarot Readings **toronto 647 955 8255**

Psychics

World Renowned Astrologer
Pandit: Vinayaka Saahu
Private & Confidential
We Rectify your Problems, Explain you Reasons & Gives you Right Solution
You have been disappointed by many Astrologers. This is the RIGHT TIME to take a right Solution in Your Life
Expert in catching Evil Spirits, Removal of Black Magic and Gives Immediate 100% Life Long Protection
THERE IS A SOLUTION FOR ANY KIND OF PROBLEMS
647-241-1246
(Keele & Finch)

Psychics

World Famous Astrologer
Pandit:GURU MAHARAJ
solves any kind of problems
Education,Marriage
Love, Job,Court
Children Mistake
Jealousy Sexual,
Personal, matters etc.
Full reading
$5
Within 24 hrs gives protection
Expert in Black Magic,Evil Spirits, and Gives 100% LifeLong Protection
26 Satterly Road, Between Finch & Steels
Oposit: CIBC Bank
647-763-6199

Psychics

Indian Spiritual Astrologer
Pandit Sai Guru
Solves Problems like Love,Business, Marriage, Education, Job, Court
Children Mistake,Jealousy, Sexual, Personal matters etc
Master in Removing Black Magic, Evil Spirits and Gives 100% Life long protection
647 762 6276
5010, Steeles Ave.etobicoke On.M9V 5C6
Inside Dollar+More,next to Udaya,Kipling&Steels

Psychics

Shiva Shakti Astro Spiritual Gallery
Master Shiva Ram Baba
30 Yrs Exp.
Gold Medalist
Tantric Expert
Love Psychic (Indian)
Specialist in Bringing Back Loved ones
Master Genius in Get Rid of Black Hearts, Black Magic, Jadoo, Butu, Obeya, Witchcraft, Voodoo. All types of Evil Spirits, Generation Curses . Etc
YOUR ONE PHONE CALL CAN CHANGE TOTAL FUTURE
647-534-6175 (Kennedy & Ellesmere and Pharmacy & Finch)

Psychics

Astrology Center & Palm Reader
Pandit: Raj Babaji
Solves Problems: Love Money, Family, Health Jobs, Children, Jealousy
The Pandit is Expert in Treating Black Magic, Jadoo, Voodoo Evil Spirits, Obeya & Bad Luck
416-500-6409
67A Dundas St W, Mississauga
(Dundas & Hurontario)

Psychics

Indian Famous Astrologer
Mr Jagadish
Pandit is specialist in all kinds of Astrology
He solves your all problems
Marriage, Business, Job, Enemy, Sexual, Family, Children Health, Love, Depression, Obaau, Vodoo etc.
100% Guarantee
I CAN HANDLE ANY PROBLEM
Remove Black Magic and Bad Luck in 2 Days and gives immediate protection
All Religious Welcomed
647-532-8224
1290 Finch Ave. W, North York (Keele & Finch)

CLASSIFIEDS CUSTOMER SERVICE: 1 800 527-6767 – MONDAY TO FRIDAY 8:30 AM TO 6:00 PM (ATL) Metro requests that advertisers check their advertisement upon publication and advise Metro immediately if there are any copy errors in the advertisement as published. Metro will not be responsible for any error other than an incorrect insertion due to any act or omission of Metro. In any event Metro will only be responsible for one incorrect insertion of any particular ad regardless of the number of times such ad is run incorrectly. Metro's liability for any such error is limited to the amount actually paid by the Customer for a single publication of the advertisement in the space the ad is run. In no event shall Metro be liable for any non-insertion of any advertisement for any reason whatsoever. All copy is subject to the approval of the management of Metro. Metro reserves the right to classify all advertisements.

Horoscopes

♈ Aries
March 21 - April 20
If what you are doing with your life is not to your liking then change it. The Sun's move into Sagittarius tomorrow will encourage you to head off in a completely new direction. What are you waiting for?

♉ Taurus
April 21 - May 21
Even if your money situation is dismal, things will improve dramatically over the next few days so don't despair. An improved outlook might help as well. There are more important things in life to worry about than cash.

♊ Gemini
May 22 - June 21
The Sun crosses the partnership angle of your chart tomorrow, making it essential that you get along with people on a one-to-one level. Think of everyone you meet as your friend — and you will benefit in remarkable ways.

♋ Cancer
June 22 - July 23
If there is anything strenuous that needs to be done, you should get it out of the way today because when the Sun moves into the wellbeing area of your chart tomorrow, you probably won't be up to it. Get going.

♌ Leo
July 24 - Aug. 23
By all means, be active but look ahead a few moves as well. It will spare you a lot of setbacks and maybe a few cuts and bruises too. And try to be patient with people who move more slowly than you.

♍ Virgo
Aug. 24 - Sept. 23
No matter how fit you may feel right now, the exertions of the past few weeks will catch up with you quite quickly. Plan a few quiet evenings in with loved ones. They will appreciate it — and so will you.

♎ Libra
Sept. 24 - Oct. 23
The cosmic picture is beginning to change and by the end of the week you will be getting out and about and meeting new people. Friendships and love affairs are under excellent stars — just don't get them mixed up!

♏ Scorpio
Oct. 24 - Nov. 22
You have done a lot in recent weeks and can feel proud of yourself, but over the next few days you will have to work even harder to safeguard your gains. The price of success is eternal vigilance.

♐ Sagittarius
Nov. 23 - Dec. 21
Clear out all that is old and worthless in your life so there is room for bigger and better things to come in. That applies to people as much as to possessions. Your own needs must come first now.

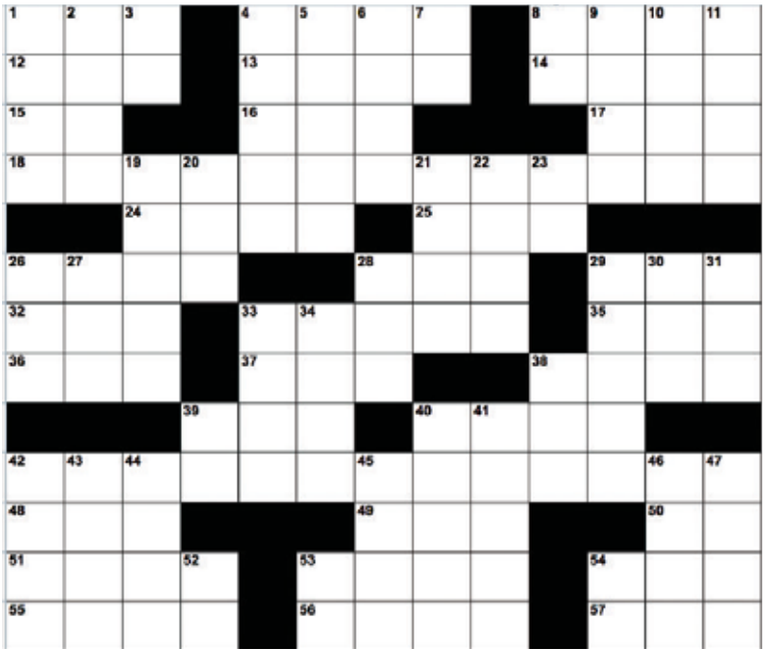
♑ Capricorn
Dec. 22 - Jan. 20
The next few weeks are going to be of the utmost importance. Think about what you want to be doing from the time of your next birthday for the following 12 months. How can you prepare the ground? Start now.

♒ Aquarius
Jan. 21 - Feb. 19
Positive thinking can take you only so far. At some point you have to move from thinking to doing. The Sun's change of signs tomorrow will show you new ways to get ahead. Hard work must come from you.

♓ Pisces
Feb. 20 - March 20
It is time to decide, once and for all, what your priorities are going to be. Don't listen to what other people tell you, listen only to your own inner voice. The choices you make now will have long-term consequences. **SALLY BROMPTON**

Crossword

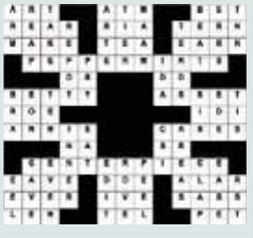
BY BETTY MARTIN



Across
1. Southern st.
4. Rig
8. — Network Canada
12. Light
13. British bus
14. Erected
15. Railway extension
16. "Con —"
17. Term of endearment
18. Drive in the country to see these (2 words)
24. Bratty children
25. Wager
26. Actress — Ward of Once and Again
28. Hawaii's Mauna —
29. Corner —
32. Before
33. Talk show host DeGeneres
35. Actors Norton and Murphy
36. Reply (abbr.)
37. Pilfer
38. Suit accompaniment
39. — the season
40. Nickel or dime
42. 1970's John Ritter sitcom (2 words)
48. Exclamation of surprise
49. Entourage role
50. Apiece (abbr.)
51. Angers
53. Proofreaders word
54. Aries sign
55. Skirt edge
56. — than Perfect
57. Vocalized pauses

Down
1. Type of market
2. To Sir, With Love singer
3. Tree chopping tool
4. Used on an envelope
5. Moran, and others
6. Copage of Julia
7. — a Big Girl Now
8. Radio dial
9. Waikiki island
10. Aroma
11. Lairs
19. Floor coverings
20. Thurman of Kill Bill
21. Woodwind instrument
22. "— on Me"
23. Bible pt.
26. Health resort
27. Eagle
28. Law degree (abbr.)
29. Actress Davis of Commander in Chief
30. Commercials
31. Fast jet, of old
33. A great lake
34. Defeat
38. Exclusive area of a nightclub
39. – Diem
40. Centres
41. Leave out
42. — Old House
43. Rodent
44. Perlman of Cheers
45. The Curious Case of Benjamin Button actress Blanchett
46. Close by
47. Sweet potatoes
52. Size before med.
53. She played Ellie Bartowski in Chuck (init.)
54. Concerning (abbr.)

Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

	9	3					5	
4					9		8	
5			2		3	6		
	4			7		5		1
7		1		5			9	
		9	4		8			7
	2		7					3
	6					8	4	

Yesterday's Sudoku

Today
10°/4°
Partly sunny
Wednesday
10°/3°
Mainly sunny
Your #1 weather forecast now available in HD.
Check your local listings for details.
The Weather Network HD
©The Weather Network 2012

NEED A RIDE?
Read metrodrive every Wednesday.

ROGERS™
authorized dealer

AJAX
Baywood Centre
AURORA
15483 Yonge St., Unit 2B
14785 Yonge St.
BOLTON
12612 Hwy. 50, Unit 15
BRAMPTON
30 Victoria Cres.
4520 Ebenezer Rd., Unit 6
253 Queen St. E, Unit 3
105 Kennedy Rd. S
499 Raylawson Blvd.
BROOKLIN
5969 Baldwin St. S, Unit 7
COBOURG
975 Elgin St. W, Unit 8
ETOBICOKE
22 Dixon Rd.
6620 Finch Ave. W, Unit 4
GEORGETOWN
Georgetown Market Place
MAPLE
2943 Major Mackenzie Dr., Unit 4
MARKHAM
3636 Steeles Ave. E, Unit 101
9570 McCowan Rd., Unit 4
505 Hood Rd., Unit 12
7780 Woodbine Ave., Unit 3
4300 Steeles Ave. E, Unit E32
4300 Steeles Ave. E, Unit E67
8901 Woodbine Ave., Suite 218
3255 Hwy. 7 E, Unit E98
MISSISSAUGA
Meadowvale Town Centre
Square One
Dixie Outlet Mall
153 Lakeshore Rd. E
6325 Dixie Rd., Unit 1
3105 Dundas St. W, Unit 102
7955 Financial Dr., Unit 8
808 Britannia Rd. W, Unit 2
25 Watline Ave., Unit 10
7205 Goreway Dr.
1100 Burnhamthorpe Rd.
3021 Argentia Rd.
789 Taunton Rd. E
1053 Simcoe St. N, Unit 4B
NEWMARKET
16715 Yonge St.
NORTH YORK
Sheridan Mall
1700 Wilson Ave., Unit 72
1905 Avenue Rd.
4367 Steeles Ave. W
149C Ravel Rd.
Fairview Mall
4905 Yonge St.
5815 Yonge St.
3111 Dufferin St.
3040 Don Mills Rd., Unit 17B
Leslie Center
OAKVILLE
1027 Speers Rd., Unit 22
478 Dundas St. W, Unit 7
OSHAWA
Taunton Harmony Plaza
1053 Simcoe St. N, Unit 4B
PICKERING
Pickering Power Centre
Pickering Town Centre
611 Kingston Rd.
RICHMOND HILL
9196 Yonge St.
1480 Major Mackenzie Dr. E
10 West Pearce St., Bldg. B
Hillcrest Mall
9350 Yonge St.
10720 Yonge St.
Times Square Mall
SCARBOROUGH
Woodside Square
1571 Sandhurst Circle, Unit 502K
5095 Sheppard Ave. E
1800 Sheppard Ave. E
Cedarbrae Mall
1900 Eglinton Ave. E
3300 McNicoll Ave.
1291 Kennedy Rd.
2555 Victoria Park Ave.
411 Kennedy Rd.
3495 Lawrence Ave.
1448 Lawrence Ave. E
5661 Steeles Ave. E, Unit 5
19 Milliken Blvd., Unit U
THORNHILL
31 Disera Dr., Unit 140
Promenade Mall
Shops on Steeles
6236 Yonge St.
TORONTO
421 Dundas St. W, Unit G8
282 Queen's Quay W
1015 Lakeshore Blvd. E
1821 Queen St. E
275 College St.
604 Bloor St. W
1348 St. Clair Ave. W
1461 Dundas St. W
2 St. Clair Ave. E
272 Danforth Ave.
471 Eglinton Ave. W
662 King St. W, Unit 2
939 Eglinton Ave. E, Unit 106
154 University Ave., Unit 101
2200 Yonge St., Unit 104
2397 Yonge St.
9A Yorkville Ave.
East York Town Centre
2400 Bloor St. W
919 Bay St.
525 University Ave.
45 Overlea Blvd.
Oriental Centre Mall
1448 Lawerence Ave. E
10 Clock Tower Rd., Unit B1A
1118 Finch Ave. W, Unit 1
6236 Yonge St.
3850 Sheppard Ave.
280 Spadina Ave.
4438 Sheppard Ave. W, Unit 151
900 Dufferin St., Kiosk 4010
1000 Gerrard St. E, Unit K2
UXBRIDGE
11 Brock St. W
WHITBY
25 Thickson Rd. N
5969 Baldwin St. S
WOODBRIDGE
200 Whitmore Rd.

ROGERS plus

AJAX
15 Westney Rd. N
AURORA
14879 Yonge St.
91 First Commerce Dr., Unit 5
BRAMPTON
14 Lisa St., Unit C1
499 Main St. S., Unit 58
1088 McLaughlin Rd.
9980 Airport Rd., Unit 11
25 Peel Centre Dr., Unit 505A
25 Peel Centre Dr., Unit 742K
10025 Hurontario St., 118
ETOBICOKE
25 The West Mall, Unit 1963
3015 Bloor St. W
1735 Kipling Ave.
250 The East Mall, Kiosk #316
500 Rexdale Blvd., Unit H3B
1530 Albion Rd.
MARKHAM
9275 Hwy. 48, Unit 11
5000 Hwy. 7 E, Unit 412
7690 Markham Rd., Unit 1C
MISSISSAUGA
2150 Burnhamthorpe Rd. W
60 Bristol Rd. E
920 Southdown Rd., BLD H, Unit 7
5100 Erin Mills Parkway, Unit V205
4141 Dixie Rd.
1250 Eglinton Ave. W, Unit A16
NEWMARKET
1065 Davis Dr.
18075 Yonge St.
17600 Yonge St., Unit EE22
OAKVILLE
1500 Upper Middle Rd., Unit 2
240 Leighland Ave.
OSHAWA
285 Taunton Rd., Unit 20
419 King St. W, Unit 2272
RICHMOND HILL
1070 Major Mackenzie Rd. E
THORNHILL
9200 Bathurst St., Unit 26
TORONTO
618 Sheppard Ave. W
6758 Kingston Rd., Unit 12
730 Danforth Ave.
333 Bloor St. E
2120 Queen St. E
8 Wellesley St. E
1965-1971 Yonge St., Unit A
120 Front St. E
660 Eglinton Ave., Unit 104
3151 Yonge St.
808 York Mills Rd., Unit 15-17
2400 Eglinton Ave. W
2900 Warden Ave.
130 King St. W. Unit CW15
3401 Dufferin St., Unit 108
1 Yorkdale Rd., Unit 180
1 Dundas St. W, Unit Z010
220 Yonge St., Unit H014
112-10 Dundas St. E
2901 Bayview Ave., Unit 128A
329 Parliament St.
200 Bay St., Unit UC – 132B
2248 Bloor St. W
330 Bay St.
4980 Yonge St.
1080 Yonge St.
1 Blue Jays Way, Suite 1200
SCARBOROUGH
2490 Gerrard St. E
38 Ellesmere Rd.
300 Borough Dr., Unit 49
WHITBY
1549 Dundas St. E
3490 North Brock St.

The iPhone 5 deserves the fastest LTE network in Toronto.

$179.00* with a 3-yr. FLEXtab™ agreement on select plans

$699.00 no term

iPhone 5

Let Rogers enhance your iPhone experience:

- The fastest LTE network in Toronto[1]
- Always have the latest iPhone with FLEXtab™

CALL 1 877 490-2191 | **VISIT** your local Rogers retail store today

Rogers LTE network available in select cities. See rogers.com/coverage.

CONNECT EXCITING text TALK SHARE RELIABLE NETWORK CHAT
TALK FRIENDS SURF LIFE TEXT FIRST FAST ACCESS CONNECT FREEDOM LIFE
CHAT ACCESS FREEDOM EXCITING EXCITING FRIENDS

Creating World-Leading Internet Experiences.

ROGERS™

ROGERS™ authorized dealer

ROGERS plus

Offer available for a limited time and subject to change without notice. *With new activation on a 3-yr. Talk and Internet Plan having min. $55 monthly service fee. Device Savings Recovery Fee and/or Service Deactivation Fee (as applicable) apply in accordance with your service agreement. FLEXtab balance corresponds to the sum of the Device Savings Recovery Fee and the Additional Device Savings Recovery Fee. A one-time Activation Fee of up to $35 (varies by province) will also apply (except as otherwise noted). Where applicable, additional airtime, data, long distance, roaming, options and taxes are extra and billed monthly. **1** Based on tests comparing download speeds on the Rogers LTE network vs. Bell and Telus' LTE networks within Rogers LTE coverage area. LTE SIM card activation on an LTE plan required. Actual experienced speeds depend on the network spectrum and technical specifications of the device used and may vary based on topography and environmental conditions, network congestion and other factors. ©2012 Rogers Communications.